**Martin Ezenwa O.**
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**Professional Summary**

Dedicated and compassionate Care Support Worker with 5 years of experience providing high-quality care to individuals in need. Committed to promoting client well-being and independence through personalized and empathetic support. Skilled in communication, patient care, and time management. Seeking to leverage expertise and passion for caregiving to contribute positively to society.

**Professional Experience**

**Healthcare Assistant**
*Profad Care Agency, Cambridge, UK*
*June 2021 - Present*

* Provide personal care and aid to vulnerable individuals, supporting them to retain maximum independence.
* Build patient confidence through exercises, promoting positive lifestyle habits and improved well-being.
* Collaborate meticulously with nurses to ensure clear communication and optimal patient care.
* Maintain continuous communication and follow-up with clients to ensure timely resolution of daily incidents.
* Assist with dressing, washing, and mobility for patients.
* Redirect requests to appropriate support teams as needed.
* Create clear and concise incident management reports.
* Engage with patients to ensure comfort and address their needs.
* Proper handling of specimens, adhering to decontamination policies.

**Care Assistant**
*Living Word Schools Care Agency, Lagos, Nigeria*
*October 2015 - June 2021*

* Provided a high standard of care to elderly patients.
* Ensured the accurate completion of all administrative tasks related to patient care.
* Maintained a clean and healthy environment in clients' homes.
* Accompanied clients on outings to encourage engagement.
* Delivered daily care focused on personal hygiene and general well-being.

**Areas of Expertise**

* Highly adaptive with a proven record of achievement
* Proficient in Microsoft Office and Microsoft 365
* Strict adherence to GDPR requirements for client data confidentiality
* Meticulous attention to detail
* Excellent time management, ensuring timely care delivery

**Skills**

* Understanding of basic medical knowledge
* Compassion and empathy
* Patience and understanding
* Attention to detail
* Time management
* Emotional resilience

**Education**

**MSc Information Systems**
*Anglia Ruskin University, Cambridge, UK*
*2022*

**Certifications**

* Health and Care Safety Awareness, 2023, Cambridge, UK
* Moving and Handling, 2023, Cambridge, UK
* First Aid, 2023, Cambridge, UK
* Safeguarding, 2023, Cambridge, UK

**References**

Available upon request.