

FRANCISCA OKORIE

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PROFESSIONAL STATEMENT

Compassionate and dedicated Healthcare Support Worker with extensive experience in providing high-quality care to patients in various healthcare settings. Skilled in assisting with activities of daily living, implementing care plans, and ensuring the physical and emotional well-being of patients. Adept at collaborating with multidisciplinary teams to deliver personalized care and support to individuals in need. Committed to upholding the highest standards of patient safety and confidentiality.

KEY SKILLS AND COMPETENCIES:

- Personal care assistance
- Medication Administration
- Vital signs monitoring
- Patient Advocacy
- Care plan implementation.
- Communication skills
- Empathy and compassion
- Team collaboration
- Infection control

- Record keeping.
- Mental Health Support.

WORK HISTORY

Night Care Worker

Chestnut House Care Home, Crumpsall Manchester

10/2023

- medications according to prescribed schedules and documented observations.
- Monitored vital signs and reported any changes in the patient's condition to the nursing staff. Provided compassionate care and support to elderly residents during night shifts.
- Assisted with personal hygiene, toileting, and grooming activities.
- Administered

Care Assistant

Premier/Cera Care, Manchester, Lancashire

10/2022

- Supported individuals with activities of daily living, including bathing, dressing, and meal preparation.
- Assisted with mobility and transfers using safe lifting techniques.
- Engaged patients in recreational activities and social interactions to promote well-being.
- Collaborated with healthcare professionals to develop and implement care plans.

**Nezrachi Healthcare- Southampton
care, support worker 1/2024- Current.**

- Completed care documentation and monitored patient progress to achieve up-to-date records.
- Worked professionally with caregiving teams and hospital departments to maintain continuity of care. Maintained up-to-date knowledge of the latest care practices by attending regular meetings and training opportunities.
- Keeping up-to-date records on patients, including daily observations about activities.
- Helping to organize and participate in recreational activities.
- Preparing food and serving meals, drinks, and refreshments.
- When required to Assist clients with feeding, bathing, and dressing.
- Participating in appropriate training activities and courses.
- Talking to clients and listening sympathetically to their problems.
- Making the best use of aids provided to help clients who have limited mobility, or physical / learning difficulties.
- Helping to create a stimulating and homely environment.
- Making and changing beds and ensuring that rooms are clean and tidy.
- Use appropriate infection control procedures to maintain a clean and safe working area.
- Segregating and disposing of waste materials.
- Maintaining records of clients and their needs.
- Helping patients with their toileting needs, including continence promotion.

Voluntary work

Cancer Research UK, Salford, Manchester

05/2023

- Contributed to organizing and maintaining the cleanliness of the store.
- Assisted customers and provided information about products and services.
- Supported fundraising initiatives and events.

Customer Service Officer

Ultra tech Equipment Company Ltd, Rivers State, Port Harcourt

01/2015 – 08/2018

- Provided exceptional customer service and support to clients.
- Managed customer inquiries and resolved issues in a timely and professional manner.
- Maintained accurate records of customer interactions and transactions.

TRAINING/CERTIFICATION

First Aid and Basic Life Support

Safeguarding Vulnerable Adults and Children CPD|2022

Person-Centered Care, Planning & Personalization - Veritas SC Training| 2022.

Mental Health Awareness

GCSEs including Mathematics and English, June 2009

PMVA – Training.

EDUCATION

Masters in arts: Intelligence and Security Studies, 09/2022

University of Salford, Salford, Manchester

Bachelor of Arts: History and International Relations, 09/2014

Imo State University, Owerri, Nigeria

REFERENCE

Available on request.