

ETAFO INNOCENT

Oldham OL4 1JW

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Detail-oriented Caregiver with specialized experience in Patient care, Mental Health, Autism, Learning Disabilities, Facility, and home environments. Professional care assistant passionate and committed to adult and geriatric patients' well-being.

Willing to relocate: Anywhere

Personal Details

Eligible to work in the UK: Yes

Highest Level of Education: Bachelor's

Industry: Childcare, Healthcare, Personal Care & Home Health

Total years of experience: 2

Work Experience

Support Worker

Healthcare Recruiters Limited-United Kingdom

November 2023 to Present

- Encourage and engage individuals in activities that promote social interaction and personal development.
- Facilitate skill-building activities to enhance independence and self-confidence.
- Provide guidance and encouragement for individuals to learn and practice essential life skills.
- Assist with daily living activities such as personal hygiene, meal preparation, and medication management.
- Develop and implement personalised care plans based on individual needs and aspirations.

Care Assistant

Limitless Healthcare Services Limited-United Kingdom

April 2023 to Present

- Providing care to elderly people, showing them love like a family.
- Assisting with ADLs, including personal hygiene (bathing, grooming), dressing for the day, eating, and exercising.
- Performing housekeeping duties like cleaning, laundry, and meals maintaining best practices for patient care and home.
- Providing physical and emotional support to patients with mental and

physical needs.

- Providing practical support for individuals and their families, such as helping with household tasks, personal care, and paperwork.
- supporting young people when they are struggling with words of assurance and putting them in a safe hold when needed.

Education

Bsc in Mass communication

Imo State University Owerri

September 2012

Skills

- Dignity
- Elderly care
- Food safety and hygiene
- Manual handling
- Compassion
- Time management
- Dedication
- Personal hygiene
- Confidentiality
- Housekeeping
- Safeguarding
- Good communication skills
- Leadership
- Organisational skills
- Food preparation

Languages

- English - Fluent

Certifications and Licenses

Care Certificate (Standards 1-15)

Training course in person-centered care (Planning and Personalization)

Pmva Training

Conflict Resolution