

Chinko Geraldine Chioma

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PROFESSIONAL SUMMARY

I am Compassionate and dedicated with good knowledge of elderly care, adults with dementia. Empathetic and keen to support clients with their daily living and to deliver the highest standard of care within a care home and home care setting. I have a good knowledge of the national care standards and experience in completing food preparation, housekeeping, and personal care duties. I am also committed to providing quality care and support to clients under my care.

CORE SKILLS

- Excellent verbal and non-verbal communication skills.
- Compassionate, patient and empathetic.
- Flexible and approachable with a positive attitude, even under pressure.
- Team Player.
- Record with accuracy and detail.
- Good interpersonal and housekeeping skills.
- Commitment to professional and personal development.

WORK HISTORY

Healthcare Assistant; June 2023

Harlon Healthcare Limited, London.

Outline; working with a team of care assistants to ensure exemplary care to service users presenting with physical and dementia health challenges.

- Supported patients in a range of meaningful activities and relationships throughout the day.
- Helped residents with food shopping, meal preparation and kitchen hygiene and laundry duties
- Ensured all care and support plans, and documentation is up-to-date, comprehensive, accurate and legally compliant.
- Communicated with the team in a manner that promoted effective team working.
- Accompanied residents on external visits and trips outside the home and locally.
- Observed any unusual behaviour or incidents involving residents and reported it to a senior staff member.
- Helped improve our patients' quality of life by ensuring their needs are met and that each person is treated with dignity and respect.
- Carried out personal care as needed, such as bathing, dressing, oral hygiene, and toileting needs whilst ensuring adequate food and drink intake.
- Supported patients to help manage any anxieties or behaviours that challenge.

Care Professional, July 2023

Home Instead, Polhill Business Centre, London Road, Halstead, Kent.

Outline; Care for the elderly.

- Maintained optimal safety standards throughout client's home and care environments, prioritised risk-reduction, health and hygiene.
- Helped in the use, care and cleaning of aids and personal equipment e.g. wheelchairs, walking aids, specialised seating or beds.
- Assisted clients to toilet/commodes and in the use of incontinence pads.
- Completed accurately all relevant documentation e.g. food and fluid charts, turning charts, property forms, life stories.

- Made and changed beds, tidied and cleaned lockers and bed tables, emptied and cleaned commodes.
- Looked after clients' property e.g. plants, photos; collect and put away laundry; empty/change bins

Care Assistant February 2022 – December 2022.

Work Experience; Obio Cottage Hospital- Port-Harcourt Nigeria

Duties;

- Kept records and ensured personal information of patients were well arranged and presented to the senior carer and medical personnel.
- Engaged in personal hygiene, washing and dressing of service users for effective care.
- Performed light housekeeping tasks, such as dusting, vacuuming and changing bedclothes.
- Assisted in safe lifting, transferring, repositioning, and movement of clients.
- Cared for patients who are sick, who needed minor dressing and bed nursing.
- Encouraged clients to participate in social and recreational activities.

Academic Qualification

- **University of Uyo, Foreign Language; French (B.A)**
- **Senior School Certificate Examination (SSCE)**

TRAINING & CERTIFICATIONS

Care course and Training

- **2024 - First Aid/CPR/AED**
- **2024 - Moving and Handling, safeguarding**
- **2023 – Mandatory Care Certificate Training**
- **2024 - Skills For Care and Skills For Health, Health Education England**
- **2022 – IELTS Certification (Band 7)**
- **2022 - Care Certificate, Caredeemy**
- **2023 – Red cross Basic First Aid course and CPR**

HOBBIES & INTERESTS

Reading and jogging.