

# FATIMOH OMOTUNRAYO AZEEZ

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I am a focused, compassionate, empathic Health care assistant and support care provider, with strong leadership and relationship-building skills, with experience in providing solutions to health care in both residential, nursing, respite and Dementia. I have Solid understanding of managed care with vulnerable adults to help them live their lives to the full. I have experience to managed care and support with youth with emotional and challenging behavior. I have worked in nursing homes, residential homes, Dementia homes, autism and learning disability homes. I know what it means to keep patient record, carry out 1-1 observations effectively, create a friendly atmosphere, work under the instruction of the staff nurse, Team leader, and my manager. I record my patient care on day-to-day basis. I am passionate about providing a high standard of care and support to service users which enable them to live in an environment that encourages positive relationship, mutual respect, trust and consideration for others.

## CORE COMPETENCIES

Compassionate, Care giving, interacting with people, Microsoft office, Problem solving, Passionate about helping people, Communication, Active listening, Empathic, Flexible, Presentation and reporting, Teamwork, Interpersonal and social skills, Client relation, Reliable and Time management.

## EXPERIENCES AND ACHIEVEMENTS

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### **Arcadia Nursing HEALTHCARE LTD    JUNE2024- TILL PRESENT**

Assisting patients with activities of daily living such as bathing, dressing, toileting, and feeding.

Also provide mobility assistance and help patients in maintaining personal hygiene.

Maintaining accurate and up-to-date patient records, including observations, care provided, and any changes in the patient's condition.

Ensuring the safety and security of patients by monitoring their environment, identifying potential hazards, and taking appropriate measures to prevent accidents or incidents.

Providing emotional support and reassurance to patients and their families, addressing their concerns, and promoting a compassionate and empathetic approach to patient care.

**Principal Personnel Healthcare Ltd**

**MARCH2022- JUNE 2024**

To wash and dress patients.

To serve meals and help to feed patients.

To make patients feel comfortable.

To monitor patients' conditions by taking temperature, pulse respirations and weight.

**Havana Care Service Ltd**

**JANUARY2023 – NOV2023**

Provide excellent care and support to resident when needed.

Provision of emotional, social and cultural support to vulnerable youth and aiding in their development of practical skills to navigate day to day lifestyle.

Built and maintained trusting rapport with children fostering trust and communication.

Carry out a 1-1 observation and various levels of observations for service users in general.

Creating a friendly atmosphere and helping them to fulfill their daily task.

Observing any mood changes at any point in time and filling out the ABC chart.

Safeguarding: Protect the client from significant harm, abuse or neglect.

**CHILD LIBERTY HEALTHCARE LTD**

**FEB 2020 - March 2022.**

Provides professional and friendly services to aid independence and improve quality of life for service users.

Always ensure safety.

Ensure that mechanical devices are in good form before and after use.

Provide care in respect to care plan.

**LAGOS STATE TEACHING HOSPITAL**

**JAN 2018- JAN2020**

Following strict infection control protocols, including proper hand hygiene, wearing personal protective equipment (PPE), and maintaining a clean and sanitized environment to prevent the spread of infections.

Working under the supervision of a registered Nurse/ Midwife

Communicating with patients, families and other professional healthcare.

Maintaining accurate records and reports

## **EDUCATION**

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### **UNIVERSITY OF PORTSMOUTH**

M.A in Applied Linguistics and TESOL (2023)

### **KWARA STATE UNIVERSITY MALETE, NIGERIA**

B.A in Linguistics (2018)

### **GOVERNMENT COLLEGE IKOYI, LAGOS STATE, NIGERIA**

Secondary school certificate examination (2013)

### **CARE CERTIFICATIONS.**

Health and Social Care Level 3 Diploma

Classroom 15 Standard of Care

Basic Life Support

Moving and handling

Safeguarding Adult

Safeguarding Children

Safeguarding Adult Level 3

Safeguarding Children Level 3

Dementia Awareness

Dementia Skilled

Epilepsy and Seizure Management

Diabetes Awareness

De-escalation

Conflict Resolution

Learning and Disabilities Awareness

First Aids

Mental health awareness

Infection control

Equality and Diversity and Human Rights

Duty of care

Communication

Food hygiene

Personal centered care

Nutrition and hydration

Fire Safety

COSHH

GDPR

Health and Safety

Domestic Abuses'

Behavior of concerns

Inner wellness contemplation