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CAREER SUMMARY

Committed, empathetic and competent support worker, who has honed the skill of delivering impeccable support worker services for more than a year. Delivering services that has supported residents under my observation, has helped several residents achieve excellent daily productivity, while providing ongoing support.

Efficiently skilled in mental health with speciality in promoting patient well-being, integrity and ultimate independence, I demonstrate strong leadership quality, ability to work in a team and under pressure. Looking forward to growing my career in your reputable organization.

ACADEMIC QUALIFICATIONS

ENVIRONMENTAL MANAGEMENT, UNIVERSITY OF HERTFORDSHIRE

Masters of Science, January 2022 – May 2023

CROP PRODUCTION AND SOIL SCIENCE, LADOKE AKINTOLA UNIVERSITY OF TECHNOLOGY, NIGERIA.

Bachelors of Technology, January 2011 – March 2018

LAGOS STATE MODEL COLLEGE MEIRAN, LAGOS NIGERIA.

March 2004 – June 2010.

PROFESSIONAL TRAINING AND CERTIFICATION

- Prevention and Management of Violence and Aggression- **PMVA Certification**
- Level 2 Basic Life Support Certification
- Level 2 People Movers Moving and Handling Certification
- Health, Safety and Welfare (Inc COSHH & RIDDOR)
- Fire Safety Certification
- Level 1 Medication Awareness
- Complaints Handling Training
- Conflict Resolution Training (CSTF)
- Information Governance Training
- Lone Working Training
- Oral Health and Dysphagia

KEY SKILLS

- Exceptional Communication and Relationship Skill
- Excellent Team Worker
- Ability to Learn in Short-Time
- Empathetic by Nature
- Compassionate, Patient and Reliable
- Outstanding Interpersonal Skills
- Excellent Verbal De-escalation
- Management of Violent and Aggression
- Patient Restraining Using Appropriate Force
- Critical and Strategy Thinking

WORK EXPERIENCE

January 2024 – Till Date.

Residential Supported Living at Treow House Service:

Precious Homes

Waking Night Support Worker

Key Responsibilities:

- Ensuring the safety and welfare of individuals during the night shift.
- Conducting regular checks on residents throughout the night to ensure their well-being.
- Responding to any emergencies or incidents that may arise during the night.
- Administering medication to residents according to their prescribed schedule.
- Assisting residents with personal care tasks, such as toileting or getting dressed, if needed.
- Documenting any observations or incidents that occur during the shift.
- Communicating with other staff members to provide updates and handovers.
- Maintaining a clean and tidy environment to ensure the comfort of residents.
- Following all policies and procedures to ensure the smooth running of the supported living service.
- Providing emotional support and reassurance to residents who may experience anxiety or difficulty sleeping.

January 2023- Till Date Young Person Residential Support - Via Prospero Group Ltd

Key Responsibilities:

- Provide emotional support that targets helping young people overcoming disrupting behaviours.
- Prevents and manage the aggression of young people with behaviour that challenge.
- Support young people with completing their everyday task such as; meal preparation, going shopping, paying bills, while encouraging as much independence as possible.
- Update log books, complete incident reports and update records consistently.
- Follow care and support plan costumed to each service user.
- Observing, monitoring and recording service user physical and emotional well-being while promptly report any concerns to senior staff on duty.
- Supporting children and young persons with ADHD, Autism, Learning disabilities and Self-harm behaviour

October 2022 – April 2024

Cygnnet Hospital Stevenage

Mental Health Support Worker

Key Responsibilities:

- Facilitating community integration as directed by the nursing team.
- Engaging with patients to understand how best they would like to be supported through their recovery journey.
- Ensuring that patients maintain good hygiene and appropriate food and fluid intake.
- Working with the MDT to support patient on enhanced observation and ensuring that subsequent assessment is accurately done.
- Monitor the physical and mental health of patients
- Supervising patients to ensure their safety and performing risk assessments
- Providing emotional support and reassurance to patients and their families.

June 2022 – October 2022 Priory Kneesworth House Hospital via Match Options Agency

Mental Health Support Worker

Key Responsibilities:

- Providing required support and care for patients.
- Facilitating community integration as directed by the nursing team.
- Engaging with patients to understand how best they would like to be supported through their recovery journey.
- Ensuring that patients maintain good hygiene and appropriate food and fluid intake.

- Working with the MDT to support patient on enhanced observation and ensuring that subsequent assessment is accurately done.

March 2022 – October 2022 Manor Farm Bedford (Accomplish) via Match Options Agency

Support Worker

Key Responsibilities:

- Facilitated community inclusion by supporting clients to pursue their interests, hence, meeting their emotional and behavioural needs.
- Provide all forms of personal care including; bathing, dressing, toilet assistance, hoisting, moving and handling, which are all in accordance with internal guidelines and HSE regulations.
- Formulated strategy to support elderly and children.
- Met 100% team objectives and program goals set for every service dispensation.
- Achieve 100% compliance with safeguarding requirements for vulnerable adults.

Jan 2022 – June 2022 Lakeside Hospital Bedford via Match Options Agency
Support Worker

Key Responsibilities:

- Providing patient-centered care and support in respect to designed care plans
- Ensuring that the ward is safe at all times for the patients and staff.
- Supporting members of the psychology and occupational therapy team to provide therapeutic activities for patient
- Facilitating positive coping mechanisms for patient exhibiting challenging behaviours
- Fulfilling care plans outcomes and goals by the estimated time of patient discharge.

April 2019 – December 2021.

KHAYY FARMS.

Farm Manager

Responsibilities:

- Coordination and Supervision of farm activities
- Keeping and up-to-date knowledge of pests and diseases
- Organising sales and purchase livestock, farm product, crop and agricultural products

- Ensuring the farm is profitable and meets projected financial targets
- Ensuring compliance with government regulations
- Recruiting and training farm workers

June 2018 – March 2019.

Igbinedion University, Okada, Edo state,

(NYSC). Resident Builder

Responsibilities:

- Technical adviser on a construction site for contractors, crafts people and operatives, ensuring that materials used and work done is according to Specifications.
- Give daily report on the progress and quality of work.
- Assisting in-house professionals in carrying out supervision work

August 2015 – December 2015.

Illaliaman Enterprises, Kishi,

Oyo State

Role: Intern, Assistant Farm Manager

Responsibilities:

- Helping the Farm Manager in the management of all the sectors on the farm.
- Working closely with the heads of the various sectors.
- Keeping up to date and accurate records.

June 2015 – July 2015.

LAUTECH, Teaching and Research

Farm

Role: Intern, Agronomist Trainee

Responsibilities:

- Assist in farm and ranch management

REFERENCES: Available upon request.