

Chukwuka Chidozie Immaculate

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Professional Summary

I am a dedicated and empathetic public health professional with extensive experience in healthcare, community engagement, strategic communication, social research, teaching, and supporting individuals with special needs. Coming from a family of healthcare professionals, I have cultivated a deep understanding and commitment to providing compassionate care. This background has honed my ability to connect with and support individuals, particularly those with special needs, by applying emotional intelligence and patience to meet their unique daily requirements. My upbringing has ingrained in me the importance of empathy, and I am dedicated to enhancing the well-being of those I care for by attending to their personal needs with attentiveness and respect. Additionally, I bring over 10 years of personal experience in caring for my aged grandmother with paralysis, which has equipped me with the compassion and resilience necessary to help individuals overcome significant challenges. This experience has deepened my understanding of the physical and emotional aspects of caregiving, allowing me to provide empathetic and effective support to those in need. I also have 5 years of personal experience nursing and raising my children, providing hands-on care and nurturing to support their physical, emotional, and developmental needs. This experience involved managing their health, daily routines, and well-being with patience, compassion, and attentiveness, ensuring they thrive in a safe and supportive environment.

With a Master's in Public Health (Social Sciences), I am passionate about fostering inclusive environments and empowering individuals to live fulfilling lives by creating an environment that prioritizes prevention, health promotion, and overall well-being. I possess a strong work ethic, adaptability, and exceptional interpersonal skills, making me adept at collaborating with multidisciplinary teams. Presently, I am seeking opportunities to leverage my expertise in a dynamic role where I can make a meaningful impact on healthcare and well-being. I am eager to apply my knowledge, skills, and passion to contribute to a team dedicated to improving lives and advancing public health initiatives.

Key Skills and Competencies

<ul style="list-style-type: none"> • Community Engagement • Strategic Communication • Empathy and Compassion • Supporting Individuals with Special Needs • Numeracy Skills 	<ul style="list-style-type: none"> • Proper documentation and record keeping • Community Health Experience • Collaboration and Teamwork • Knowledge of Health and Safety Standards 	<ul style="list-style-type: none"> • Public Speaking and Presentations • Creative Problem-Solving • Care Planning & management • Research and Analysis
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Professional Experience

Medical Officer, Novo Health Africa Onsite Clinic, Lekki Lagos State, Nigeria

December 2019 to September 2023

Responsibilities:

- Provided emotional support and companionship to clients, fostering a trusting relationship.
- Administered medication and monitored health status as directed by healthcare professionals.
- Developed and implemented individualized care plans based on client's needs and preferences.
- Collaborated with healthcare team members to ensure holistic care and address any concerns or changes in clients' conditions.
- Documented client progress and communicated effectively with supervisors and family members.

**Medical officer, Jjaned Specialist Hospital
2018 to Nov 2019**

December

Responsibilities

- Monitored patients' health, behavioral, and physical changes, and promptly reporting concerns to the ward supervisor.
- Catered to patients' needs throughout hospital stay by performing holistic assessments.
- Actively listened to patients' complaints and feedback, actioning improvements to continuously elevate quality of care
- Measured and recorded patients' vitals like temperatures, pulse, respiratory rates and weight throughout hospital stay.

- Worked independently in assisting service users with daily routines such as medication, dietary needs, domestics, and personal care with dignity and respect.
- Worked with a team to provide distinctive and creative support with dignity and respect
- Responsibly monitored, evaluated, and recorded service user's progress concerning treatment goals.

Ezihe Healthcare Foundation

March 2018 - October 2018

Healthcare Assistant

- Volunteered in patient counseling.
- Assisted in antenatal care service with assistance from senior health care provider.
- Volunteered in supporting patients through personal care tasks such as feeding and ensuring patient comfort and safety throughout.
- Changed and reapplied dressings on patient wounds and injuries for optimum healing.
- Kept public areas clean and hygienic by performing routine sanitization tasks.
- Catered to patients' needs throughout hospital stay by performing holistic assessments.
- Documented care plans, hospital actions and patient activities and discussed further review with my seniors.

Medical House Officer Federal Medical Center Owerri, Imo State, Nigeria

Dec. 2016 to January 2018

- Documented patient information related to vital signs, daily inputs, and outputs.
- Exposure to management of patients with neurological problems and brain injury and bone injury.
- Patient counseling to reduce anxiety by clearly and calmly explaining clinical processes and procedures.
- Took part in following up on laboratory tests and diagnostic imaging results of patients.
- Maintained quality health care with senior health providers.
- Helped in patient positioning and transportation.
- Helped to improve patients' mental well-being by providing a helpful happy service throughout care.
- Took patient samples and administered various medications.
- Monitored patient behavior to determine health changes.

EDUCATIONAL QUALIFICATIONS WITH DATES

- Master of Art in Public Health (In View 2024) - Nottingham Trent University
- Bachelor of Medicine; Bachelor of Surgery (MBBS) (2015) - Imo State University, Owerri, Nigeria

- A Level in West African Examination Certificate (WAEC) – (2003) – Community Secondary School Kporghor Tai, Rivers State

Additional Information

Volunteered in medical and prison outreaches with the Christian Medical and Dental Association.

TRAINING

Florence Academy 2024

- Health, Safety and Welfare (Inc. COSHH & RIDDOR)
- Basic Life Support (Theory)
- Safeguarding Adults and Children
- Mental health awareness and mental capacity
- Food Hygiene, First Aid, and Fire Safety
- Equality, Diversity, and LGBTQ+
- Moving and Handling
- Dementia

Eligibility to work in the UK: Yes

References: Available upon request.