

Sylvia Eromosele | Support Worker

Wisbech, Cambridgeshire

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Professional Summary

“An active team player with ability to also work alone ”

Compassionate and conscientious Healthcare support worker with a strong understanding of person-centredness. Having a positive attitude, self-motivated and passionate about helping others. Keen on providing excellent Healthcare support service through continuous kindness and wellness while committed to safe work practices.

Work History

Caretech Community Service

December 2022 – June, 2024

Support Worker

Engaged as a dedicated support worker, providing holistic support to individual with learning disabilities and difficulties, autism and bipolar while using a person-centred approach.

Key Responsibilities

- Provided emotional support by talking and listening to individuals
- Assisted with domestic tasks such as cooking, cleaning, washing and shopping
- Supported in the use of prescribed medications and dosages.
- Prepared nutritious meal as prescribed, promoting healthy choices where possible.
- Making case notes and records also completing appropriate logbooks
- Attending team meetings and training healthcare courses with colleagues
- Help service user participate in leisure activities
- Worked with other Healthcare professional to ensure individual care needs are met with the highest possible standards.
- Maintain a safe, clean and tidy environment for staff and service users
- Protect the confidentiality of service users, staff and clients
- Medication loggings (medicine received and medicine taken out)
- Booking and attending hospital health appointments, also supporting service user while on hospital admission

NHS Queen Elizabeth Hospital, Kings Lynn

July, 2024 – Current

Healthcare Assistant

- Provide Personal Care - including washing, denture washing, oral care, cloth change and bed/pillow linens change
- Observing, monitoring and recording patient condition by taking temperature, pulse, respiration and weights
- Assist in clinical duties
- Team collaboration with Doctors, Registered Nurses, Occupational Therapists, Physiotherapists and other healthcare professionals
- Provide emotional support for patient families and bereaved loved ones
- Reassurance, comfort and safety
- Meal serving and helping to feed patients
- Assist patients in moving around, using manual handling equipment for movement and transfer
- Monitoring patient health and escalating any health concerns to Registered Nurses and Doctors
- Record daily logs including fluid chart, food chart and bowel chart
- Ensure patient safety while in the hospital by checking bed railings plus keeping safe bed space

Skills

- Patient Support
- Manual Handling
- Team Player
- Compassionate and Patient
- Health and Safety
- Organised and meticulous
- Well mannered with good communication skills
- Strong attention to details

Education

Higher National Diploma Secretarial Studies	September, 2010
Ordinary National Diploma Secretarial Studies	September, 2006

Certifications and Trainings

NHS GROW Training	July, 2024
Diploma in Business Administration Alison (Online Certification Course)	March, 2024
Certificate in Customer Service Excellence Alison (Online Course)	February, 2024
Care Tuition (CPD Certified) Care Certificate	August, 2023
Training Express (CPD Certified Service) Adult Nursing and Social Care Training	April, 2022
Other Certificates on trainings related to Healthcare	

Reference

On request