

PROFILE

SKILLS & ATTRIBUTES

- High emotional intelligence
- Good team player
- Upholds Excellent hygiene standards
- Skilled CPR & first Aid
- Ability to manage chronic disease patients
- Computer literacy
- Knowledge of Infection Control and Aseptic Procedures
- Dementia Care Problem Solving
- Effective communicator
- Professional Housekeeper
- Ability to work all hours of the day include night nursing
- Documenting Daily Activities

OTHER

Full UK Driver's license

English Language Proficiency : UKVI: IELTS general band

EDUCATION

- **Ordinary Level** (Nagle House Girls High School – Jan 2000 – 2003) 5 GCSE O' levels
- **Community based health Care** (Advanced First AID and Nurse AID – Red Cross - Nov 2019 – 2020)
- **Standard Care certificate** (Knowledge element UK) March 2022 – Mar 2022)
- **IELTS English Certificate** (British Council – May 2022 – May 2022)

CONTACT

PHONE:
+447577102049

Irene Mwelenji Curriculum Vitae

PROFESSIONAL HIGHLIGHTS

I am a compassionate and experienced caregiver with over 2 years experience in child and elderly caregiving. I have exposure to dementia patients, chronic illness patients with special and complex needs (learning and physical disabilities). I am privileged to be trusted to look after others, it is such an honor. I am a self-motivated and confident individual with exceptional multi-tasking abilities, communication skills, observational, and organization skills. I can maintain a calm demeanor when presented with stressful and high-pressure situations. I am also a team player who is always willing to work hands-on with patients and follows instructions and procedures. I am culturally sensitive.

WORK EXPERIENCE

Together in Care Forensics, UK

Oct 2023 to Present

Responsibilities/Tasks

Health Care Assistant

- Assisting with exercise to improve residents' mobility as per their care plan
- Helping residence get dressed, wash, clean and maintaining hygiene
- Assisting people with learning disability
- Safeguarding and ensuring that the service user's needs and wishes are met
- Making up beds, distributing and emptying beds pans
- Monitoring residents by taking their temperature, pulse, respiration and helping with medication administration
- Following each resident's care plan
- Record keeping and contribution to service user's care plan

BenHall Care Limited, UK

Feb 2023 to August 2023

Responsibilities/Tasks

Nurse assistant

- Assisting with exercise to improve residents' mobility as per their care plan
- Helping residence get dressed, wash, clean and maintaining hygiene
- Assisting people with learning disability
- Safeguarding and ensuring that the service user's needs and wishes are met
- Making up beds, distributing and emptying beds pans
- Monitoring residents by taking their temperature, pulse, respiration and helping with medication administration

Wise Owl Boarding School, Zimbabwe

Sep 2022 – December 2023

Responsibilities/Tasks

Child Caregiver

- Ensuring cleanliness and safety of the children's rooms and surroundings.
- Effective interventions between children when disagreements arose.
- Perform childcare responsibilities according to the school rules.
- Assist children to develop fundamental learning, coping, and hygiene skills.
- Monitoring children to proactively identify issues with emotional or physical development and address the concerns in collaboration with supervisors.

EMAIL:

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HOBBIES

Cooking and swimming

- Organise fun stimulating games and story reading.

Mahusekwa district hospital, Zimbabwe

Healthcare assistant

Sep 2020 – Dec 2020

Responsibilities/Tasks

- Clinic damp dusting
- Advising clients on pap-smear results
- Sluicing soiled linen
- Scrubbing clinic theatre walls and floors to minimize cross infections
- Advising on family planning methods
- Relieving the receptionist during tea, lunch breaks and weekends
- Dispensing pills to clients after treatment
- Assisting nurses to provide patients' care
- Cleaning of instruments and sending them for CCSD
- Assisting in relevant patient education

SELECTED ACHIEVEMENTS

Successfully implemented a care plan for an elderly person. Assisted the elderly from the local community with their daily chores. Carried out a fund-raising campaign for orphaned children.

VOLUNTARY & COMMUNITY WORK

Voluntary work at Nyameni clinic (Marondera) where I worked as a nurse aid (Jan 2021-June 2022) for the purpose of enhancing my healthcare experience.

REFEREES

Victoria Ashfield

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Rudo Mazai

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