

# CYNTHIA AKINTUNDE

07770489472 - cakintunde@gmail.com

## PROFESSIONAL SUMMARY

---

A healthcare assistant, certified phlebotomist and Physician Assistant with 6 years of experience in medical and health practice. I have worked in various units in six different hospitals and medical facilities including community care. I am well adapted to several medical emergency protocols and medical processes in fast-paced and very dynamic medical environments.

## WORK HISTORY

---

08/2023 - Current

### Healthcare Assistant

**Apollo Homecare Limited** - Blackburn, Lancashire

- Completed care documentation and monitored patient progress to achieve up-to-date records.
- Thoroughly sterilised and sanitised clinical equipment and accessories.
- Assisted in all aspects of personal care, retaining comfort and dignity.
- Safely and securely transported service using hoists and wheelchairs.
- Supported bed-ridden patients through regular repositioning and chair-based exercise, helping to prevent sores, joint degeneration and blood clotting.

06/2023 - 06/2024

### Care worker

**Cera Care** - Darwen, Lancashire

- Aided in bathing, dressing and continence support.
- Performed range of motion exercises, supporting improved service user health and fitness.
- Administered medication with rigorous planning and recordkeeping.
- Provided personal hygiene assistance, consistently promoting comfort, dignity and respect.
- Prepared healthy meals with additional mealtime planning, feeding and support.

01/2021 - 12/2022

### Physician Assistant

**Jubail Specialist Hospital** - Sakumono, Ghana

- Assisted in the execution of the following surgical procedures: Myomectomy, C/S Deliveries, and Appendectomy
- Ordered and analysed diagnostic tests and imaging to provide patient data and inform treatment.
- Provided medical information, recommendations, and options on a particular

course of action Documenting patient care services by charting in patient and department records

- Collected blood samples, selecting appropriate vacutainer tubes, syringes and needles for collection.
- Administered medications in line with strict instructions of medical professional.

01/2019 - 01/2021 **Physician Assistant**

**37 Military Hospital - Accra, Ghana**

- Assessed patient health through interviews, performing physical and general examinations
- Implemented physician directives, and monitored and evaluated patient recovery process
- Identified abnormal conditions by administering and ordering diagnostic tests, such as x-rays, electrocardiograms, and laboratory studies; interpreting test results.
- Managed high-volume caseload of daily patients, managing acute and critical needs with efficiency and accuracy.
- Sent prescription information to pharmacies to instruct provision of medications as outlined by medical professionals.

01/2018 - 01/2019 **Physician assistant intern**

**Volta River Authority Hospital - Akosombo, Ghana**

- Promoted patient health by providing medical services under the supervision of a physician.
- Sterilised instruments and disposed of contaminated supplies in line with safety procedure to reduce risk of transmission.
- Collect biological samples and prepared them for laboratory testing.
- Gave patient injections and removed stitches to promote healing.
- Completed basic administrative and clinical tasks to relieve medical professionals of busy workload.

## SKILLS

---

- |                              |  |
|------------------------------|--|
| • Phlebotomy and Cannulation | • Medication Administration            |
| • Catheterisation            | • Tracheostomy care                    |
| • Specimen collection        | • Gastroenterology (PEG)and Stoma care |
| • Dementia care              |  |

## EDUCATION

---

2024

**Level 3 Phlebotomy and Cannulation**  
**Grammartorial Education - London, England**

Current

**NVQ Level 3: Health and Social Care**

**Grammartorial Education** - London, England

2018            **BSc: Physician Assistantship**  
**Radford University College** - Ghana

2012            **WASSCE: General Science**  
**Nkwanta Senior High School** - Ghana

**CERTIFICATIONS AND LICENSES** \_\_\_\_\_

Certified Phlebotomist From Grammartorial Education-UK

**REFERENCES** \_\_\_\_\_

References available upon request.