



manueltakunda691@gmail.com



07886883471



Oldham, United Kingdom
O14DA

EDUCATION

6 O'Levels - Equivalent to 6 GCSE's, Ordinary Level
Nyaningwe High School,
Masvingo Zimbabwe
February 2012 - June 2016

N/A, Degree In Healthcare Work
ST JONH AMBULANCE,
Harare, Zimbabwe
February 2022 - March 2023

MANUEL CHIWERENGA

PROFESSIONAL SUMMARY

I am a highly motivated, conscientious, and competent healthcare assistant with in-depth knowledge and expertise in the industry. With a proven track record of achievement, I bring positivity, support, and a creative mindset to any team. I take pride in solving challenging problems, maintaining high standards, and assisting my employer in achieving their commercial objectives. With a strong desire for professional development, I am confident that I can add value to your organization by ensuring that your service users receive the best possible care. With over one year of experience in similar roles in the United Kingdom, I can be relied upon to deliver on everything that I set out to achieve. Furthermore, I am always seeking ways to help my employer grow and save money simultaneously.

WORK HISTORY

March 2023 - Current

PPC Healthcare Ltd - Senior Healthcare Worker, Sheffield, United Kingdom

- Personal care: Assisting individuals with activities of daily living such as bathing, dressing, grooming, and toileting.
- Emotional support: Providing companionship, listening, and offering reassurance and encouragement to individuals
- Practical support: Assisting with household tasks such as cooking, cleaning, laundry, and grocery shopping.
- Medication management: Supporting individuals in taking their prescribed medications and ensuring they are taken correctly and on time.
- Picking up client shopping and prescriptions.
- Providing personalised care and support to vulnerable individuals, helping them retain maximum independence

May 2023 - Current

HOWARDS SUPPORT - PART TIME SUPPORT WORKER, Oldham, Shaw, United Kingdom

- Supporting and encouraging people to manage their own domestic responsibilities.
- Assisting with their personal care.
- Ensuring they are eating and drinking well.
- Maintaining accurate records and reports.

- Supporting people to access community facilities.
- Providing emotional support for an individual and their families.
- Providing service user general emotional support.
- Medication management: Supporting individuals in taking their prescribed medications and ensuring they are taken correctly and on time.
- Picking up client shopping and prescriptions.
- Providing personalised care and support to vulnerable individuals, helping them retain maximum independence.

November 2023 - June 2024

ROUTES HEALTHCARE - Part Time-Healthcare Assistant, Manchester, United Kingdom

- Provide direct care and assistance to the service user with activities of daily living. This may include elements of personal care, transfers, and feeding.
- Offer emotional support, addressing both the social and emotional needs of the service user.
- Supporting with organising and participating in social activities with the service user.
- Perform medication administration and monitor health status to reduce health complications.
- Maintain positive relationships with individuals, families and other healthcare professionals.
- Complete all required documentation, including care plans, progress notes and incident reports

August 2020 - March 2023

Bowmans Healthcare Ltd - Healthcare Assistant, Harare, Zimbabwe

- Providing personal care & support to clients.
- Assisting clients with showering, dressing, and medication.
- Following an up-to-date care plan for clients.
- Preparing meals.
- Promoting independence and respecting the personal choice of clients.
- Maintaining a daily routine consisting of bathing, dressing, feeding as well as bladder and bowel management.
- Helping with advanced care planning, updating them including advanced statements by the individual.
- Preventing the bed-ridden clients from developing bed sores.
- Providing emotional support to the client and their family, and offering care advice as and when requested.
- Medication administration

SKILLS

- Proven experience in working as a Complex Care Support Worker and Healthcare Assistant.
- Strong work ethic including ability to set priorities, complete work independently, and handle multiple tasks simultaneously.
- Excellent communication skills.
- Effectively communicating with patients, listening to their concerns, and providing emotional support.
- Collaborating with other healthcare professionals, such as nurses and doctors, to ensure coordinated patient care.
- Prioritizing tasks and managing time efficiently to meet the needs of multiple patients.

- Ability to coordinate with outside agencies, including family, physicians, and other professionals
 - Assisting service users with Ventilators, Nebuliser and Cough Assist to client with conditions like Muscular dystrophy.
 - Administering, medication and Feed through PEG feed.
 - Assisting with Mucus Suction machine, changing Urine Catherter and STOMA bag to clients who are more complex with conditions like Motor Neuron disease and Spine injury .
- Demonstrating empathy, understanding, and compassion towards patients, especially those who may be in pain or distress.
 - Being flexible and able to adapt to changing situations and patient needs in a fast-paced healthcare environment.
 - CPR Administration