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# FAITH CHIMBI

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**Nationality:** Zimbabwean

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## PROFESSIONAL SUMMARY

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Dedicated Support Worker seeks opportunity to support confidence and independence-building in vulnerable people. Attentive, empathetic and compassionate to meet individualised needs. Strong initiative and calm under pressure to successfully manage challenging situations.

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## SKILLS

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- Meal preparation
- Care plan management
- Personal care
- Medication administration
- Critical thinking
- Exceptional communication skills
- Support Work
- Organisational standards
- Safeguarding knowledge
- Risk assessment
- Mobility assistance
- Daily living support
- Team player
- Time management
- Disability assistance
- Intervention techniques

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## WORK HISTORY

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**Health Care Assistant/Support Worker**, 10/2022 - Current

**Evolving Care in Crewe** - United Kingdom

- Preparing healthy, appropriate meals, providing additional mealtime planning, feeding and support as required
- Preventing 80% accidents and falls by ensuring cleanliness and tidiness of service user homes.
- Positioning, lifting and transporting service users with limited mobility
- Ensuring optimal hydration, monitoring and recording service users' fluid intake and output in fluid balance charts
- Assisting in all aspects of personal care including washing and dressing, retaining comfort and dignity
- Establishing turning and repositioning routine for bedridden service users that led to 80% reduction in reported bedsores
- Documenting and reporting service user care data into electronic charts with 100% accuracy
- Complying with all safeguarding, risk management, risk assessment and lone working policies and procedures
- Easing anxiety of service users by establishing and maintaining positive morning and evening routines
- Controlling and administering medication, establishing reminders to ensure 100% on-time intake
- Observing and documenting vital signs, promptly reporting abnormalities for monitoring.
- Accompanying clients to medical or dental appointments, grocery and errands.
- Empowering individuals to pursue hobbies and leisure activities such as shopping and creative activities.
- Providing physical and emotional support, employing compassionate care to help individuals achieve their full potential.
- Monitoring and documenting client behaviours, activities and development, aiding appropriate care plan management.
- Supporting service users with learning disabilities and autistic spectrum disorders with person-centred approach.

**Support Worker**, 01/2021 - 09/2022

**Reisenberger Family**

- Consulted client on all care decisions, cultivating person-centred approach to practice.
- Maintained excellent standards of patient hygiene, assisting with bathing, toileting and dressing.
- Prepared and served tasty and healthy meals in line with client's nutritional needs.
- Minimised 80% hospital admissions by observing client's reactions to medication and treatments, promptly reporting abnormalities to healthcare team.
- Provided ongoing companionship and supportive listening to build positive rapport and help combat loneliness.

**Caregiver, 06/2019 - 05/2021**

**Private Family**

- Improved patient wellbeing by consistently engaging conversation and encouraging social interaction.
- Applied safe transportation techniques to transfer client between rooms ensuring 0% incidents.
- Performed light domestic duties to support client in maintaining clean and orderly living space.
- Applied moving and handling procedures to safely assist client with restricted mobility.
- Served meals and beverages to client and assisted in feeding as appropriate.

**Child Carer, 01/2011 - 04/2019**

**Home**

- Gave direct instructions to manage behaviour, maintaining positive learning environments.
- Practised safety and hygiene protocols by maintaining clean work environment.
- Supported children's development with learning-through-play activities, aiding social, emotional and educational growth.

**Primary Teacher, 01/2001 - 12/2010**

**Primary School**

- Managed student behaviour, intervening in crisis situations to resolve conflicts.
- Coached and mentored other professionals who work with children with disabilities.
- Provided personal and medical care for students as required.
- Assisted students with a range of learning differences, including ADD, ADHD, and Learning Disabilities to achieve their full potential for independence.
- Identified signs of distress in students, resolving behavioural and emotional issues.

**Buying and Selling, 01/1997 - 12/2010**

**Self Employed**

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EDUCATION

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**Autism and Learning Disabilities**

**Oliver McGowan Training**

**Diploma in Caregiving**

**Alison**

**Care Certificate**

**Caredemy**

**Caregiving Skills-Dementia Care**

**Alison**

**GCSEs, 11/1996**

**High School**

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ADDITIONAL INFORMATION

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- Right to work
- Clean DBS
- Driver's licence
- References upon request

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LANGUAGES

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**English**

Fluent

IELTS Overall Score 8.0

**Shona**

Native