

EDWARD ASARE APPIAH

HEALTHCARE SUPPORT WORKER

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A 29 REGENT ROAD
STOKE-ON-TRENT

P ST1 3BT

FULL UK DRIVING LICENCE

OBJECTIVE

I am a dedicated and compassionate health care assistant with a passion for enhancing the quality of life for individuals in need of support. I am seeking a position where I can apply my empathy, patience and excellent interpersonal skills to provide quality standards of care as well as foster a positive and supportive environment for those I serve.

SUMMARY

- A compassionate and dedicated healthcare support worker with experience in providing care to clients with diverse healthcare needs.
- Competent in the use of verbal support to de-escalate situation, PMVA, administering medication, monitoring and recording daily activities of clients as well as providing service users with appropriate moral support.
- Able to work effectively and efficiently as a team player as well as independently with little or no supervision.
- Always strive for excellence in providing person-centered care.

EXPERIENCE

COMPANION FOR CARE SERVICES LIMITED, LEEK. STAFFORDSHIRE

HEALTHCARE ASSISTANT

JANUARY 2023–PRESENT

- Support clients to live as independently as possible by providing quality standards of care.
- Provides one-on-one support to individuals with autism, learning difficulties, dementia and ADHD in both residential and community settings
- Driving clients to college and medical appointments
- Driving clients to shops for their shopping and other places of interest as required by their care plan
- Assist with clients' daily living activities (shopping list, menu, and meal preparation, shopping) according to their care plan.
- Documenting and maintaining accurate records of care provided and observing changes in clients' health.
- Administering and recording of prescribed medications
- Support clients using verbal de-escalation when necessary
- Support client physical, cultural, emotional, and social needs in a

KEY SKILLS

- DEMONSTRATED ABILITY TO PROVIDE EMOTIONAL SUPPORT AND DE-ESCALATE SITUATIONS.
- EXPERIENCED IN SUPPORTING DAILY LIVING ACTIVITIES
- EXCELLENT OBSERVATION AND DOCUMENTATION SKILLS
- DEMONSTRATED CULTURAL COMPETENCY AND ABILITY TO PROVIDE PERSON-CENTERED CARE.
- PROFICIENT IN ADMINISTERING MEDICATION AND KEEPING ACCURATE RECORDS.

ONLINE COURSES

[FLEXEBEE TRAINING ACADEMY](#)

[GREY MATTER TRAINING](#)

[ProTrainings](#)

DECEMBER 2023

- RISK ASSESSMENT AWARENESS
- MEDICATION AWARENESS
- PRESSURE SORE AWARENESS
- PERSON CENTRED CARE
- DUTY OF CARE
- CATHETERISATION AWARENESS
- DUTY OF CONDOUR
- EQUALITY, DIVERSITY AND HUMAN RIGHTS
- CARE PLANNING
- GDPR AWARENESS
- MANAGING CHALLENGING BEHAVIOUR
- COMMUNICATION AND RECORD KEEPING
- DIET AND NUTRITION
- CARE CERTIFICATE
- FIRST AID ESSENTIALS
- PEG FEEDING

person-centered way.

- Provide emotional and physical support for clients by encouraging active indoor and outdoor activities
- Observe and support clients' dignity, privacy, choice and rights.
- Maintain professional relationship with clients and relevant stake holders (Family, Doctors and social workers)
- Adhering to infection control procedures and maintain a focus on clients well-being.

HEATHFIELDS CARE LTD, UK

CARE ASSISTANT

Mar 2022- Dec 2022

- Perform administrative duties like keeping vaccination records, daily notes and updating medication supply charts.
- Delivered person-centered support to individuals with diverse needs, including disability and mental health challenges.
- Monitored and administered medications according to individual care plans.
- Collaborated with healthcare professionals and family members to address patients evolving needs.
- Proper monitoring and documentation of client daily activities and health status.

