

ELIZABETH WILLIAMS

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SUMMARY

Highly motivated and compassionate Healthcare Assistant with a strong foundation in medical science and a passion for providing exceptional care to patients. Possesses a blend of medical laboratory science background and hands-on experience as a care assistant, ensuring a comprehensive understanding of patient needs. Skilled in communication, time management, and organization, fostering a positive and supportive environment for clients. Eager to contribute to a healthcare team in Canada and leverage skills to improve the lives of patients.

EDUCATION

- **University of Derby, Kedleston Road, Derby, UK (Expected July 2024)**
 - Master of Science in Biomedical Health
 - **College of Medicine, University of Lagos (LUTH), Lagos, Nigeria (2016)**
 - Bachelor of Science in Medical Laboratory Science
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PROFESSIONAL EXPERIENCE

Support Worker | Real Life Support, Derby, UK | January 2023 - Present

- Provide support to individuals with disabilities, promoting independence and enhancing their overall quality of life through tailored care and assistance.
- Assist with daily living activities, facilitate transportation to social events, and community activities, encouraging social interaction and community involvement.
- Develop and implement individualized care plans in collaboration with clients, their families, and healthcare professionals, ensuring a holistic and person-centered approach to care.

- Offer emotional support and companionship, helping to build trusting relationships and promote mental well-being.

Healthcare Assistant | Lovicare Agency, Lagos, Nigeria | September 2022 - December 2022

- Provided personalized care and assistance to clients in their homes, ensuring their comfort, safety, and well-being through attentive and compassionate service.
- Developed strong relationships with clients, actively listening to their needs and preferences to deliver tailored and respectful care.
- Assisted with daily living activities such as bathing, dressing, meal preparation, and medication management.
- Monitored vital signs and promptly reported any changes or concerns to healthcare professionals, ensuring timely and appropriate medical intervention.
- Maintained accurate and detailed client records, ensuring clear communication and continuity of care among healthcare team members.

VOLUNTEER EXPERIENCE

Ministry of Health, Abeokuta, Nigeria | Rapid Response Team - COVID-19 | 2019

- Assisted healthcare professionals with patient care and community outreach initiatives during the COVID-19 pandemic.
- Engaged in community health education, providing essential information on COVID-19 prevention, symptoms, and treatment to the public.
- Supported the distribution of health resources and materials, ensuring communities had access to necessary supplies and information.

SKILLS

- **Clinical Skills:** Basic medical knowledge, vital signs monitoring, medication management, infection control.
- **Caregiving Skills:** Personal care assistance, meal preparation, light housekeeping, emotional support.
- **Communication Skills:** Excellent verbal and written communication, active listening, building rapport with clients.

- **Organizational Skills:** Time management, prioritization, record keeping, attention to detail.
 - **Teamwork:** Collaborative, adaptable, and willing to learn from others.
 - **Computer Skills:** Proficient in Microsoft Office Suite.
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ADDITIONAL QUALIFICATIONS

- **Certificate in Manual Handling and Risk Assessment (March 2024, London)**
 - **Certificate in Support Planning and Risk Assessment (May 2024, London)**
 - **Certification in First Aid (February 2022, Nigeria)**
 - **Certificate in Data Science (June 2022, Nigeria)**
 - **Certificate in Scrum (Microsoft) (March 2021, Nigeria)**
 - **Grade 1 in Music (ABRSM) (September 2021, Nigeria)**
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PROFESSIONAL ASSOCIATIONS

- **Member of the Association of Medical Laboratory Scientists of Nigeria (AMLSN)**
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INTERESTS

Driving, Cooking, Reading, and Making Music.

REFERENCES

Available upon request.