



Chinonye Precious EKEZIE

07909273998

chinonye.ekezie@gmail.com

15 Queen St Briercliffe Burnley, BB10 2HE.

SKILLS

- Empathic and Compassionate
- Patient Education & Management
- Teamwork
- Pain Management Skill
- Patients Condition & Vital signs Monitoring
- Multi-Tasking
- Admission & Discharge Assessment
- Effective Communication
- Evidence-Based Treatment and Care
- Clinical Care and documentation
- Infection Prevention & Control
- Wound dressing
- Medication including IV administration
- Critical thinking and problem solving
- Venepuncture & Phlebotomy
- Personal care tasks (washing, toileting, etc)
- Observational skills.

LANGUAGE

S

English:

Excellent

PROFESSIONAL SUMMARY

Exceptionally talented Medical Surgical Nurse experienced in managing care for patients with diverse illnesses and conditions. Promoting patient advocacy, effective decision-making skills and passion for delivering compassionate care and support, preparing and administering medications, providing bedside care and monitoring patient condition. Skilled at maximizing patient comfort and safety while meeting strict cost control standards. Well-organized and forward-thinking in managing patient needs. Compassionate and empathetic advocate for patients and families. Skillfully assesses health status, develops diagnoses and manages care for patients with acute and chronic concerns. Experienced in structured and unstructured environments, smoothly coordinating multiple activities and competing priorities. Skilled at multitasking and prioritizing patient needs and daily assignments. Detail-oriented team player with strong organizational skills. Ability to handle multiple projects simultaneously with a high degree of accuracy.

WORK HISTORY

May 2023 – June 2024.

Health Care Assistant (Band 3), Rehabilitation ward East Lancashire Hospital NHS Trust.

- Wash and dress patients.
- Serve meals and help to feed patients.
- Help patients to move around.
- Make beds.
- Make patients feel comfortable.
- Monitor patients' conditions by taking temperatures, pulse, respirations and weight.
- Safe handling and moving of patient, reporting abnormalities to the Nurse in charge.

January 2022 -2023.

Registered Staff Nurse, Medical-Surgical, Federal Medical Centre, Owerri, Imo State

Nigeria Managed elements of patient care from admission to discharge or transfer to other units.

- Educated patients and families on medical-surgical procedures, therapeutic regimens, and pain management techniques.
- Identified patient care requirements by establishing personal rapport with patients and families.
- Directed patient care by initiating and following through with plan of care, continuing care, and discharge instructions.
- Implemented medication and IV administration, catheter insertion, tracheostomy care, colostomy care, wound dressing, nasogastric tube feeding and airway management
- Conferred with physicians to discuss diagnoses and devise well-coordinated treatment approaches.
- Effectively prioritized assignments, executing care based on each patient's relative condition and delegating tasks to available personnel deliver safe and efficient care.
- Managed pre-op and post-operative patient care by stocking medical supplies and preparing operating rooms.
- Updated patient charts and accurately documented data such as medications to keep records

NURSING ELIGIBILITY

- Licensed Registered Nurse with Nursing and Midwifery Council of Nigeria (NMCN) – May, 2019.

EDUCATION

November 2019
Diploma In General Nursing (RN), School of Nursing Our Lady of Lourdes Hospital, Anambra State, Nigeria

May 2015
Bachelor Of Nursing Science (BNSc), Imo State University, Nigeria

CERTIFICATIONS

- Basic life Support by ELHT NHS - 2023
- Infection Prevention and Control by ELHT NHS - 2023.
- Pressure Ulcer Prevention by ELHT NHS - 2024
- Understanding

- current and support accurate treatments.
- Trained new nurses in proper techniques, care standards, operational procedures, and safety protocols.
- Assessed physical, psychological, physiologic, and cognitive status of patients.
- Monitored patients' conditions and reported changes in physical presentation, appearance, and behavior to discuss treatment with physicians.
- Worked within interdisciplinary health care team to develop, implement and make adjustments to patient care plans, individualizing strategies, and methods to improve health and meet recovery goals.
- Assessed team members' workloads and pitched in to help in areas where need was most evident.
- Provided exceptional care to high-acute patients needing complex care such as ventilator management, extensive wound care and rehabilitation.
- Followed all personal and health data procedures to effectively comply with HIPAA laws and prevent information breaches.
- Performed comprehensive physical examinations and documented patient histories to gather information and identify health issues.
- Participated in multidisciplinary team meetings to discuss patient cases and treatment plans.
- Administered immunizations and performed other preventive health measures.
- Performed frequent checks on life support equipment and made necessary adjustments to preserve optimal patient conditions.
- Documented treatments delivered, medications and IVs administered, discharge instructions, and follow-up care.
- Quickly responded to situations impacting safety and security to unit, actualizing crisis prevention interventions to control and de-escalate situations.
- Performed minor surgical procedures, handling suturing and wound care.

