

OSCAR OKWARA

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Summary

Social worker with 6 years of experience in providing crisis intervention and trauma counseling for victims of violent crimes, accompanied by a proven track record of building rapport and collaborating with clients to improve their well-being.

Experience

Support and Care

Fulbridge Social Care · United Kingdom
Assisted clients in identifying community resources and

01/2024 - 08/2024

connecting with appropriate services.

Documented client progress and activities in accordance with agency policies and procedures.

adherence according to strict detail. Dedicated Social Worker provides exceptional professional care and implements appropriate

Assisted clients in developing and setting realistic goals to promote positive change. Developed and maintained strong relationships with community resources for

Adept at establishing strong rapport

Participated in professional development and training opportunities to enhance clinical skills.

Provided crisis counseling and intervention services to clients in emergency situations.

with individuals from diverse backgrounds.

R&V Health And Social Care

support care · United Kingdom
● Assisted clients with daily living needs to maintain self-esteem

01/2023 - 12/2023

and general wellness.

Proficient in life, financial and social skills, helping clients integrate into community and live more robust lives. ●

Creative and empathetic assistant
with five years of experience building
community and developing social

Competent planner, developer and

- Created, prepared, and delivered reports to various
implementer of complex individual
program plans. Certified medication
administrator, verifying patient
medicine and nutrition plan
entertainment events according to determined schedule. Kept
clients engaged in social networks and communities for
personal health and growth.

Promoted community integration by providing extensive
physical, emotional and social support.

Visited home environments to help clients develop
comprehensive life, technical and job skills.

Zikanoc Health Care Provider

Caregiver, • - Lagos Nigeria

01/2022 - 12/2022

- Assisted clients with daily living needs to maintain self-esteem and general wellness.

Assisted with dressing guidance, grooming, meal preparation, and medication ●
reminders.

Engaged patients in meaningful conversation, socialization, and activity while
providing personal care assistance.

Built strong relationships with clients to deliver emotional support and
companionship.

Cleaned house, ran errands, managed laundry, and completed weekly grocery
shopping.

Assisted with feeding and monitored intake to help patients achieve
nutritional
objectives.

Maintained clean personal areas and prepared healthy meals to support
client

nutritional needs.

Provided safe mobility support to help patients move around personal and public

Supported clients with mental support and physical activities to accomplish quality of life and sustain needs

Umuguma General Hospital

Medical Administrative Assistant Volunteer, • - Owerri Imo State Nigeria

02/2019 - 10/2021

- Directed patients to exam rooms, fielded questions, and prepared for physician
- ●
- examinations.
- Answered telephone calls to offer office information, answer questions, and direct
- ●
- calls to staff.
- ● Coordinated patient scheduling, check-in, check-out and payments
- for billing.
- ● Adhered to strict HIPAA guidelines to protect patient privacy.
- Provided prompt, polite and professional in-person and telephone
- customer ●
- service.
- Updated patient information and insurance details for accurate electronic
- medical ●
- records.
- Prepared patient charts by gathering and organizing medical records ahead
- of ●
- appointments.

Social Worker

Care Assistant Living • imo state owerri

12/2018 - 09/2019

1. Coordinated 1-on-1 and group therapy sessions for clients, providing personal attention, professional guidance and connection to resources
- Created an automated phone tree using a script so that clients could schedule appointments, access resources and receive communication updates at any time or day
 - Created a care management plan for a client with multiple health conditions in collaboration with 2 physicians
 - Referred new clients to appropriate resources and provided recommendations for future potential clients

Trinity Medical College Administrative Assistant

Care Assistant • Owerri Imo State Nigeria

09/2016 - 03/2018

- Performed a full-time organization of 150 daily tasks, ensuring accuracy and completion of all tasks in a timely manner
- Developed skills in writing, verbal communication, and customer service, having an annual report prepared for the CEO
- Maintained a database of customer service notes, ordering forms, order acknowledgements, job descriptions and other administrative documents
- Validated credit card transactions for accuracy and ensured customer satisfaction

Clinical Social Work Intern

Freedom House • imo state owerri

12/2016 - 01/2017

1. Contributed to the emotional well-being of 10 clients by 30 hours per week, including one high-profile case involving a client who had been recently diagnosed with terminal cancer
- Provided mental health counseling to clients ranging from suicidal ideation, substance use disorders, to severe anxiety and depression
 - Prepared clinical social work interns for their practicum rotations, including providing feedback and feedback on their intern portfolios
 - Worked with a psychologist to develop a plan for a client about to take his first steps in medical marijuana treatment
 - Made recommendations to a client who was considering divorce, including recommendations for a separation agreement and a visitation schedule

- Provided counsel for a client who had been in a car accident, including assisting in negotiations with the insurance company for compensation
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Skills

Social Work, English, Communication Skills, Case Management, Documentation Review, Care Plans, Cleaning and Sanitizing ● Daily Living Support ●

Education

Electrical Engineering (B. Eng.)

Imo State University · imo state

10/2016