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# CHIPO CHIMANYIWA

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**Nationality:** Zimbabwean

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## PROFESSIONAL SUMMARY

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Compassionate Care Assistant experienced in assisting disabled ,autistic and elderly patients in their homes or at care facilities. Expertly prepared meals, ran errands, administered medication and provided companionship. Excellent physical fitness and stamina. Dedicated to promoting the health and welfare of clients.

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## SKILLS

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- Excellent problem solving skills.
- Good interpersonal skills.
- Active listening and good communication skills.
- Critical thinking.
- Self-motivated.
- Flexible and dependable.
- Good interpersonal skills
- Risk assessment
- Bathing and grooming assistance
- Medication administration
- Care plan assessment
- Person-centred planning

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## WORK HISTORY

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**Healthcare Assistant**, 12/2022 - Current

**4Passion Care Limited** - United Kingdom

- Helping service users to consistently meet nutritional needs, providing eating encouragement and support to prevent malnutrition
- Establishing turning and repositioning routine for bedridden service users that led to reduction in 80% reported bedsores
- Operating bed hoists and transfer boards to assist service users with daily routines
- Administering medication with rigorous planning and recordkeeping on MAR sheet
- Observing and documenting vital signs, promptly reporting abnormalities for monitoring
- Documenting and reporting service user care data into electronic charts with 100% accuracy
- Delivering practical and emotional support to service users and caregivers, enhancing quality care provisions
- Maintaining a safe and clean working environment for service users and employees, adhering to infection-control, hazardous waste and other policies and protocols across all tasks
- Providing incontinence care and bed baths, maintaining 100% user dignity at all times
- Carrying out safe, secure manual handling, promoting independence whilst assisting service users with mobility
- Using assessment findings to action necessary care plan adaptations
- Avoiding negative drug interactions through 100% accurate medication reminders
- Creating positive relationships with service users through practical support and companionship, improving overall quality of life.

**Support Worker**, 06/2022 - Current

**Destiny Integrated Care**

- Assisting users with disabilities and special needs to maintain access for all participants.
- Supporting service users with learning disabilities and autistic spectrum disorders with person-centred approach.
- Safeguarding service user confidentiality, respect and privacy related to services and records management.
- Controlling and administering medication, establishing reminders to ensure 100% on-time intake.
- Helping service user to consistently meet nutritional needs, providing eating encouragement and support to prevent malnutrition.

- Documenting and reporting service user care data into electronic charts with 100% accuracy.
- Assisting with personal care activities such as washing and dressing, consistently promoting positive health and hygiene.

**Live-In Carer/ Domestic Assistant, 05/2019 - 11/2022**

**Chronic Home Care**

- Provided on-call assistance to elderly care client 24/7.
- Administered medication with rigorous planning and recordkeeping.
- Cleaned the guest room, sitting room , dining room, laundry rooms, hallways and restrooms
- Performed routine kitchen and dining room tasks
- Managed cleaning equipment such as the cleaner and washer.
- Disclosed any damaged equipment to the property owners and made any necessary fixes to the structure of the building
- Purchased groceries and ensured they were correctly stocked
- Made nutritious meals for the patient and family
- Assisted client with daily household cleaning, laundry and food preparation.
- Observed and documented vital signs, promptly reporting abnormalities for monitoring.

**Domestic Worker, 01/1997 - 04/2019**

**Private Residences**

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EDUCATION

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**Mandatory Courses Completed**

**e-Learning**

**Nurse Aide Certificate**

**Greenlight International**

**GCSEs( O Level), 1996**

**High School - Zimbabwe**

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ADDITIONAL INFORMATION

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- Right to work
- References upon request

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LANGUAGES

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**English**

Advanced

**Shona**

Native