FEDOS ENGINEERING AND CONSTRUCTIONS LTD, KUMASI GHANA

SAFETY PERSONNEL

SEP 2012- Nov 2021

- Keeping Records And Distribution Of Ppe
- Educating Workers On The Use Of Ppe
- Resolving Of Customer Issues
- Other Administrative Work

UNIVERSITY OF GHANA PUBLIC AFFAIRS DIRECTORATE, ACCRA GHANA

NATIONAL SERVICE PERSONNEL

Aug 2011 – Aug 2012

- Accounts keeping
- Invigilation Assistance
- Preparation of financial statements
- Other Administrative work

HOLY CHILD PREPERATORY SCHOOL, OBUASI GHANA

CLASS TEACHER

Jun 2006-Jun 2007

- Preparation of Lesson Notes
- Teaching of Students
- Assessing performance of Students
- Monitoring and Ensuring the Wellbeing of Students

- YOUR HEALTH CAREER AND PROFESSIONAL DEVELOPMENT
- WHISTLEBLOWING
- PERSONAL CARE AWARENESS
- CORONAVIRUS IN HEALTH AND SOCIAL CARE
- SALT(SPEECH AND LANGUAGE THERAPY)
- AUTISTIC SPECTRUM CONDITION(ASC) AWARENESS
- THE USE OF PPE
- FIRE SAFETY
- COMPLAINTS HANDLING AWARENESS
- COSHH AWARENESS
- FOOD SAFETY LEVEL 2
- FOOD SAFETY LEVEL 3
- RIDDOR AWARENESS
- DISABILITY AWARENESS
- LEARNING DISABILITY AWARENESS
- CONFLICT RESOLUTION
- LONE WORKING
- MOVING AND HANDLING OF PEOPLE AWARENESS
- DEMENTIA CARE
- SAFEGUARDING OF ADULTS AWARENESS
- SAFEGUARDING OF CHILDREN AWARENESS
- MENTAL CAPACITY ACT AND DEPRIVATION OF LIBERTIES AWARENESS
- MANUAL HANDLING OF INANIMATE OBJECTS AWARENESS
- MANAGING PEOPLE AWARENESS
- DIGNITY, PRIVACY AND RESPECT
- DIABETES AWARENESS
- HEALTH AND SAFETY AWARENESS
- INFECTION PREVENTION AND CONTROL AWARENESS
- MENTAL HEALTH AWARENESS
- CORONAVIRUS AWARENESS AND INFECTION CONTROL
- EPILEPSY AWARENESS
- TIME MANAGEMENT
- PALLIATIVE AND END OF LIFE CARE

CAREFORCE TRAININGS LIMITED

MANDATORY TRAINING

JANUARY 2022

- PREVENTION AND MANAGEMENT OF VIOLENT AGGRESSION(PMVA)
- BASIC LIFE SUPPORT (ADULT & PAEDIATRICS)
- MOVING AND HANDLING (LOADS & PEOPLE)

EDUCATION

UNIVERSITY OF GHANA, ACCRA GHANA

Aug 2007 – Jun 2011

Ba Economics And History

ST AUGUSTINE'S COLLEGE, CAPE COAST GHANA

Aug 2003-May 2006

West Africa Senior Secondary Certificate Examination

TRAINING AND LICENCES

- Clean Full UK driver's License and a personal car.
- Positive Behaviour Support (Webinar- Staffordshire County Council)
- Mandatory Training – Basic Life Support, Moving and Handling, Fire Safety and Infection Control (Care Force, Uk)
- PMVA and Breakaway Refresher Course using GSA Techniques (Care Force, Uk)
- Mandatory Care Trainings Completed

SKILLS

- Compassionate and empathetic approach
- Excellent interpersonal and communication skills
- Ability to adapt to different care requirements
- Proficient in providing personal care and assistance with daily activities
- Client centred approach
- Reliable and trustworthy, maintaining confidentiality and respectful
- Medication administration.
- Excellent Driving ability.

- COSHH, RIDDOR, LIGATURES(KINIFE), HEALTH & SAFETY
 - DEMENTIA AND EPILEPSY AWARENESS, OBSERVATIONS
 - EQUALITY AND DIVERSITY, DEPRIVATION OF LIBERTY(DOLS)
 - FIRE SAFETY AND FIRE MARSHAL, COUNTER FRAUD
 - FOOD HYGIENE, COVID AWARENESS, NEWS 2
 - GDPR AWARENESS, INFORMATION GOVERNANCE
 - INFECTION CONTROL, NUTRITION & FLUIDS
 - MEDICATION AWARENESS, MENTAL CAPACITY ACT
 - SAFEGUARDING ADULTS AT RISK (LEVEL 1,2 & 3)
 - SAFEGUARDING CHILDREN AND YOUNG PEOPLE (LEVEL 1,2 & 3)
 - UNDERSTANDING YOUR ROLE
 - PERSONAL DEVELOPMENT PLAN & DUTY OF CARE, SEPSIS AWARENESS
 - WHISTLEBLOWING, PREVENTING RADICALISATION
 - MENTAL HEALTH, LEARNING DISABILITY & STRESS AWARENESS.
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REFERENCES

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