

PERSONAL

Email address
habeebnasmat@gmail.com

Telephone number
07066506909, 07057298798

Address:
No 21A Glorious Estate, Gberigbe
Ikorodu Lagos.

Postal code
104101

City/ Town
Ikorodu Lagos

Date of birth
23/ 03/ 1992

State Of Origin
Oyo State

Place of birth

Saki

Gender
Female

Nationality
Nigeria

Marital status
Married

SKILLS

- **Hardworking:** Ability to work with little or no supervision
- **Confident and decisive:** I am self-motivated and disciplined when working individually, but I equally thrive within a team environment by offering support and motivation to colleagues at all times. Recognizing and respecting the skills and strength of other.

ABEEB NASMOT YETUNDE

REGISTERED NURSE

PROFESSIONAL SUMMARY

Dedicated and compassionate Nurse with progressive career history in direct patient care, triage and care coordination in fast-paced environment. Proven ability to remain calm under pressure and skillfully handle difficult patients and high-stress situations. Consistently developing strong relationships with patients and families through empathetic communication, respectful attitude and excellent customer service. Offering comprehensive patient care in hospital, community, and home environments. Work well with diverse patient population and foster trusting relationships to improve outcomes. Efficiently coordinate with health care professionals to advance patient care.

WORK EXPERIENCE

Nursing officer II

Ijede General Hospital, Ikorodu Lagos Dec 2020 - till present Unit; Accident and Emergency unit
Size of the hospital; 200 bedded
Amount of bed on ward; 10 beds
Teaching hospital; Yes
Nurse patient ratio; 1:4
Was in charge; Yes

Full time, number of hours per week; 40
Cases Managed: *Hypertension, Diabetes , Congestive cardiac failure, Malaria-fever, Septicemia, Peptic ulcer disease, Pleural effusion, Meningitis, Tetanus, Gastroenteritis, Pneumonia, Hepatitis, Urinary tract infection, Anemia, Stroke, Myocardial Infarction, Suturing of minor wounds, suture removal.*

ROLES AND RESPONSIBILITIES

- *Being ready to respond and equipped to deal with a medical emergency.*
- *Administering medication intravenous, intramuscular, subcutaneous, orally and providing answers to patient's questions and swiftly □ Assessing patient needs.*
- *Monitoring, recording and reporting symptoms or changes in patient's condition. Providing instant care during medical emergencies such as car accident, burns, difficulty in breathing, heart attack and stroke.*
- *Wound dressing, IV cannulation for both adult and pediatric, male and female catheterization, ECG .*
- *Obtaining blood sample from patients and transporting it to the laboratory.*
- *Collaborate with other teams such as doctors, social-workers, dieticians, mental health services and radiologist when developing a plan for the care and treatment during hospital stay.*

I.T literate: I have worked with computer sets for many years with great knowledge on Microsoft word, Microsoft excels, PowerPoint but to mention few.

Good interpersonal and communication skills: I make friends easily, I like to smile a lot and my fluency in English language (both spoken and written) has helped me achieve key goals in communicating with my patients and colleague.

Critical thinking: I demonstrate initiative, providing solutions to problems encountered at any phase of caring for my patients or providing leadership roles for my work colleagues in order to complete given tasks

Removing sutures, catheterization, NG tube feeding, administration of oxygen, establishment Intravenous line, intravenous therapy, drug administration, wound dressing, placing patient monitor machine, monitoring patient glucose level, etc

Effective observation and documentation of each patient condition. Nursing care planning, assessing and evaluating the nursing care that is being provided and modifying the plan as needed to achieve desirable goals and objective.

Ability to gain the trust and confidence of each patient, contributing to safe and therapeutic environment and supporting activities that promote the clients return of function and preventing complications or chronic illnesses.

- *Checking the stock frequently for maintaining the inventory level and placing orders if required.*
- *Maintaining hygienic and safe working environment in compliance with the healthcare procedures.*

Unit; Maternity/Labour Ward

Size of hospital; 200 bedded

Amount of bed on ward; 20 beds

Teaching hospital; Yes

Nurse patient ratio; 1;4

Was in charge; Yes

Full time, number of hours per week; 40

ROLES AND RESPONSIBILITIES

- *Assessing care requirements, writing care plans and writing care report.*
- *Gaining individual patient trust and confidence.*
- *Providing information, emotional support and reassurance to women and their partner.*
- *Taking patient samples, Pulses, Temperature, Respiration, Blood pressures and fetal heart rate.*
- *Caring, assisting women in labour and monitoring the foetus during labour.*
- *Monitoring and administering medication, injections and intravenous infusions during labour.*
- *Advising about and supporting parents in the daily care of their newborn babies.*
- *Helping parents cope with miscarriages, stillbirth and neonatal death.*
- *Identifying high-risk pregnancies.*

EQUIPMENTS USED: *Cardiac monitor, Radiant warmer, Delivery set, Cardiotocography, Fetoscope and Doppler, Weighing scale, Dressing set, Stretchers, Suctioning machine, Suture set, Sphygmomanometer, Stethoscope, Thermometer, Sterilizer.*

Oladapo Medical Centre Omitoro Ikorodu Lagos

Aug 2021 – Dec 2021

No of Patients: 170 ROLES AND RESPONSIBILITY

- *Designing care plan for junior staffs and careers and evaluation of the support plan*
- *Care of patients with bed sore and repositioning of patients confined to bed.*
- *Feeding of patients on peg tube*
- *Care for patients with tracheostomy tube*
- *Designing weekly and monthly roster for junior staff and carers*
- *Assessing and designing suitable care plan*
- *Administration of intravenous fluids and blood transfusion.*
- *Bowel care*
- *Wound care including pressure ulcer care*
- *Helping client with activities for the patients diagnosis*
- *Administration of injections: Intramuscularly, intravenously, subcutaneously, intradermally and orally.*
- *Intravenous cannulation.*
- *Activity of daily living such as assisted bathroom bath or bed bath, oral care and feeding.*
- *Providing care and companion for patients with dementia*

