

Chinanuekpere Peace Ajuzie (aka China)

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PROFESSION:

Support Worker/ Health Care Assistant

PERSONALPROFILE

A compassionate and dedicated Health Care Assistant with 5 years of experience in providing high-quality care to patients within the healthcare sector. Skilled in-patient support, medical assistance, and daily care activities. Seeking to leverage my skills and knowledge to contribute to the exceptional care provided by your organisation.

Key Skills

- Patient Care
- Basic Life Support
- Vital Signs Monitoring
- Patient Mobility Assistance
- Record Keeping
- Communication and Interpersonal Skills
- Team Collaboration
- Compassion and Empathy
- Driving with full Uk Driving License

EMPLOYMENT HISTORY

April 2007– May 2010

Voluntary

I looked after my grand mum until her death.

Supported Living:

I supported her in all areas of her daily living e.g., Personal Care, mobility, domestic, cooking.

Arrange and accompanied her to medical appointments.

Worked with professional to review care package.

Provided information, advice and counselling service on various issues.

Provided emotional and psychological support.

June 2010 to December 2015 (well Care Home- Lagos).

Support Worker:

- Providing practical day to day support – personal care and domestic tasks
- Writing comprehensive report and keeping accurate documentation of records

- Coordinating activities to stimulate clients
- Supporting clients to access community facilities and socialize as active members of the community.
- Liaising with other professionals including attending review meetings and other professional meetings
- Promoting social inclusion by supporting and encouraging residents to assess community recreational, social, religious and educational facilities like swimming, attending day centres, church etc.

- Supporting residents with their daily activities like personal care, cooking, shopping, budgeting, cleaning and taking medication

- Providing support with personal care such as changing their clothes, dressing, undressing, toileting, bathing, washing and grooming’.

- Providing emotional and psychological support by listening, showing empathy, getting to know them better and engaging them in a one on one talk.

Jan 2016 to December 2019 (Tomade Hospital and Homes- Lagos).

DUTIES/RESPONSIBILITIES

- Providing care/support to my clients/users and helping them in every day duties. Such as personal care, washing, bathing, bed bathing, & showering. Dressing up, sorting of laundry, Toileting, catheter/colostomy care. Preparing meals, snacks and drinks for clients and feeding if required.
- Providing stimulation in activities to keep users motivated.
- Taking clients out to different places when required such as shopping, etc.
- Teaching basic duties to patients of how to look after themselves varying on different people and problems.

- Following health and safety and procedures very carefully each day.
- Completing of essential paper work/maintaining a quality and good record keeping.
- Speaking to care managers on behalf of clients.
- Ensure the security and safety of the home is maintained at all times/keeping the environment safe and tidy.
- Administering medicines to clients.
- Taking clients to social events, appointments and places of worship.
- Experienced in computing skills MS Office, Excel, Word, and ability to document records both in writing and computer wise. And maintaining an accurate record keeping.

Jan 2020 to December 2022: SUCCESS HOSPITAL AND MATERNITY

Health care Assistant

DUTIES/RESPONSIBILITIES:

- Assisted clients with personal care and hygiene.
- Helped clients with mobility and transportation.
- Administered medication under the supervision of healthcare professionals.
- Communicated effectively with clients to understand their needs and preferences.
- Participated in team meetings to discuss and improve care plans.
- Maintaining and demonstrating a positive attitude towards patients, clients, families, staff, visitors and others.

Feb 2023 till date: **Amachyck Care Solution Ltd (United Kingdom)**

Health care Assistant

DUTIES/RESPONSIBILITIES:

- Assisted residents with daily activities including bathing, dressing, and feeding.
- Monitored and recorded vital signs such as temperature, blood pressure, and pulse.
- Supported nursing staff with medical procedures and patient care plans.
- Provided emotional support to residents and their families.
- Ensured accurate and timely documentation of patient records•

PROFESSIONAL QUALIFICATIONS

- ◆ BSC in Bio Chemistry
- ◆ Health and Social Care(Alison Diploma)
- ◆ Care Certificate
 - Understanding role and responsibilities
 - Duty of care
 - Personal development
 - Equality and diversity
 - Working in person-centred way
 - Communication
 - Privacy and dignity
 - Infection prevention and control
 - Safeguarding adults
 - Safeguarding children
 - Basic life support
 - Health and safety
 - Handling information
 - Fluids and nutrition
 - Disability awareness
 - Dementia
 - Duty of care
 - Fire safety
 - Food safety level 3
 - Learning disability awareness
 - Mental health awareness
 - Palliative and end of life care
 - Personal care awareness
 - RIDDOR awareness
 - Whistleblowing
 - Basic First Aid Level 2 (VTQ)
 - Basic Food Safety Awareness – Certified
 - Communication in Care Level 1 (VTQ)
 - Complaint Handling Level 1 (VTQ)
 - Conflict Management Level 2 (VTQ)
 - COSHH Awareness For Employees – Certified
 - CPR/Basic Life Support for Healthcare Professionals Level 2 (VTQ)
 - Deprivation of Liberty Safeguards- DOLs Level 2 (VTQ)
 - Diabetes Awareness (VTQ)
 - End of life awareness
 - Infection Control – Certified
 - Lone working – Certified
 - Mental Capacity Act (MCA) Level 2 (VTQ)
 - Moving and Assisting of People Level 2 (VTQ)
 - Person Centred Care Level 2 (VTQ)
 - Risk Assessment Awareness – Certified
 - Sharps Awareness – Certified

- Slips, Trips and Falls Level 2 (VTQ)
- **The Oliver McGowan Mandatory Training on Learning Disability and Autism - Part 1 of 2 Certified**

◆ Ongoing Training in Health and Social Care NVQ Level 3 in Cambridge Management and Leadership School

Hobbies & Interests: Singing, Music, Tennis & General Exercise.
- Excellent references can be submitted upon request -