

Curriculum Vitae Of Memory Jengwa

PERSONAL DETAILS

Date of Birth: 01/ 11/ 1989

Address: 14 Mutapatila Street Kalambazo, Mamelodi South Africa

Nationality: Zimbabwean

Phone Number: +27632287071

Email: jengwam@yahoo.com

PROFESSIONAL PROFILE

A compassionate and experienced residential support worker with 3 years experience in adult care and a diligent self motivated professional with strong dedication to caring for others. Having worked in a community and home setting I am confident in providing care to all age groups ensuring that all persons are supported and encouraged.

CORE SKILLS

- Caring , supportive and good hygiene
- Strong interpersonal skills
- Good spoken and written communication
- Food preparation
- Client safety
- Personal care
- Child care
- Food preparation
- First Aid Trained
- Ability to work as part of a team as well as on my own initiative

CAREER SUMMARY

Residential support worker: Retire At Home February 2023 to date

Supporting adult residents in their daily activities to live a full meaningful life, personal shopping and grooming

Elderly Care worker in a private home setting January 2021 to December 2022

Provided end of life care for a client following her diagnosis with end-stage diabetes until she passed on in December 2022.

KEY RESPONSIBILITIES

- Assisted client with her personal care, supported her to use the bath, shower and giving her strip or bed baths in the later days.
- Assisted with oral care including brushing teeth .
- Assisted client to use the bathroom including use of toilet and commode or bed pan.
- Supported in picking out clothes and get dressed and undressed .
- Managed all client's medication including giving the correct dose and type of medication in line with the prescription.
- Prepared healthy and nutritious meal promoting healthy choices where possible and created blended meals when necessary.
- Completed household chores such as laundry and dusting to maintain a clean and safe environment
- Supporting service users to enjoy a high standard of care
- Working as part of a team and undertaking other tasks to ensure the comfort and well-being of service users
- Facilitating the service user's needs for community intergration
- Implementing person centered care plans to support individual service user in achieving their personal goals
- Daily report writing documentation and providing accurate hand over to colleagues
- Liaising and giving feedback to parents and guardians on the progress of each service user
- Working in collaboration with other health professionals , social workers, general practitioners, daily service staff etc

KEY ACHIEVEMENTS

- Commended by Public health nurses, the G.P and client's family members for the exceptional level of care given.

EDUCATION

- First Aid Training - Chilton
- Elderly Care Assistant Certificate – Chilton
- Special Needs Course For Child And Adult Care – Chilton
- National Certificate in Tourism And Hospitality – Vocational Education
- O' level
- IELTS Test Certificate Band 6.5
- South African driver's license

REFERENCES

Retire At Home – Sr Yolandi (Nurse Manager) +27714922257 Email: yolandi@retireathome.co.za

Private Client -Mr Makuya +27680695803 Email: Romuellingmakuya@gmail.com