

CHIMEZIE ARTHUR NWOSU

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PROFESSIONAL SUMMARY

Results-driven Care Support Worker with 2 years of experience in delivering compassionate care and companionship. Leveraging expertise in team collaboration, mental health, and patient-centered care to drive exceptional outcomes. Dedicated to fostering a supportive environment that prioritizes individual well-being and growth. A compassionate and proactive professional committed to continuous learning, excellence, and making a positive impact in the lives of others.

WORK HISTORY

Support worker, 02/2024 - Current
Sunrise Mental Health Ltd.
65 Eglinton Rd, London SE18 3SL

Duties

- Support residents with their personal care which includes getting dressed, washing, and eating
- Provides residents with company; chatting, sharing news and discussing their interests often.
- Provides information to family members regarding residents care plan
- Ensuring that the resident's needs and wishes are met.
- Working with other health and social care professionals to provide holistic care to residents with Dementia and other mental conditions.
- Recording and reporting essential information in the residents' daily reports accurately and immediately (communication systems, care and health monitoring, accident and incident reports)
- Administering medication under supervision (as detailed in individual medication administration record)

Support Worker, 02/2022 - 06/2024

Aphek Ltd, 58 Plumstead Common Rd. London.

Support young adults with mental health conditions to carry out activities of daily living.

Other key Responsibilities:

- Observe and report changes in the client's physical, mental health and behaviour.
 - Provide care and support for clients as planned in the multi-team meeting.
 - Provide escort duties to the client under the direction of the line manger. e.g.: Oral therapy and CPA appointments and shopping needs.
 - Act as a key worker to a designated service user.
 - Frequently administer medication as prescribed to the service user.
 - Undertake prescribed physical observation as monthly weight check, blood pressure check.
 - Participate in all aspects of domestic life at the care home e.g. cleaning, shopping, laundry, and cooking.
 - Record appointments and follow up on such duty.
 - Assist in the collection of data for the service user's care plan and service performance.
 - Supporting service users to maintain relationships with the community and pursue social interest.
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- Gently encouraging residents to get involved with recreational activities and hobbies
 - Giving feedback to health and social care professionals
 - Assessed service user by engaging on 1-1 sessions and documented information for records and analysis.

Support Worker, 01/2021 - Current

Pieta Hospital and Maternity

12 Nwaziki Close, Odoakpu Anambra State Nigeria.

- Provided compassionate care and support to patients.
- Turned bedridden patients to avoid bedsores.
- Supported patients through personal care tasks such as toileting, showering and feeding, maintaining sensitivity to needs and ensuring comfort, dignity and safety throughout.
- Maintained hygiene standards, cleaning and clearing patient rooms according to ward protocol.
- Prioritised patient welfare, providing comfort, reassurance and support to reduce anxiety and distress.
- Recorded clinical observations in electronic health record and reported observed changes to senior clinical staff.

Production supervisor, 11/2010 - 12/2020

Imperial Chems Ltd, Owerri, Nigeria

- Managed operations and coordinated logistical processes.
- Supervised production schedules and production quality for timely delivery

- Reviewed production issues and implemented corrective action plans, enhancing operational efficiency.
- Improved efficiency and productivity by eliminating waste and production constraints.
- Enforced health and safety requirements for worker protection, keeping accidents and company liability at minimum.
- Oversaw continuous improvement initiatives to drive gains in quality, flow and output.
Maintained clean, organised working areas to create positive, productive environments with minimal risk

EDUCATION

Senior School Leaving Certificate

St Augustine's Grammar School -

Bachelors Degree Industrial Chemistry

Enugu State University of Science And Technology

OTHER CARE TRAINING

PMVA and Breakaway Refresher Course, 05/2023 - 05/2023

Care Force

PICA DISORDER AWARENESS, 05/2023 - 05/2023

Fortify Training Services

Care Skills Academy

Food safety, Equality and diversity, Infection control, Fire Health safety, First aid awareness training, Mental needs, Duty of Care, Autism, Behaviours That Challenge. Equality, Diversity and Inclusion, Health and Safety, Medication Practice, Medication Practice, Dignity in Care, Mental Capacity Act and DOLS, Safeguarding and Protection of Adults, Learning Disability, etc.

Learning Disability & Autism Awareness Oliver McGowon, 07/2023

Fortify Training Services

PERSONAL INFORMATION

Title: SUPPORT WORKER

SKILLS

- Communication Skills
- Problem Solving

- Healthcare Support
- Teamwork
- Mental Health
- Patient Safety
- First Aid
- Elderly care
- Dementia care
- Medication Administration
- Patient-centred care
- Mental health support
- Activities of Daily Living
- Safeguarding knowledge

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References available upon request