

# BOLAJI HALIMAH SUNMIBOLA

Care Assistant

14 Hinton Road, Fishponds, BS16 3UN, Bristol

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## PROFILE

Health assistant professional with experience in providing compassionate care in hospitals and home settings. I am excited to facilitate an all-round wellbeing of patients of all ages, fostering rehabilitative care with understanding of client diverse needs, dedicating time to overseeing physician recommendations for patients. I am committed to improving the service user quality of life by addressing the non-medical needs, leveraging ability to pay attention to patient needs. I show empathy and discharge duties with a strong work ethic. I am an excellent team worker and can take instructions from all levels and build up good working relationships with all colleagues and service users.

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## WORK EXPERIENCE

October 20, 2023 – Present

Care Sisters, London

Care Assistant

### *Outline*

Working within a team of 5 care assistants at a care home, relationship-centred care. providing health and safety to the elderly patients with complex health care needs such as dementia and Alzheimer's and reporting to the floor nurse.

### *Key Responsibilities*

- Acting in the best interest of patients while ensuring compliance with company policies and guidelines
- Assisting with patient assessments and evaluations on care effectiveness, and contributing to the safe and compassionate delivery of care
- Collaborating with diverse teams in the healthcare and promoting empathetic communication with patient relatives

Ensuring the accurate completion of all administration and documentation related to patient care

- Ensuring the maintenance and upkeep of patient rooms and communal areas to promote patient safety
- Facilitating and executing social events and activities designed to stimulate and entertain the residents
- Providing high standards of care for elderly patients with a focus on everyday care; personal hygiene, mental stimulation and well-being
- Strengthening relations with both nurse and home managers when discussing patient requirements and requesting emergency medical

**January 2021 – August 6, 2023,**

**Mucas Hospital, Dopemu, Lagos State Nigeria**

**Care Assistant**

*Key Responsibilities*

- Assisted patients' hygiene, physical comfort, eating and drinking, also mobility while observing and reporting specific changes.
- Arranged bedding and cushions to enhance patients' comfort in the bed and chairs.
- Supported nursing staffs with care of incompetent patients and promotion of appropriate care.
- Assisted clients with daily living needs to maintain self-esteem and general wellness.
- Built strong relationships with clients to deliver emotional support and companionship.
- Assisted patients with self-administered medications

**EDUCATION**

**Level 2 CSTF, Professional Mandatory Healthcare Training Certificate**

2024

**B.Sc Industrial Chemistry, Federal University Oye-Ekiti, Ekiti State, Nigeria**

Nov. 2019 – Oct. 2023

**6 O'level (GCSE), Al-Amin Secondary School, Lagos state, Nigeria**

June 2012 – July 2019

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## **SKILLS**

- Administering Medication
- Basic Life Support
- Care Plans
- End of Life Care
- Fluids and Nutrition
- Individual centred Care
- Patients Record Keeping
- Safeguarding Children and Adults

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## **REFERENCE**

Available on Request