

SHERIFATU ABDULAI

📧 sherifatuabdulai72@gmail.com

☎ 07587342018

📍 Durham, Durham TS28 5AP

Compassionate senior care assistant and dedicated midwife driven with the passion for efficient and effective collaboration between care teams, patients, and families. Outgoing professional with collaborative and flexible approach to reaching mutually beneficial resolutions. I am always eager to learn more by researching to add to my knowledge through online courses, reading books or articles online and directly on the job from colleagues and supervisors. I never hesitate to ask for help as I see every situation as a learning experience. I always put myself in other's shoes when interacting, which has given me the experience of good interpersonal relationship with both colleagues and clients.

EXPERIENCE

05/2022 - Current **Senior Care Assistant, Divine care home, Durham, Durham**

- Safe administration and ordering of medication.
- Referring residents for reviews by GP or ANP
- Obtained current medical information, weight, height, and vital signs to aid care planning.
- Reduced patient anxiety by reassuring, clearly and calmly explaining clinical processes and procedures.
- Actively listened to patients' complaints and feedback, actioning improvements to continuously elevate quality of care.
- Remained up to date on latest treatments and care improvements by carrying out personal research through reading books and undertaking online courses.
- Managed, mentored, and instructed new and existing staff in resident care delivery.
- Liaising with other health workers in making decisions in the best interest of residents.
- Developing positive professional relationships with residents, resident's families, visitors, other professional specialist, and colleagues.

01/2021 - 01/2022 **Midwife, Bono regional hospital, Sunyani, Bono region.**

- Provided detailed information, encouragement, and emotional support to patients during labor.
- Thoroughly monitored patient progress to minimize risks and complications, offering advice and strategies to assist patients during labor.
- Examined pulse rate, temperature, and blood pressure of patients to detect abnormalities.
- Performed emergency measures in collaboration with obstetrician, gynecologist, and neonatal nurses to establish optimum patient and baby health and safety.
- Performed screening tests for expectant mothers to determine possibility of birth defects.
- Identified care requirements to write care plans.
- Trained to undertake phlebotomy to administer medication intravenously or draw a blood sample for testing.
- Referred patients to obstetricians to take over complex pregnancies.
- Comforted patients to help cope with miscarriage, termination, stillbirth, and neonatal death, providing resources to handle grief and pain.

SKILLS

- Empathetic
- Elderly Care
- End of life care
- Good leadership skills
- Safeguarding Knowledge
- Medicine Dispensing
- Computer literate
- Cultural Awareness
- Care Plan Management
- First Aid

EDUCATION

2020

Diploma in Midwifery
Presbyterian nursing and midwifery training college,
Bono region, Ghana

REFERENCES

- Clare Pickard
Registered mental health nurse
07984527005
Clare.pickard@cntw.nhs.co.uk
- Keziah Antwiwaa
Registered adult nurse
07464466793
antwikos@gmail.com