


OMOWAYE FOLASHADE ORIYOMI *SUPPORT WORKER/CARER*

 EASTBOURNE, BN21 4AR, UK

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 Int'l Driving License

PROFESSIONAL PROFILE

I am highly motivated, compassionate, empathic, and understanding Senior Carer that accomplishes her assigned responsibilities with little or supervision. I am skilled in taking care of vulnerable adults and the elderly suffering from dementia and Parkinson's disease, including those with different mental and physical disabilities. I have displayed great commitment towards helping and caring for others both on and off duty. Also, I have been a great team player all through my career, working harmoniously with other team members to achieve the set aims and objectives of the organization. Additionally, I develop quality relationships with patients and their relatives while maintaining a high level of professionalism in the discharge of my duties. I have gained enough experience and good knowledge of the basic nursing procedures. I have applied the 6 Cs of nursing in my various roles. I am in good physical, emotional and mental state and can take adequate care of patients under my care. I have undertaken a range of workplace training courses in health, safety, and care management.

AREAS OF EXPERTISE

Elderly Patient Care | Hoist operation | Patient Rehabilitation | Dementia Care | Moving and Handling | Reporting skills | Residential care | Shopping trips | Creating care plans | Reliability

SKILLS

* Good communication skills * Leadership skills * Organization skill * Good initiative
* Empathetic and caring * Good team player * Respectful * Patience
* Taking and recording observation * Good listener * Domestic help * IT
* Good personal hygiene * Effective time management skills

COURSES ATTENDED

2022 - Understanding your role | Florence academy, United Kingdom
2022 - Duty of care | Florence academy, United Kingdom
2022 - Your personal development | Florence academy, United Kingdom
2022 - Equality and diversity | Florence academy, United Kingdom
2022 - Privacy and dignity | Florence academy, United Kingdom
2022 - Fluids and nutrition | Florence academy, United Kingdom

2022 - Awareness of mental health | Florence academy, United Kingdom
2022 - Handling information | Florence academy, United Kingdom
2022 - Infection prevention and control | Florence academy, United Kingdom
2022 - Health and safety | Florence academy, United Kingdom
2022 - Basic life support | Florence academy, United Kingdom
2022 - Safeguarding children | Florence academy, United Kingdom
2022 - Dementia care | Florence academy, United Kingdom
2022 - Diabetes awareness | Florence academy, United Kingdom
2022 - Medication Administration | Florence academy, United Kingdom
2022 - Food hygiene | Florence academy, United Kingdom
2022 - Stroke Awareness | Florence academy, United Kingdom
2022 - Catheter Care | Florence academy, United Kingdom
2022 - Parkinson's Disease | Florence academy, United Kingdom
2022 - Wound care and tissue viability | Florence academy, United Kingdom
2022 - Fire safety | Florence academy, United Kingdom
2022 - Emergence first aid awareness | Florence academy, United Kingdom

CORE VALUE/QUALITIES

Patience, Humor, Detail Oriented, Cooperation, Caring, Competence, Courageous, Commitment, Communication, Discipline, Attentiveness, Trustworthiness, Dependability, Flexibility

PROFESSIONAL EXPERIENCE

1ST Company UK (Anchor – Silver Court Care Home), East Grinstead, UK. Dec. 2023 – Till Date

Position: Care Assistant

Duties and Responsibilities:

- Assisting with moving and handling residents
- Carrying out all aspects of resident's personal hygiene
- General supervision of residents during mealtimes, assisting residents with meals as necessary
- Maintaining and recording necessary documentation
- General cleaning and disinfection of equipment
- Maintaining health & safety standard
- Participating in all forms of social and recreational activities

Elis and Rafael Etyemezian Family, Dubai, UAE (Residential Homecare)

July 2021- Oct 2023

Position: Caregiver

Duties and Responsibilities:

- Childcare/Babysitting
- Bathing, dressing, changing diapers and making baby bottles.
- Craft and Educational activities for the kids.
- Preparing food and /or feeding the kids, Indoor and Outdoor play
- General household cleaning and tidying laundry and ironing.

- Cooking/helping in the Kitchen.
- Errand running and food shopping/Supermarket.

Taleen & Rafeal Khanoyan Family, Dubai, UAE (Residential Homecare) July 2019 – July 2021

Position: Support Worker/Carer

Duties and Responsibilities:

- Providing advice, assistance, and support on a 1:1 basis to enable young people to address past and present difficulties.
- Being ambitious for young person, helping them achieve their goals and optimize their potential.
- Providing support for young people in their education, extracurricular activities, this may include supporting them in the classroom if necessary.
- Keeping accurate records and providing written reports on young person for planning meeting, review, or any other meeting
- Empowering young people and facilitating their active involvement in the decision making about their lives and futures.
- Acting as advocate at meetings where the young person is the subject of discussion.
- Encouraging the young person to develop links with the community attend off-site activities and expand their personal social network.

SKYNET WORLDWIDE EXPRESS, Lagos State, NIGERIA

Feb. 2012 – April 2019

Position: Information Technology Manager

Duties and Responsibilities:

- Assign daily routine tech duties to IT officers.
- Do periodic routine checks on all Computer Hardware and Software of each department.
- Setup weekly meetings with the IT department to review and plan for the week.
- Create a report and trouble-shooting funnel for IT Staff to ease the work.
- Meet with Senior Manager and Management to channel department feedback and present innovation for a better work environment.
- Prepare contents to produce seasonal event brochure for the Company.
- Attend to requests from the Company's official email and follow up with specific complaints or requests, making sure the concerned department is responsive to the customer's request.
- Prepare annual information calendar including special events as it affects the business and the corresponding business reactions to be made in response to take advantage of these events.

EQUIPMENT HANDLED

Thermometers, Wheelchairs, Sphygmomanometer, ECG Machine, Patient Monitors, Ear thermometer, Computer, Clipboard, Glucometers etc.

EDUCATION

November 2022	Diploma in Health and Social Care Level 3
November 2022	Care Certificate (Standard 1-15), Florence Academy
2009	B.Sc Computer Science (Olabisi Onabanjo University, Ago-Iwoye, Ogun state, Nigeria)
2001	SSCE, Igbobi Girls High School, Yaba, Lagos State, Nigeria

LANGUAGE

ENGLISH

REFERENCES

Available upon Request