

JAMES ANGELA HAPPINESS

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PROFILE

A care assistant with expertise in the provision of exemplary care to maintain the health, safety, and development of elderly patterns often with complex health care needs with extensive and exclusive knowledge of health care services highly experienced in the delivery of individual care plans, skilled in mental health support, with an emphasis on promoting and maintaining parent well-being and independence. Demonstrates strong leadership qualities with the ability to conduct parent assessments, supervise safe and compassionate care provision and evaluate care effectiveness.

SKILLS

Patient management, patient care health promotion, health and social care, General housekeeping ability, trained in other change and preparation, time management, communication

WORK EXPERIENCE

Caremark Cambridge and South Cambridgeshire

2023 - Present

Providing mobility support to elderly clients in their own homes, assisting with maintaining personal hygiene by giving personal care and assisting with continence

Carrying out housekeeping duties such as cooking, cleaning, washing clothes and dishes, shopping and managing household supplies to meet clients' needs. Preparing meals according to the dietary requirements and preferences of the clients. Administering medication as prescribed and giving emotional support to clients to enhance and maintain the well-being of the clients.

Niger Foundation Hospital, Enugu

2020 - 2023

Administering medication, assisting patients in performing personal care like bathing, dressing, feeding, helping in making meals for clients and tidying up clients' homes, assisting with

mobility and helping with laundry and cleaning of the house. Managing schedules and taking clients to when requested, providing hospital support on the family's behalf when the client was admitted, assisting the service user with bathing and grooming, making beds and assisting with feeding.

Cape resort and garden Abuja

2014-2020

Head Chef

Controlling and directing food preparation, approving, and polishing dishes before they reach the customers, managing and working closely with other chefs of all levels creating menu items, and recipes developing the menu, sorting out dishes, and ensuring variety and quality.

Anamco Ltd Enugu, Nigeria

2009-2013

Secretary

Directing internal and external calls, emails, and faxes to designated departments, arranging and scheduling appointments meetings and events. Monitoring supplies and ordering replacements. Took correspondences of calls and emails and did scheduled official meetings, prepared reports for goods supply and order

Private Clients, Enugu Nigeria

2003 - 2007

Care Assistant

Managed schedules and took clients to when requested, provided hospital support on family's behalf when the clients were admitted. Assisted with client services such as bathing and grooming, made beds, and assisted with feeding.

EDUCATIONAL QUALIFICATION

Ambrose ALLI University, Ekpoma, Nigeria

2014- 2019

Community Secondary School Certificate Examination (WAEC)

1996 - 2003

Community Primary school Egede (Primary school leaving certificate) 1992 - 1996

OTHER QUALIFICATION

Computer Training

2005 - 2006

REFERENCES

Available on request