



KENNEDY ZHONGA

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PROFESSIONAL SUMMARY

I am an experienced professional with experience in providing compassionate patient care and medical assistance with minimal supervision and I am highly skilled in first aid CPR and counselling, i have hands on experience in providing care to people with dementia, stroke and diabetes. Dedicated careworker with 3 and half years of experience. Supports positive outcomes for vulnerable service users. Builds understanding and rapport with clear communication and genuine approach. Empathetic Care Worker with sensitive and compassionate approach to cultivating trusting, stimulating and varied lifestyle for residents. Offers enhanced care with flexible learning approach for patients. Experience in-home settings providing guidance and encouragement to patients through physical and emotional support.

WORK HISTORY

Care worker, 09/2023 - Current
Parry health care limited, Wiltshire

- Provision of person oriented care in accordance with best practice and legislative requirements, policies and procedures
- To support and enable service users to maintain skills and personal interest
- Record keeping of care plan, client information, service users' needs and medical information.
- Adapted communication to enhance understanding of non-verbal, deaf, or elderly clients.
- Provided personal hygiene assistance, consistently promoting comfort, dignity and respect.
- Upheld nationally recognised care standards.
- Performed range of motion exercises, supporting improved service user health and fitness.
- Implemented support plans into service users' daily activities.
- Facilitated regular leisure activities to fully engage clients.
- Aided in bathing, dressing and continence support.
- Maintained accurate records to effectively measure client development against care plan objectives.
- Championed patient independence, actively involving service users in care plan development.
- Planned, prepared and served meals for all clients, strictly following prescribed dietary orders.
- Updated doctors and family members on client progress.
- Observed and documented vital signs, promptly reporting abnormalities for monitoring.
- Provided specialised support care to vulnerable individuals, effectively reducing hospital readmissions.
- Administered medication with rigorous planning and recordkeeping.
- Encouraged community inclusion by supporting social activities, attending local support groups and events.
- Talked and actively listened to service users to nurture trusted relationships.
- Transported clients to appointments and completed errands.

- Assisted individuals with daily activities to facilitate independent living.
- Supported, guided and empowered service users to achieve their optimal capabilities.

IT Engineer, 05/2017 - 09/2023

Cashbuild

- Server support and configurations
- Active Directory management
- Office 365 administration
- Azure cloud administration.

Computer Application Technology Teacher

Ulundi Independent School

- Computer Application Technology teaching
- Lesson planning
- Life skills teaching
- Administering first aid to students and fellow teachers.

Home based caregiver, 01/2012 - 12/2014

home

- Provision of care to my mother who suffered a stroke twice
- I administered medicine and prepared meals
- Driving to and from doctors' appointments and running errands for my mother
- Provision of care to my father who is a type 2 diabetic
- Administering medicine and preparation of healthy meals
- Checking vitals.
- Provided ongoing companionship and supportive listening to build positive rapport and help combat loneliness.

SKILLS

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| <ul style="list-style-type: none"> • Good management and communication skills. • Elderly care, bathing and meal preparation. • Life skills teaching • Clean driving record with 10 years driving experience • Medication administration • Motion exercises • Disability care • Safeguarding knowledge • Care plan development • Care management • Meal preparation | <ul style="list-style-type: none"> • Social care • Elderly care • Personal hygiene assistance • Personal care • Care needs assessment • Advocacy • Community engagement • Child welfare checks • Documentation management • Social services • Caseload management |
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EDUCATION

Florence Academy
Diploma in Caregiving

University of Zimbabwe, Harare, 08/2009

Diploma in Information Technology: Information Technology

CUSTOM

Upon request