




## CONTACT

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## SKILLS

- First Aider
- Good communication skills
- Dependable
- Food preparation
- Empathetic
- Result Oriented
- Problem Solver
- Self-starter
- Reliable

## CERTIFICATIONS

- Online care certificates (Level 2 & 3 Health and Social Care Diploma (2023) – Care Skills Academy
- Red Cross Certificates in: Community Based Health Care (2022)
- First Aid Blended Learning (2022)
- Advanced First (2022)
- Nurse Aide (2022)

## ROLES AND RESPONSIBILITIES

- Personal care- including assisting in bathing and washing
- Assisted with oral care- brushing teeth
- Managing continence
- Assisting in getting dressed and undressing.

## PERSONAL INFORMATION

- Date of birth: 01/20/74
- Gender: Female
- Driving License: YES

## GILLY DORCAS HOVE

I am a compassionate, hardworking, and caring person with basic knowledge of elderly care. I am keen to support clients with daily living in any setting. I am willing to learn new things. I have five months United Kingdom domiciliary care work experience and two months experience as a family support worker. I also have many years of informal care work experience at home and in the community.

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## EXPERIENCE

### January 2024 - May 2024

#### Care Assistant *Legacy Private Limited*

- Assisted clients with personal care tasks including bathing, dressing, and meal preparation.
- Assisted in performing light cleaning responsibilities.
- Ensured proper administration of medication
- Collected medication from pharmacy
- Provided companionship

### May 2024 to Date

#### Bank Family Support Worker at Blue Front Company

- Supported Living for young parents
- Carrying out observations, recording, prompting where necessary and having key work sessions

### January 2007 - November 2023

#### Voluntary support worker *Red Cross Zimbabwe*, Gweru, Zimbabwe

- Engaged in charitable work within vulnerable communities
- Providing socio-moral and material support to individuals affected by natural calamities

### April 2022 - June 2022

#### Nurse Aide *Mpilo General Hospital*, Bulawayo, Zimbabwe

- Functioned across various wards
- Assisted with light cleaning duties.
- Assisted clients with personal hygiene and grooming tasks.
- Performed housekeeping duties such as making beds and laundering linens.

### August 2016 - April 2019

#### Home Based carer *home*, Harare, Zimbabwe

- Provided comprehensive care for aunt managing diabetes mellitus
- Delivered compassionate end-of-life support to my mother throughout her battle with cancer

## EDUCATION

- Diploma in Education (Secondary) 1998
- Bachelor of Education (Curriculum and Arts Education