

LWAZI NKALA

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Compassionate and dedicated Care Worker with a genuine passion for providing exceptional care to individuals in

need. Experienced in supporting clients with diverse needs, including elderly individuals, children and those with

disabilities. Skilled in building rapport and trust with clients and their families, ensuring their comfort and well-

being. Strong communicator with excellent interpersonal skills, capable of effectively collaborating with multidisciplinary teams. Committed to upholding the highest standards of care and making a positive impact on the

lives of others in the care sector.

Willing to relocate: Anywhere

Work Experience

Position - Care Assistant

Loving Angels Care-Northampton

January 2023 to Present

Responsibilities and Duties

- # Bed baths.
- # Changing clothes and dressing wounds.
- # Changing nappies and assisting residents during toilet time.
- # Checking vital signs.
- # Making beds/removing patients from wheelchair to bed grooming patients.
- # Keeping patients as active as possible.

Care Assistant (Internship)

Khadijatul Kubra Frail Care Centre

October 2022 to November 2022

Responsibilities and Duties

- # Assisted with dressing and grooming, personal care and bath/shower.
- # Assist with the toilet and cleaning of all toilets and commode areas.
- # Changing adult incontinence pad.
- # Assisting with feeding, serving meals and tidying away.
- # Engaging elderly person with creative activities like reading and playing board games.
- # Assisted with changing and making the bed.
- # Assisted senior staff with medication and charts.
- # Assisted with moving patients from bed to wheelchair.

Position - Care Assistant (Internship)

Ladies of Hope Ennerdale Johannesburg

October 2021 to October 2021

Responsibilities and Duties

- # Assisted with dressing and grooming, personal care and bath/shower.
- # Assist with the toilet and cleaning of all toilets and commode areas.
- # Changing adult incontinence pad.
- # Assisting with feeding, serving meals and tidying away.
- # Administering and giving patients medication.
- # Assisted patients with changing sides and helping them sleep.

Position

Kenhill Day Care Centre

September 2021 to October 2021

- Early Childhood Development (Internship)

Responsibilities and Duties

- # Feeding babies / children.
- # Changing nappies and providing appropriate stimulating activities.
- # Reading and ensuring that children have both playing and learning time.
- # Safety to prevent accidents.
- # Kept progress records.
- # Organising meals and nap times as well as making sure that children are socializing in a positive way.
- # Sterilized toys and play areas to keep a hygienic area.

Skills

- Supporting new parents
- Ensure safety of children
- First Aid/CPR
- Child minding dementia
- Housekeeping
- Reading along with children
- Helping with keeping good
- Patient assessment hygiene
- Feeding, weaning and nutrition,
- Elderly care
- Record keeping
- Writing reports for parents
- Taking care of service user with
- Administering medication