

# DIVINE DANIEL OGOUN

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## PROFILE

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Enthusiastic individual dedicated to delivering compassion, accessible support. Strong relationship-building skills and emotional intelligence, skilled in monitoring and addressing needs for clients, coordinating appointments and managing household task. Evaluates wellness and provides care and companionship. Promotes dignity, respect and independence with caring ADL management

## SKILLS

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- Compassionate care giver.
- Communication skills.
- Elderly care.
- Patience: maintained a calm demeanor in the face of challenging behaviors Activities of Daily Living.
- Meal preparation.
- Medication administration.
- Teamwork and collaboration.
- Observation and reporting.
- Time management and organization
- Empathy and compassion.
- Personal care.
- Safeguarding.
- Health assessment and monitoring.
- Exceptional communicator Disability care.
- Housekeeping.
- Strong Presentation skills and public speaking abilities Strong analytical, problem-solving, and decision- making capabilities.
- Autism, Learning disability, and challenging behavior confidence.
- Conflict Resolution.
- Continuous learning.

## PROFESSIONAL EXPERIENCE

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### SUPPORT WORKER

#### *NEW HORIZON HEALTHCARE SERVICES LTD*

10/2023 – 06/2024

33Grosvenor Road  
Wrexham United  
Kingdom

- Administered medication according to prescribed schedules and documented dosage.
- Assisted clients with mobility issues, including transferring from bed to wheelchair and vice versa.
- Prepared nutritious meals and assisted with feeding if necessary, adhering to any dietary restrictions.
- Supported clients with household tasks such as light cleaning, laundry, and meal preparation.
- Engaged clients in social activities and encouraged participation in hobbies or recreational pursuits.
- Monitored and recorded clients' vital signs and reported any changes or concerns to supervisory staff.
- Offered emotional support and companionship, actively listening to clients' concerns and providing reassurance.
- Accompanied clients to medical appointments or community outings as needed.
- Maintained accurate documentation of daily activities, care provided, and any significant events or observations.

### HEALTHCARE ASSISTANT (VOLUNTEER)

#### *FEDERAL MEDICAL CENTER*

2022 - 2023

BAYELSA, NIGERIA

- Helped patients slowly develop more self-care abilities, allowing them to live more independent lives.
- Treated patients with dignity and respect at all times.
- Promoted the well-being of patients by implementing the highest quality care possible.

- Assisted patients with daily tasks, including all care assistance such as personal care, daily routines, and social activity support.
- Encouraged independence by helping patients to develop and strengthen skills allowing them to engage in more self-care.
- Ensured accurate record-keeping at all times and communicated with the supervisor regarding progress, events, and concerns.
- Documented patient care activities and observations accurately and in a timely manner.
- Collaborated with interdisciplinary healthcare teams to develop and implement care plans.
- Participated in patient education initiatives, providing information on disease management and healthy lifestyle practices.
- Maintained a clean and safe environment for patients and staff members.

#### **HEALTHCARE ASSISTANT/SUPPORT WORKER**

##### ***LIOUS CARE HOME***

**2021 – 2022**

**BAYELSA, NIGERIA**

- Aided service users in everyday activities, such as washing and dressing, ensuring constant safety and effective care.
- Vigilantly monitored changes in physical and mental health, reporting deterioration to senior carers for urgent attention.
- Met with patients and families to discuss care plan adaptations, seeking continual improvement.
- Safely escorted patients during medical appointments and hospital visits.
- Worked closely with nurses to maintain high levels of communication.
- Completed care documentation and monitored patient progress to achieve up-to-date records
- Demonstrated consistent respect and privacy for care users, maintaining dignity irrespective of circumstance.
- Delivered high-quality, dedicated care to clients with disability, consistently achieving individual care plan objectives
- Treated patients with dignity and respect at all times.

#### **HEALTHCARE ASSISTANT (VOLUNTEER)**

##### ***ST PETERS HOSPITAL***

**2019 – 2020**

**BAYELSA, NIGERIA**

Created lifestyle plans for adults with disabilities, working in partnership with associated care colleagues and agencies.

- Assisted in administering medication in accordance with written plans created by healthcare providers.
- Ensuring client needs are met at all times.
- Good interactions with clients by studying and understanding their situation and support by providing their needs.
- Identify and investigate health issues and hazards in the environment.
- Supported doctoral staff and nurses to ensure the provision of high-quality and compassionate care.
- Worked night shifts to help clients

#### **CERTIFICATES**

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**Basic Life Support**

**Food Hygiene in Care**

**Safeguarding Adults Level 1 & 2**

**Inner Wellness Gratitude**

**Mental Health Awareness**

**Health, Safety and Welfare in Care**

**Safeguarding Adults  
Level 3**

**Safeguarding Children  
Level 3**

**Dementia Awareness**

**Care Certificate Experience**

**Moving and Handling People**

**Learning Disabilities  
and Autism Awareness**

**Bowel Care and Management**

**Epilepsy & Seizure Management**

**Medication administration**

**COSHH**

**Duty of Candor**

**Action Counter Terrorism**

**Infection Prevention and  
Control**

**Prevention and management  
of Violence and Aggression  
(PMVA)**

**Care Certificate standard 1 to  
15**

## **EDUCATION**

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**HND IN COMPUTER  
SCIENCE**  
*Federal Polytechnic Ekowe*

**2012 – 2021**  
**Bayelsa,**  
**Nigeria.**

## **REFERENCES**

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**New Horizon Healthcare Service Ltd**  
.Stevens@newhorizonhealthcareltd.co.uk

**Lious Care Homes**  
lioucarehomes.co