March 2020 - March 2021

Staff Nurse, Devine Clinic and Maternity, Imo State, Nigeria

- Monitored patients' conditions and reported changes in physical presentation, appearance, and behavior to discuss treatment with physicians.
- Educated patients, families and caregivers on diagnosis and prognosis, treatment options, disease process, and management and lifestyle options.
- Administered medications via oral, IV, and intramuscular injections and monitored responses.
- Performed various nursing interventions such as wound dressing, vital sign monitoring, and specimen collection.
- Collaborated with physicians, pharmacists and therapists to deliver quality, evidence-based care.
- Collaborated with leadership to devise initiatives for improving nursing satisfaction, retention and morale.
- Educated family members and caregivers on patient care instructions.
- Promoted patient and family comfort during challenging recoveries to enhance healing and eliminate non-compliance problems.
- Equipped patients with tools and knowledge needed for speedy and sustained recovery.
- Provided skilled, timely and level-headed emergency response to critically-ill patients.
- Evaluated patient histories, complaints, and current symptoms.
- Explained course of care and medication side effects to patients and caregivers in easy-to-understand terms.
- Performed triage on incoming patients and determined severity of injuries and illnesses.
- Educated and guided patients on disease prevention and healthy lifestyle habits to prevent Type-2 diabetes and other complications.
- Investigated and resolved issues affecting hospital operations and patient care.
- Delivered high level of quality care to diverse populations while overseeing patient admission and triaging based on acuity and appropriate department admission.
- Implemented care plans for patient treatment after assessing physician medical regimens.
- Recorded details regarding therapies to keep patient charts updated.

May 2012 – March 2019

and Managing Challenging Behaviour by ELHT NHS - 2024.

- Fire Safety by ELHT NHS - 2023.
- Information Governance GDPR by ELHT NHS - 2024.
- Mouth Care by ELHT – 2023.
- Falls and Fracture Prevention by ELHT NHS - 2023.
- Effective Enhanced Care Support by ELHT NHS - 2024.
- Learning Disability, Autism and Neurodiversity by ELHT NHS - 2024.
- * Dementia Awareness by ELHT NHS
- * Safer Handling by ELHT NHS- 2023.

Student Nurse, School of Nursing Our Lady Of Lourdes Hospital, Anambra State, Nigeria

- Administered medications via oral, IV, and intramuscular injections and monitored responses.
- Administered close patient care, checked vital signs, and monitored telemetry.
- Employed knowledge in growth and development principles to provide care appropriate to age of patients.
- Monitored patient vital signs, reporting any changes to experienced nursing staff.
- Utilized therapeutic communication techniques to facilitate patient's optimum level of wellness.
- Administered CPR to patients in cardiac arrest following American Heart Association Standards.
- Observed patient behaviour and reported changes to nurse in charge for resolution.
- Assisted with patient transfers, observing safety protocols to prevent damage to patient and self.
- Assessed care needs of patients and families utilizing nursing process.
- Participated in team meetings to discuss patient progress and plan for care.
- Communicated with healthcare team members to plan, implement and enhance treatment strategies.
- Conveyed treatment options, diagnosis information and home care techniques to patients and caregivers in easy-to-understand terms to continue care consistency.
- Performed triage on incoming patients and determined severity of injuries and illnesses.
- Explained course of care and medication side effects to patients and caregivers.
- Provided skilled, timely and level-headed emergency response to critically-ill patients.
- Managed patients recovering from medical or surgical procedures.
- Promoted patient and family comfort during challenging recoveries to enhance healing and eliminate non-compliance problems.
- Participated in evidence-based practice project implementation, nursing competency development and nursing simulation activities.
- Equipped patients with tools and knowledge needed for speedy and sustained recovery.

REFEREES

Tenjiwe Ncube
Staff Nurse,
Hartley Ward, East
Lancashire NHS
Trust, UK.
Tenjiwe.ncube@elht.
nhs.uk
+447428181238

Franklin Cynthia
Ulunma
Assistant Chief
Nursing Officer,
Federal Medical
Centre, Owerri,
Imo State Nigeria
Cynthiafanklin70@g
mail.com