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# AYODELE OGIDAN

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## PROFESSIONAL SUMMARY

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Compassionate care worker, with over 3 years experience in delivering home care, supported living and holistic care to children, young adults and adults with diverse needs. Covering patients with mental, autism and learning difficulties. Committed to providing outstanding personalized care with proven results. Promoted best practices in health, company compliance policies and safeguarding.

## SKILLS

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- Personal care assistance
- Crisis management
- Administrative support
- Time management and organizational skills
- Teamwork and collaboration
- Care plan development
- Communication skills
- Mental health support
- Residential care support
- Medication management and administration

## WORK HISTORY

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### **Home Care Assistant** - 04/2023 - Current.

Citadel Care Solution - Peterborough

- Provided personalized support to clients in their homes, including personal care and domestic tasks.
- Monitored individuals' progress, continuously updating and adjusting care plans to meet health and wellbeing needs and addressing concerns.
- Administered medication with appropriate planning and recordkeeping.
- Empowered individuals to pursue hobbies and leisure activities such as shopping and creative activities.
- Built strong patient relationships through compassionate care and friendly rapport.
- Continuously promoting best practices in health, safety and security to safeguard service user.

### **Support Worker/Shift leader** 05/2022 – Current

Sinomax International Ltd – London

- Used excellent communication and interpersonal skills to engage and interact with individuals in need.
- Provided personalized care to each person in their daily activities, including personal care, learning and social interactions.
- Supported young people during recreational activities, outings and community integration.
- Collaborate with the wider team to maintain accurate records and documentation.
- Promoted independence, self-esteem, and confidence in young and old people, celebrating their achievements and milestones.
- Delivered exceptional care to clients through the use of positive behavior support.

### **Healthcare Assistant** 10/2020 - 04/2022

Agape Care Home - Lagos

- Monitored individuals' conditions by taking their temperature, pulse, respiration and weight.

- Administered Medication.
- Booked and accompanied clients to appointments.
- Maintained records and prepared clients' care plans.
- Assistance with cleaning and changing of clothes.

### **Teaching Assistant - 5/2014 - 09/2020**

Young Dynamites Schools - Lagos.

- Supervised and monitored pupils' performance and the teaching methods.
- Achieved exceptional student results, growing overall performance.
- Promoted pupils physical and mental wellbeing by implementing outdoor activities.
- Drafted lesson plans and submitted for review and feedback.

### ——— **EDUCATION** ———

#### **Care Certificate**

**NVQ 2 & 3** Health and Social Care - in view.

**PGD:** Public Administration, Obafemi Awolowo University -2012

**BSc Edu:** Economics Education, Obafemi Awolowo University - 2008

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### **REFERENCE**

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- Available on request