

AUXILIA MOYO

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Permit: UK DRIVER'S LICENSE

PROFESSIONAL SUMMARY

Attentive Healthcare worker skilled in helping home-bound clients. Diligent about following treatment plans, updating documentation and maintaining healthy environments. Strengths include time management, organisation and multitasking.

SKILLS

- First Aid and CPR
- Understanding Dementia and Alzheimer's
- Medication administration
- Patient lifting techniques
- Housebound patient care
- Safeguarding policy compliance
- Infection prevention and control
- Pressure relief
- Wound care
- Vital monitoring
- Data confidentiality
- Moving and handling
- Memory care
- Feeding
- Adaptable
- Attention to detail
- Care planning
- Compassionate client care
- Excellent communication skills
- Good team player
- Safe driving

WORK HISTORY

LIVE-IN CARER | 06/2022 - Current

Helping Hands Alcester - Warwickshire, United Kingdom

- Carried out physio with patient daily for rehabilitation purpose and strength enhancement.
- Assisted client with day-to-day personal care and daily living tasks.
- Assisted client with daily household cleaning, laundry and food preparation
- Promoted independence and self-esteem by allowing patient to complete specific personal tasks.
- Prepared healthy, nutritious meals and assisted patient with eating and drinking.
- Facilitated patient relationships with their family and friends with video and phone calls and emails.
- Operated lifts and hoists, safely moving patient and preventing injuries.
- Assisted patient with daily personal, hygiene and incontinence care.
- Helped patient to take medication as prescribed by medical professionals.
- Maintained client dignity and respect throughout dressing, showering and toileting.
- Accompanied client to medical or dental appointments, grocery and errands.
- Avoided negative drug interactions through timely, accurate medication reminders.
- Updated doctors and family members on client progress.

SUPPORT WORKER(COMMUNITY VOLUNTARY WORK) | 06/2020 - 05/2021

Zororai Old People's Home - Mutate , Zimbabwe

- Led group activity programmes to support independence and encourage community inclusion.
- Completed daily routines and exercises with clients, in order to improve health, mobility and wellbeing.
- Helped clients with basic tasks, including washing, dressing and toileting when needed.
- Controlled and administered medication to clients, providing according to prescription notes.
- Monitored individuals' progress, continuously updating and adjusting care plans to meet health and wellbeing needs.
- Followed strict safeguarding regulations to ensure safe, secure handling of service users.

CERTIFICATIONS

- MANDATORY TRAINING CERTIFICATES UK CARE CERTIFICATE(2022).
- CERTIFICATE OF COMPETENCE HOME BASED CARE AND NURSE AID(St Johns Ambulances , Zimbabwe 2021).
- GCSE -ORDINARY LEVEL,Zimbabwe(2006).