

MARY NYAHUNI CURRICULUM VITAE

+44 7840 449 244

nyahuni1@gmail.com

Location – NO 5 Blatchford Close, Meir, Stoke on Trent, United Kingdom

PROFESSIONAL SUMMARY

Compassionate and dedicated care worker with experience in providing personalised care to individuals. Proficient in medication administration and committed to ensuring the health and well-being of clients. I am skilled at monitoring ongoing conditions with knowledge of documentation practices. Experienced in childcare, elderly care, and managing challenging situations. Takes pride in offering optimum support to clients through personalised assistance and care required to manage diverse conditions.

SKILLS

- Medication administration
 - Time management
 - First Aid and CPR
 - Mobility assistance
 - Emotional patient support
 - Slides and hoist operation
 - Good communication skills
 - Excellent coordination
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WORK EXPERIENCE

Care a Lot, United Kingdom

May 2023 – Present

Position – Healthcare Assistant

Responsibilities and Duties

- Ensured lunch and breakfast were provided and ate according to dietary needs and preferences.
- Managed daily hydration by providing coffee, water, and other beverages to maintain proper fluid intake.
- Administered prescribed medications accurately, monitored the patient's response, and ensured adherence to medication schedules and safety protocols.
- Coordinated and completed errands, including driving the patient for shopping trips, recreational activities, and other outings to promote engagement and relaxation.
- Performed various household chores, including cleaning and organizing, while assisting with personal care and daily activities to enhance the patient's comfort and well-being.
- Helped with mobility exercises to improve the patient's physical health and independence.

Alie Healthcare Ltd, United Kingdom

May 2023 – July 2023

Position – Healthcare Assistant

Responsibilities and Duties

- Provided comprehensive care for a stroke patient, including monitoring and assisting with their daily needs and rehabilitation.
- Ensured the patient's safety by safeguarding them from significant harm, abuse, and neglect, following all relevant protection protocols.
- Drove and escorted patients to medical check-ups and hospital appointments, ensuring timely and safe transportation.
- Assisted with exercise activities for the bedridden patient as directed by physiotherapists.
- Administered bed baths, dressed the patient, changed linen, and provided feeding assistance to maintain hygiene and comfort.

Zimbabwe Institute of Public Administration and Management

August 2020 – April 2023

Position – Support Worker (Health Wellness Department)

Responsibilities and Duties

- Protected and maintained the patient's privacy, ensuring confidentiality and respectful handling of personal information.
- Wiped down and sanitized workspaces frequently to maintain a clean and hygienic environment.
- Adhered to policies and procedures to ensure smooth daily operations and compliance with care standards.
- Monitored the patient's health regularly, tracking vital signs and reporting any changes or concerns.

Private Residence, Dementia Patient

September 2019 – April 2023

Position – Home-based Caregiver

EDUCATION & PROFESSIONAL CERTIFICATES

Zimbabwe Red Cross Society

Nurse Aide Course

2022

Working with People who have Disabilities

Florence Academy

Infection Prevention and Control Certificate

Moving and Handling of People Certificate

Epilepsy and Buccal Midazolam Certificate

Person centred care

MCA and DOLS

Health and Safety

Falls prevention.

Equality and Diversity

Data protection
Pressure ulcer risk assessment.

REFERENCES

Available upon request