

CHRISTYBELL OKOYE**Professional summary**

I'm a compassionate Nursing Assistant with prolific experience in providing physical and emotional support to patients, with vast knowledge of first and adequate experience of treating wounds of patients. My attentiveness in monitoring patient health is excellent as well as my proficiency in applying medical terminologies to consolidate nursing operations. I am a dedicated and passionate health care team member with excellent skills and training to safely support patients and always ready to assist with hygiene, mobility and cleaning needs, I am a Patient-focused individual with demonstrated experience in providing compassionate and comprehensive care. Skilled in monitoring vital signs, performing wound care and assisting with daily living activities with demonstrated ability to provide emotional support to patients and families.

Work history

Kings-well hospital and maternity – Nursing Assistant


Aba, Abia State


09/2019 – Current

- Collection and disposal of clinical waste in line with regulations.
- Delivered practical and emotional support to patients and caregivers, Enhancing quality care provisions.
- Input patient data onto clinical system, adhering to confidentiality laws
- Collaborated with nurses to evaluate care plan outcomes, implementing or adjusting interventions accordingly.
- Carried out safe, secure manual handling, promoting independence Whilst assisting patients with mobility..
- Supported bed-ridden patients through regular repositioning and Chair-based exercise, helping to prevent sores, joint degeneration and blood clotting.
- Cleaned, sterilised and stored clinical equipment appropriately.
- Performed daily clinical observations, recording medical data accurately and securely.

Nigeria Red Cross Society – Support Worker

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 3B, Ifeanyi Akuche Street,
Lekki Palm City Estate,
Addo Road , Ajah,
Lagos State- Nigeria.

Skills

- Clinical observations
- Personal care
- Computer literate
- Secure manual handling
- Emotional patient support
- Infection Prevention and Control
- Stoma care
- Specimen collection
- Catheterisation
- Pain level assessment
- Basic life support
- Patient handling and positioning
- Clinical waste disposal
- Patient risk assessment

Education

2023

American Care Giver Association
Ikeja, Lagos/Nigeria
Care Giver Course; Home Health Aid

2017

Nigerian Red Cross Society
Paiko, Nigeria/Nigeria
First Aid/CPF

12/2012

Enugu State University of Science and
Technology
Agbabum Enugu State/Nigeria

Paiko, Nigeria State

08/2017 – 08/2019

- Led group activity programmes to support independence and encourage community inclusion.
- Continuously promoted best practices in health, safety and security to safeguard service user welfare.
- Monitored and documented client behaviours, activities and development, aiding appropriate care plan management.
- Facilitated weekly group meetings, providing safe, secure spaces for service users to interact and socialize.
- Conducted one-to-one and group support sessions, helping service users to achieve care plan objectives.

Abia State University Teaching Hospital – Clinic support worker

Aba, Abia State

02/2012 – 10/2017

- Monitored individual's progress, continuously updating and adjusting care plans to meet health and wellbeing needs.
- Reported on service user progress to senior staff, addressing concerns and suggesting appropriate action.
- Assisted with personal care activities such as washing and dressing, consistently promoting positive health and hygiene.
- Delivered high-quality care to individuals with varying needs, tailoring support to meet personalized care plans.
- Facilitated weekly group meetings, providing safe, secure spaces for service users to interact and socialize.
- Used excellent communication and interpersonal skills to engage and interact with individuals in needs.
- Provided physical and emotional support, employing compassionate care to help individuals achieve their full potential.
- Administered medication with rigorous planning and recordkeeping

Bachelor of Science: Applied Microbiology

Two Years Nursing Assistant Training.

Year of training :

February 2014 to February 2016