

DORCAS NYAMBURA

CB4 1TU 7 grassy corner ,Cambridge

Email: mourynsandy96@gmail.com

Tel: +447741741753

Professional profile

‘A dedicated support worker with expertise in the maintaining the health, safety and development of geriatric patients with complex health care needs’. With extensive knowledge of health care service and highly experienced in the delivery of individual care plan whilst working in conjunction with community and authority teams. Demonstrates strong leadership qualities with the ability to conduct and supervise the provision of safe and compassionate care, and evaluate care effectiveness. Acts with integrity and in the best interest of patients while ensuring compliance with trust policies and Kenyan medical guidelines to promote ward efficiency and the delivery of operational excellence.

QUALIFICATIONS

- Total of 2 years working experience as a support worker
- Certificate in care.
- Bachelor in Education Arts
- Diploma in Education Arts
- Health and Safety Essential
- Basic life support(BLS)
- Food Safety and Hygiene
- Advanced trauma managements
- Allergy and food intolerance

Exposure to:

- AED
- Community Outreaches
- kenyan Health System
- Acute Inpatient Rehabilitation Care
- ECG 12 Leads
- Electronic Medical Records
- Kleenmed N.G.O

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Core skills

- Geriatric care
- Patient care
- Adult nursing
- Health promotion
- Infection control
- ward management
- Communication skills
- Clinical leadership
- Medical procedures

January 2019– 2022

Hospital ● Reale Hospital

Position ● Care Assistant

Experience ● 4years working experience

WARD: Accident and Emergency/ Covid19 treatment Centre

Outline

Managing a 60 bedded ward as a full time, flexible senior staff nurse and providing care to range of patients with covid-19 patients, acute conditions and chronic conditions.

Key Responsibilities:

- ✓ Triage patients based on level of injury and illness
- ✓ Create and maintain incoming patient records
- ✓ Collaborate with Doctors and emergency staffs in the assessment, planning and implementation of patient treatment
- ✓ Monitor patients and identify issues
- ✓ Prepare progress note and update patient's chart
- ✓ Start intravenous lines and administer medications and fluids

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- ✓ Assist with burns treatment and wound care
- ✓ Assist in intubation and ventilation of patients
- ✓ Help transfer patient to theatre, imaging centers and stable patients to various wards
- ✓ Perform specific tasks as assigned by physician's written orders
- ✓ Adhere to proper safety and sterilization protocols to ensure proper infection control
- ✓ I performed chest compression and artificial ventilation.
- ✓ I operated manual defibrillator during resuscitation.

Career summary

JANUARY 2017 – December 2018

Hospitals • Eldoret hospital

Position • Ward Assistant

Experience • one year working experience at female Ward (MEDICAL AND SURGICAL)

Outline

Delivering exemplary care within a 50-bedded ward to elderly patients presented with acute to chronic health problems.

Key Responsibilities:

- ✓ Create and maintain incoming patient records
- ✓ Collaborate with Doctors and emergency staffs in the assessment, planning and

implementation of patient treatment

Monitor patients and identify issues

I form caring relationships and respect the client's dignity and rights at all times.

I encourage participation in all aspects of the service, including the organisation of individual and group activities.

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I assist users of the service in claiming welfare benefits, as appropriate, and seek to maximise funding.

I assist service users in maintaining a reasonable standard of health and safety in their accommodation and promote awareness of these issues.

I assist in keeping the accommodation in good condition and promoting a reasonable standard of domestic management.

I promote advice on housing needs and rights and assist service users when moving, if appropriate

I sensitively offer support with self-care, offering advice as appropriate.

I respond appropriately to any situation of abuse and self-neglect.

I support service users to access local services in the community including activities and Supported Housing.

I use support agreements, to provide an overall service of support, advice, and advocacy in a way that develops personal choice and autonomy.

I keep all client records (both IT-based and written) up to date, ensuring that they are written.

I perform the role with integrity and professionalism.

I act as an advocate for service users e.g. on welfare rights issues, attending case conferences, helping to resolve disputes, assisting in negotiations with housing providers etc.

I Research and maintain awareness of a wide range of services and opportunities which may interest users of the service

Where appropriate, I assist service users in selecting and accessing resources such as legal services, training and employment opportunities, leisure and educational services health services and expert welfare advice rights.

Prepare progress note and update patients chart

Start intravenous lines and administer medications and fluids

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Assist in intubation and ventilation of patients Practices comprehensive nursing care in accordance with professional values and moral principles and maintains confidentiality as appropriate.

Seminars/Conferences Attended

- Diabetes management
- Nursing Process a tool for evidence based practice
- Covid-19 training for front liners
- Covid-19 the way forward
- Basic life support: Adult CPR, Bag-mask and rescuer CPR, Defibrillation and Choking infant.
- Advanced Cardiac Life Support ACLS (01/2021)

ACHIEVEMENTS

- Best Covid-19 Staff (2020-2021) at moi and teaching referral hospital, covid-19 treatment center.
- Best science and mathematics student (2013) at The Hill High School .

INSTITUTION

PROGRAM

- | | |
|---|----------------------------|
| ● University of Eastern Africa, Baraton | Bachelor of Education Arts |
| ● moi university | bachelor of Education Art |
| ● Kenya Medical Teaching College | certificate in nursing |

References

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