

Faby E

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Compassionate, enthusiastic, and self-motivated professional with progressive experience in delivering high-quality patient-centered care across various healthcare settings, residential housing and in the community. Effective communication with clients, relatives and carers. Assisting with clinical duties, performing physical exam, assisting in surgeries, making hospital rounds, performing assigned tasks, venepuncture, cannulation and removal of IV cannula, Urinary catheterization and bladder scanning, specimens such as Arterial Blood Gas and other clinical task related to specialized areas of work. Working with young people, children with complex needs, learning disabilities, and challenging behaviour. Perform personal care, promoting dignity and respect, ensuring confidentiality, infection prevention and control measures, food hygiene and overall reassurance, comfort and safety. Promoting positive mental/physical/nutritional health with clients. Awaiting information from NMC to convert my Nursing qualifications

- Demonstrated strong clinical skills, including accurate patient assessments,

Work Experience

Senior Carer/Support Worker

Fonjock Social Work Ltd, (FEVACA)-Newmarket

January 2023 to Present

Orchestrated daily operations, including maintaining a clean environment and contributing to young peoples' educational advancement through formal and informal skills, AQA, and house activities, Health and well-being. Collaborate within a team to ensure continuity of care and engage with families to create effective plans tailored to individual needs. Champion clients' rights and needs, offering individualized care with focus on directing their own path in life.

Key Contributions:

- Enabled young people to set personal targets, fostered independence within the community, and promoted an environment for expression of views, needs, and feelings, ensuring confidentiality
- Elevated the overall well-being of young residents in supported housing by

implementing a comprehensive plan of day, conducting rigorous health and safety checks, and developing support plans.

- Established risk assessments, documented incidents, and facilitated individualized care, ensuring dignity and independence.
- Implement detailed daily records and incident reports, fostering effective communication with line managers and team members to enhance overall client support.

Health Care Assistant/Team Leader

Team Carita Care Agency-Chessington

January 2022 to December 2022

- 2023:

Developed and executed personalized plans of the day, encompassing health and safety checks, Live-care, bedtime assistance, and medication administration.

Provided assistance with light household chores, including laundry, meal preparation, and maintaining cleanliness. Delivered live-in care, Respite care, and facilitated welfare walks and individualized outdoor activities. Ensured mobility support for clients and empowered them to make autonomous decisions in their lives

Key Contributions:

- Excelled in tending to clients with challenging behavior and learning disabilities, delivering expert care in tracheostomy and PEG feeding.
- Enhanced quality of life for elderly, disabled, and vulnerable individuals with complex needs through compassionate and tailored Domiciliary care services.
- Collaborated with family members to establish detailed individual care plans, working as key participants in intervention to uphold clients' rights.
- Maintained daily records and incident reports, demonstrating commitment to effective communication and continuous improvement in client care.

Humanitarian Aid Nurse World Health Organisation (WHO), Cameroon 2018 - 2020:

Orchestrated vaccination programmes, ensuring streamlined coordination. Provided expert guidance and counseling, fostering positive patient outcomes. Engaged in radio programmes addressing psychological abnormalities, consolidating impact through insightful discussions.

Senior Nurse

Lead Regional Hospital-Cameroon

January 2020 to December 2022

Delivered psychological first aid, excelling as scrub nurse in major surgeries.

Directed regional technical team for HIV screening activities. Streamlined data management through computer database reports. Assumed pivotal role as nurse in charge of clients grappling with substance addiction, demonstrating compassionate and effective care.

Key Contributions:

- Led physiotherapy initiatives and neonatal care, showcasing dynamic communication skills as nurse in charge.
- Pioneered seminars and workshops on COVID-19 pandemic, ensuring comprehensive facilitation and heightened community awareness.
- Demonstrated leadership as supervisor nurse, coordinating handwashing seminars, and providing unwavering psychosocial and moral support to patients.

Key Contributions:

- Elevated nursing care for elderly and implemented effective maternal and neonatal care, managed deliveries and post-partum procedures.
- Spearheaded information, education, and communication initiatives on endemic diseases, resulting in enhanced community awareness. Led comprehensive case management, prevention, and treatment strategies for endemic diseases, demonstrating adept minor surgery skills.

Education

Bachelor's Degree in Nursing Science in Nursing Science

Catholic University of Cameroon (CATUC), School of Health and Medical Sciences
2021

Higher National Diploma in Psychology

Florence Nightingale Higher Institute of Health and Biomedical Sciences
2018

Skills

- Adept at assessing and addressing individual needs, developing comprehensive care plans, and implementing evidence based practices to optimize patient outcomes, Working with children with complex needs, learning disabilities, and challenging behaviour, Understanding of autism and positive behavioural support, supporting children with complex needs at home and within the community.
- Proficient in assisting with activities of daily living, monitoring vital signs, and fostering a supportive environment that promotes overall health and well-being maintaining confidentiality at all times.
- medication administration, and treatment plan implementation.
- Excel in providing empathetic and personalized support to individuals with diverse medical conditions, supporting children with complex needs at home and within the community, with unique care requirements.

- Developed treatment plans in collaboration with other healthcare professionals administering medication. Monitoring patients' physical and mental health and keeping accurate records. Supervising patients to ensure their safety and performing risk assessments. I have skills on resuscitation, life-saving CPR & Choking, Basic life support, Health and Safety, PMVA (Prevention Management of Violence and Aggression) training. Equality and Diversity, Infection Control, Food/Safety awareness, Safeguarding Adults & Children Level 3, Information Governance- Data Protection, Record Management, Fire Safety, Complaints Handling, Conflict Resolution, Mental Health Act, Moving and Handling Level 2, Consent, Duty of Care, Privacy and Dignity Patient-centered values, good IT skill and IT literate.