

# LINNEX MAVENGANISE

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## SUMMARY

Dedicated and passionate Healthcare professional with good communication skills who is working towards attaining NVQ level 3 in Adult Health and Social Care. I am a team player who goes an extra mile for the team to create a high-quality working environment bringing out tangible results and cross-team collaboration. Proactive and excited to partner with like-minded individuals to achieve goals.

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## EXPERIENCE

### GPS CARE SERVICES

Barnsley, South Yorkshire

#### Health Care Assistant

02/2023 to Present

- Supporting service users of different needs and conditions in Care homes and in their own homes.
- Managing and administering medication to service users and maintaining clear and accurate records
- Supporting service users with a wide range of activities that meet their health and wellbeing
- Building strong, trusting relationships with service users by providing continuous support and delivering the best possible care.
- Promoting and encouraging independence while assisting with daily routines.
- Maintaining and updating digital service user records and medical information.
- Providing quality personal care, such as dressing and bathing, while maintaining respect and dignity.
- Monitoring service user's health, behavioral and physical changes, promptly reporting concerns to line manager.
- Interpreting and adhering to care plans, seeking clarification to maintain quality care.
- Providing comprehensive personal care and mobility assistance to support comfort and dignity.
- Keeping patients, carers and families updated on health conditions through regular communications.
- Helping service users to improve mental wellbeing by providing a helpful and happy service throughout care.
- Supporting with general housekeeping, shopping, food preparation and social calls

### ZIMBABWE REPUBLIC POLICE

Zvishavane, Zimbabwe

#### Nurse Assistant

01/2010 to 02/2023

- Promoting a safe working environment by implementing regulatory standards, policies and guidelines.
- Providing First aid guidance and assistance to other members of staff and their families
- Providing Counselling to staff and community members
- Monitoring patients' wellbeing and performing basic health checks
- Providing oral, personal and continence care
- Catheter care and management
- Supporting with moving and handling
- Maintaining patient privacy, demonstrating sensitivity and confidentiality when dealing with service users' personal affairs.
- Administering and documenting prescribed medicines in line with company procedure and care standards.
- Repositioning of patients for patient comfort and to avoid bed sores.
- Observing symptoms to monitor unusual changes requiring medical attention.
- Liaising with nurses and doctors to discuss plans of care for patients.

### GWERU GENERAL HOSPITAL

Gweru, Zimbabwe

#### Nurse Aide

02/2022 to 05/2022

- Maintaining patient privacy, demonstrating sensitivity and confidentiality when dealing with service users' personal affairs.
- Administering and documenting prescribed medicines in line with hospital procedure and care standards.
- Observing symptoms to monitor unusual changes requiring medical attention.
- Lifting and assisting patients to help with mobility problems.
- Measuring blood pressure, pulse rate and oxygen level as part of physical assessments.

- Responding promptly to emergency bells
- Cleaning and laundry

**MINISTRY OF EDUCATION**

Gweru, Zimbabwe

**Teacher**

01/2008 to 08/2009

- Teaching English Language and English literature

**EDGARS STORES LIMITED**

Gweru, Zimbabwe

**CASHIER/MERCHANDISER**

01/2005 TO 09/2007

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**SKILLS**

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| <ul style="list-style-type: none"> <li>• Team coordination</li> <li>• Basic housekeeping</li> <li>• Marketing</li> <li>• Team leadership</li> <li>• Service User care plans.</li> <li>• Monitoring observations</li> <li>• Documentation</li> </ul> | <ul style="list-style-type: none"> <li>• Medicine administration</li> <li>• Medication supply management</li> <li>• Service User behavior management.</li> <li>• Service User care and support.</li> <li>• Mobility support</li> <li>• Service user dressing and grooming.</li> </ul> |
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**EDUCATION**

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**TUTOR CARE**

NVQ/RQF Adult Health and Social care

Ongoing

**Care Skills Academy**

**2023**

**Care Certificate**

Management of Actual or Potential Aggression Certificate (MAPA)

2023

2022

**Red Cross Zimbabwe**

Certificate in Community and Home-Based Care

Certificate in Advanced First Aid

Certificate in Nurse Aide

**Loreto High School**

Advanced level (PASS)

2003-2004

**GCSE/Ordinary level**

**1998-2002**

11 Subjects (PASS)

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**ADDITIONAL INFORMATION**

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- Full UK Driving license
- Enhanced DBS
- Covid 19 Vaccinated

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**REFERENCES**

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- Provided upon request.