
RASHEED LAWAL

Swindon, Wiltshire SN1 4GT | 07990866944 | reshtommy@gmail.com

Summary

Dedicated and caring healthcare assistant with experience of giving patients the best care possible competent in providing personal care, supporting mobility, and keeping an eye on health. adept at upholding the dignity of patients and creating a clean, safe, and encouraging atmosphere. strong ability to give compassionate, patient-centred care while interacting with patients, families, and healthcare teams in an effective manner. competent in upholding infection control guidelines, keeping correct records, and reacting quickly to patients' needs and crises.

Experience

HEALTH CARE ASSISTANT

The Rock London (UK) Ltd, Barking | February 2024 – Till date

- Personal care for individuals with learning impairments, physical disabilities, autism, and brain traumas.
- Emotional and social support.
- Record keeping and reporting.
- Assistance with domestic tasks.
- Safety and safeguarding.
- Monitoring health issues and notifying healthcare specialists.
- support in community events, and social contacts.

HEALTH CARE ASSISTANT

Care & Kare Works Management Ltd, Dagenham, Essex, UK | October 2023 – February 2024

- Assisted with Personal care, health monitoring.
- Mobility and exercise assistance.
- Promoted Nutrition and hydration.
- Patient comfort and emotional support.
- Record keeping and housekeeping.
- Medical procedures and emergency response.

HEALTH CARE WORKER

Ibadan City Medical Centre - Ibadan, Oyo, Nigeria | 2020 - 2023

- Main duties: Checking and monitoring of the patient's physical observation.
- Always act in a manner as to promote and safeguard the interests and wellbeing of the patient.
- Always promote a responsible caring attitude, treating the patient with dignity and respect
- Provide and maintain the highest possible standards of care.
- Supporting with feeding, personal hygiene, art and craft, shopping, attending doctor's and dentist appointment.

SECURITY SUPERVISOR, K-SQUARE MULTIDIMENSIONAL LTD

Ojodu Berger, Lagos, Nigeria | 2017-2020

- Carrying out security and supervisory responsibilities in accordance with the organisation's policies and applicable laws
- Interviewing, hiring, and training new Security Operatives.
- Planning, assigning, and directing work with subordinates.
- Appraising performance; rewarding and disciplining employees; addressing complaints and resolving problems.

Skills

- Excellent communication and listening skills.
- Confident personality
- Good team player
- Prioritising activities
- Good time management
- Problem solving skills.
- Management of aggression
- Enhancing therapeutic relationship
- Empathetic
- Data confidentiality

Education

Ransome Kuti Memorial High school - Lagos | WAEC

West African Examination Council Certificate (8 GCSEs Grades A - C) Nigeria

Certifications

- Level 3 award in emergency first aid (RQF) (2024)
- IELTS (2023)
- NVQ 2 Health and social Care
- Moving and handling
- Health And Safety, Medication Training, Epilepsy Course
- Moving and Handling