

Lionah Magomana

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Professional Summary

- Compassionate and experienced care assistant with UK work experience. Experience lies in providing exceptional personal care, emotional support and practical assistance to vulnerable adults and children. Dedicated to utilize my skills and experience to provide high quality support to individuals in need.

Experience

- **E2E Homecare Ltd, Regus. The Axis Building Maingate, Kingsway North, Team Valley. Gateshead** 01/2024 - to date
Care assistant - Support Worker
 - Supporting individuals with daily living tasks such as meal preparation, mobility and cleaning.
 - Providing personal care including bathing, dressing and grooming.
 - Assisting with medication management and administration.
 - Developing and maintaining relationships with clients, families and healthcare professionals.
 - Participating in care planning and reviews.
 - Maintaining accurate records and reports and updating service user's daily notes.
 - Monitoring health and well-being and reporting health issues.

- **Lirhanzas Children's Village, Mwenezi, Zimbabwe** 01/2023 - 12/2023
Voluntary Childcare Worker
 - Assisted with child minding and personal care.
 - Provided companionship and counseling.
 - Monitored children's health and well-being.
 - Aided with meal preparation and general environmental maintenance.
 - Imparted sewing skills to children.

- **Great Zimbabwe University, Zimbabwe** 05/2018 - 12/2022
Part-time lecturer
 - Delivered lectures, supervised projects and provided counseling to students.
 - Planned lessons, set and marked examinations including record management.

- **Chikwanda High School, Zimbabwe** 01/1996 - 04/2018
Teacher
 - Planned and delivered lessons.
 - Marked assignments and gave detailed feedback.
 - Assessed practical assignments and conducted evaluation.
 - Provided counseling to students.

Trainings

- Moving and handling CSTF (all in one day) mandatory training for Healthcare Professionals
- Care certificates standards 1-15
- Safeguarding of vulnerable adults (level 2)
- Safeguarding of child (Child protection) level 2
- Safe moving and handling (level 2)
- Dementia Awareness
- Autism Awareness
- Dysphagia

- Basic First Aid (level 2)
- Fall prevention and safe bedrails in Care
- Medications (level 2)
- Person centred Care (level 2)
- Communication in Care (level 1)
- End of life awareness
- Lone working
- Basic Food Safety Awareness
- Hand hygiene for Care
- Personal Appearance (Part 1) Personal Hygiene

Skills

- Personal care and hygiene
- Medication management
- Adaptability and flexibility
- Time management and organization
- Communication and interpersonal skills
- Team work and collaboration

Qualifications

- - Community Based Health Certificate(Zimbabwe Red Cross Society)
 - Advanced First Aid Certificate (Zimbabwe Red Cross Society)
 - Nurse Aide Certificate (Zimbabwe Red Cross Society)
 - Master of Education Degree in Fashion and Textiles (Midlands State University, Zimbabwe)
 - Bachelor of Education Degree in Fashion and Textiles (Midlands State University, Zimbabwe)
 - Diploma in Technical and Vocational education in Clothing and Textiles (Belvedere Technical Teachers' College, Zimbabwe)
 - National Diploma in Clothing Technology (Belvedere Technical Teachers' College, Zimbabwe)
 - National Foundation Certificate in Catering, Food Science , Food Preparation and Service, , Home management and Textile Technology (Belvedere Technical Teachers' College, Zimbabwe)
 - 'O' level (Mucheke 2 High School, Masvingo, Zimbabwe)

Reference

- **Lynn T Chibwe - E2E Homecare Ltd**
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- **Margaret Chinhambu - Lirhanzo Children's Home, Mwenezi , Zimbabwe**
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