PUBLICATION

-Hygiene practice during menstruation.
-Prevention of Teenage pregnancy among adolescent.
Care study as part of my progressive educational studies

Blue Crescent Hospital Imowo Nla Ikorodu Lagos

June 2021 – July 2021

Total bed capacity of the hospital bed; 80 bedded

Unit; Surgical ward

Amount of bed on ward; 10 beds

Teaching hospital; NO

Nurse patient ratio; 1:6

Was in charge; Yes

Number of hours per week; 45

LANGUAGES

English

Highly proficient in speaking, listening, reading and writing

ROLES AND RESPONSIBILITIES

- Continuous assessment, escalating and handing over plan of care
- Document collected information and patient's care in the health care record and other files.
- Adhere to infection control policies and protocols to ensure proper patient recovery.
- Triaging of patients based on their clinical manifestation after initial assessment.
- Proper assessment of patient pre and post – operatively – operation site, wound area, chest tube sites, urine output, patient's vital signs, Pain assessment among others.
- Proper wound care using the appropriate lotion and medications.
- Administration of medications, intravenous infusions including intravenous medication and injections, blood transfusion according to the hospital policies and guidelines
- Enteral feeding via nasogastric and gastrostomy tube feeding and care of patients on special diets.
- Proper monitoring of emergency medications, drugs of addiction and adequate record keeping.
- Training and supervision of student nurses, junior colleagues and other non-medical staff and delegation of duty according to individual strength, skills and expertise.
- Care of patients on chest tube drainage system.
- Discharge teaching at admission through hospitalization, health education and patient follow-up

Registered Nurse

Full time Aug2016-April 2017

Rolayo Medical Centre No5 Sule Maito, Lagos State

Total bed capacity of the hospital bed; 100 bedded

Unit; Surgical ward

Amount of bed on ward; 10 beds

Teaching hospital; NO

Nurse patient ratio; 1:6

Was in charge; Yes

Number of hours per week; 45

ROLES AND RESPONSIBILITIES

- Triaging of patients based on their clinical manifestation after initial assessment.
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- Discharge teaching at admission through hospitalization, health education and patient follow-up
- Continuous assessment, escalating and handing over plan of care
- Document collected information and patient's care in the health care record and other files.
- Adhere to infection control policies and protocols to ensure proper patient recovery.
- Proper monitoring of emergency medications, drugs of addiction and adequate record keeping.
- Requisition for-ward consumables and equipment for smooth running of the unit.
- Training and supervision of student nurses, junior colleagues and other non-medical staff and delegation of duty according to individual strength, skills and expertise.

LANGUAGES

English

Highly proficient in speaking, listening, reading and writing

EQUIPMENTS USED: *Sphygmomanometer, Stethoscope, Thermometer, Pulse oximeter, AED, Cardiac monitor, Stretchers, Glucometer, Dressing pack, Autoclave, Bodyweight scale*

Staff Nurse

Full time Jan,2016- July 2016

Fortune Health Clinic Shomolu Onipanu Lagos State

Total bed capacity of the hospital bed; 90 bedded

Amount of bed on ward; 10 beds

Teaching hospital; NO

Nurse patient ratio; 1:6

Was in charge; Yes

Number of hours per week; 45

ROLES AND RESPONSIBILITIES

- *Empower patients to take responsibility for their health, well-being and future lifestyle by Practicing in an open transparent and inclusive manner thereby ensuring patients have the relevant information to participate in decisions about their care.*
- *Collaborate with health care team member to assess, plan, implement or evaluate patient care plan.*
- *Advocate for the health and wellbeing of patients through health care improvement program.*
- *Maintain adequate, detail reports and records.*
- *Administer medications and treatments to patient and monitor patient for reactions or side effect.*
- *Modify patient treatment plans as indicated by patient responses and conditions, monitoring all aspect of patient care including diet and physical activities.*
- *Prepare rooms, sterile instruments, equipment, supplies and ensure that stock of supplies is maintained*

STUDIES AND CERTIFICATES

Diploma in Midwifery, 2015

School of Basic Midwifery Muslim Hospital Saki, Oyo State Nigeria

Diploma in Nursing, 2018

Kwara State College of Nursing and Midwifery, Ilorin

Bsc. in Nursing, 2021

Ladoke Akintola University of Technology, Oyo State Nigeria

COURSES

TRAININGS AND CERTIFICATION

Basic life support

Management of tuberculosis through DOTS and TB-HIV

LSS, VIA, MVA, MgSO₄ protocol, helping babies breathe

Integrated Management of Childhood Illness

Basic computer /internet operation

Essential new born care course

Management of thrombocytopenia in neonates

How to perform chest compressions

REFERENCES

ALHAJA R.A YAHYA

Principal-School of Basic Midwifery

Muslim Hospital,Saki.

07080247399, 08055912373

ALHAJI MOSHOOD

Former Commander Officer(Saki)

08035155987, 08085181335

CUSTOM SECTION

EXPERIENCE

8 years of Nursing Experience in Nigeria.

NMC STATUS

IELTS and CBT passed

OSCE pending

AREA OF SPECIALIZATION

Adult Nursing

ROLE APPLIED FOR

Registered Nurse