

# CURRICULLUM VITAE

GRACE GITAHI

+44 7494622893

gracegitahii101@gmail.com

## **PROFILE**

A conscientious Caregiver with expertise in the provision of exemplary care to maintain the health, safety and development of elderly patients, often with complex health care needs. With extensive knowledge of health care services, I am highly experienced in the delivery of individual care plans whilst working in conjunction with other agencies. Demonstrates strong leadership qualities with the ability to conduct patient assessments, supervise the provision of safe and compassionate care, and evaluate care effectiveness. Acts with integrity and in the best interest of patients while ensuring compliance with policies and guidelines to promote care home efficiency.

## **EDUCATION**

Nov, 2022 Certificate in IELTS for UKVI General Training (British Council)

Oct, 2022. Certificate in Care Giving St. John Ambulance

Oct, 2022 Certificate in First AID St. John Ambulance

1990 - 1992 Certificate in ACNC Accounts Universal Group of Colleges

1983 – 1986 Kenya Certificate of Sec Education Gateway Girls' Technical High School

## **TRAINING**

<b>June 2024</b>		
Infection Prevention & Control	Basic Life Support	First Aid
Medication Practice	Moving & Handling Training	MAR Chart Training
Learning Disability & Autism	Care Certificate	

## **EMPLOYMENT EXPERIENCE**

**June 2024 – Present**

**Position: Care Worker**

**Employer: Orchards Health Care**

### *Key Responsibilities*

Providing care in the service users home to enable them to keep their independence including:

- Personal Care, Domestic Tasks, Food Preparation.
- Collection of medicines.
- Accompanying the service user in the community and with shopping.
- Medication Management.

**January 2023 – Present**

**Position: Care Worker**

**Employer: Ajustar 24 Care Ltd**

*Key responsibilities*

- Providing domiciliary door to door care tasks in the community such as personal hygiene, mental stimulation and general well-being.
- Providing welfare check on vulnerable adults
- Supporting people on everyday tasks including personal care at their home as live in care.
- Providing domestic and shopping for the adults in the community
- Reporting and liaising with various agencies for the wellbeing of the adult

**2019 – December 2022**

**Kasarani Homecare**

**Position: Caregiver**

*Key Responsibilities*

- Providing high standards of care for elderly patients with a focus on everyday care such as personal hygiene, mental stimulation and general well-being
- Ensuring the accurate completion of all administration and documentation related to patient care.
- Acting in the best interest of patients while ensuring compliance with company policies and guidelines.
- Assisting the floor nurse with patient assessments and evaluations on care effectiveness, and contributing to the safe and compassionate delivery of care.
- Collaborating with multi-disciplinary teams and promoting empathetic communication with patient relatives

**2014 – 2018**

**Position: Caregiver**

**Primecare Home**

*Key Responsibilities*

- Assisting residents (ages 69 to 89) with daily living activities, including bathing and bathroom needs.
- Able to lift and turn residents to change dressings and transfer from chair to bed
- Updated documentation and reports detailing patient activities, care actions and hospital determinations.
- Constructed work schedules and rotas for junior team members and offered training and support to ensure the provision of a high-quality and compassionate service.
- Handling of sensitive waste products such as razors and wound dressings.
- Assist with meals and exercise, and entertaining them by reading stories.

**1998 – 2012**

**Family primary Care giver**

Before joining the above positions, I was the primary care giver for a number of years (1998 - 2007) to my mother who had a stroke and also undergoing other treatments

I was also the primary care giver from 2009 - 2012 to my sister who was undergoing chemotherapy and other cancer treatments. All these two experiences motivated me to join the health care field.

**REFERENCES: Available on request**