

Beauty Tapiwanashe Makaripe

Capetown , South Africa
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Professional Summary

Caring carer with adaptability, training and transferable skills to help clients with different needs and backgrounds. Personalises care based on client medical histories and personal preferences. Offers years of related experience and good trained skills in different specialties such as learning disabilities, dementia, mental health, autism and elderly care.

Proficient in organising medications, doctor appointments, companionship and personal activities. Caring, organised and friendly with excellent interpersonal skills and strong attention to detail. Devoted to patient physical comfort and emotional support. Seeking a full-time care assistant position that would offer sponsorship

Experience

Care Assistant

January 2022 to Current

Private Home

- Cared for clients with physical, emotional or cognitive impairments, including dementia and stroke patients.
- Created personalised care plans based on individual needs, doctor requirements and resident requests.
- Used hoists and other aids to assist with client mobility needs, including lifting, standing and transporting.
- Increased client's well being by planning exciting activities, engaging in friendly conversations and providing attentive support.
- Helped maintain client's hygiene by assisting in personal care , washing, toileting, bathing and dressing needs.
- Carried out domestic duties for clients, including emptying bins, hoovering, dusting and washing when requested.
- Administered prescribed medication according to doctor specifications.
- Provided mobility support using hoists and wheelchairs.
- Kept MAR chart updated with accurate medication timings and dosage.
- Helped residents with essential day-to-day or administrative tasks, including paying bills, sending mail and other functions as needed.
- Built strong, trusting relationships with patients by providing continuous support and delivering best possible care.
- Obtained current medical information, weight, height and vital signs to aid care planning.
- Monitored patient health, behavioral and physical changes, promptly reporting concerns to

Special Needs Childcare (Cerebral Palsy)

January 2018 to February 2022

Private Residence

- Ensured exceptional health and social well-being of a child with autism.
- Participated in activities within the community
- Provided assistance with activities of daily living including grooming, toileting, and communication skills.
- Kept behavioral records, progress and updates documented with the care notes
- Performed housekeeping duties including laundry, grocery shopping, and cleaning
- Administered food , medication and fluids using a feeding
- Monitored and recognise seizures with clear documentation of heart-rate and oxygen levels
- Supported nightly routines and helped to reduce disruptions to sleep, delivering person-centred care in line with individual care plans.
- Documented incidents and resulting interventions, maintaining accurate records for reference.

Waitress Assistant

January 2018 to February 2020

McDonald's Restaurant - Capetown, United Kingdom

- Checked on designated tables at appropriate intervals to refill drinks, respond to requests and receive customer feedback.

- Delivered exceptional, friendly and fast service to process high volume of food and drink orders at peak times.
- Greeted and seated guests to establish prompt, high quality service.
- Upheld high standard of cleanliness in all work areas to comply with health and safety regulations.
- Maintained brand image by keeping neat personal appearance.
- Maintained safe hygiene and food handling standards for full compliance.
- Optimised customer experience, serving each guest with sincere, positive and enthusiastic attitude.

Care Assistant (Dementia & elderly)

June 2016 to January 2019

Private Residence

- Supported clients with mental and physical support activities to accomplish quality of life and sustain needs.
- Engaged patient in meaningful conversation, socialisation and activities while providing personal care assistance.
- Assisted with dressing guidance, grooming, meal preparation and medication reminders.
- Cleaned house, ran errands, managed laundry and completed weekly grocery shopping.
- Respected the patient's right to independence and confidentiality. Maintained confidential records of treatment(s) received.
- Kept an eye out for changes in the client's physical, emotional, or mental condition using body maps and provided documents.
- Completed Mar chats, fluid charts, daily records.
- Assisted with daily meal prep, promoting nutritious options for optimal health and wellbeing.
- Administered medication with rigorous planning and record keeping.
- Provided physical and emotional support, employing compassionate care to help individuals achieve their full potential.
- Aided clients with bedtime routines, washing and dressing.

Skills

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| <ul style="list-style-type: none"> • Elderly Care • Learning disability support • Dementia & Alzheimer's support • Autism • Post op • End of life • Safeguarding • Personal care • Person Centered Care • Medication Administration • Care plan assessment | <ul style="list-style-type: none"> • Chronic Disease management • Data confidentiality measures • Mental health support • Stroke recovery support • Hygiene Health and safety • Needs and risk assessments Geriatric care • Catheter care • Safe Patient Manual & handling • Meal planning and preparation • Infection control and aseptic techniques • Clinical care Palliative care CPR & First Aid |
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Education & Qualifications

First Aid CPR , 2023

Chilton - Coventry

science, Psychology, Philosophy & Ethics. 11 (A -C, including Maths

A-Levels, 2015

High School Certificate

Elderly Care Assistant , 2023

Chilton

Additional Information

- Seeking Visa Sponsorship
- English Proficiency: IELTS
- Immediate availability & relocate
- Clear Criminal Record
- Valid Passport
- TB test Certificate
- Covid 19: Fully Vaccinated