



# Mitchelle Tatenda Nyatsvimbo

## Health Care Assistant

Patient and compassionate individual, with years of solid Support work and caregiving experience. Highly skilled in determining service users' specific personalities and correlating special care needs. Exposed to varied home environments and can offer support to service users with diverse conditions and all age groups. Offers superior skills in individual needs assessment and healthcare team collaboration. Passionate multi-tasker dedicated to supporting team objectives to facilitate top-quality care. Well-versed in monitoring and noting vital signs, cleaning and sanitizing areas, and assisting with personal hygiene tasks such as toileting and other personal care-related tasks. Skilled at monitoring ongoing conditions with knowledge of documentation practices. Compassionate nature provides families with peace of mind while offering ambulation and personal assistance to meet diverse service users' needs offering person-centered care. Currently seeking a role to showcase my current skills while further developing my professional journey.

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📍 United Kingdom

## WORK EXPERIENCE

### Support worker Bethal mama care LTd

10/2022 - Present

*Achievements/Tasks*

- ◇ Deliver support for clients with mobility issues. Guarantee user safety by monitoring wellbeing and promptly reporting concerns.
- ◇ Prevent accidents and falls by ensuring cleanliness and tidiness of service user homes.
- ◇ Feed clients with severe limitations and assisted more mobile clients with self-feeding. Use manual handling techniques and lifting aids to position clients in safe, comfortable postures.
- ◇ Administer medication and keep comprehensive records. Involve clients in decision-making to promote independence.
- ◇ Toileting and all aspects of personal hygiene. Continence management. Hoisting Service Users according to what is needed at that time eg hoisting from bed to commode/chair or vice versa.
- ◇ Ensure all information regarding service users is kept in strictest confidence and documented accurately on daily report sheets.

### Team leader Bethal manna care

02/2023 - 12/2023

*Achievements/Tasks*

- ◇ Providing leadership instruction and supervision for a team of care workers
- ◇ Delegates duties esp prescription pick up and taking service user for activities Ensured compliance with all external regulatory standards.
- ◇ Ensure quality of care meets the highest standard. Overseeing progress towards goals, and coaching team members as needed.
- ◇ Assist the service user with toilet/commodes and in the use of incontinence pads.
- ◇ Prepare detailed care plans ensuring they meet the individual needs of the service user. Constantly updating care plans and risk assessment of service users.

## CORE SKILLS

Companionship and emotional support

Dementia and Alzheimer's knowledge

Toileting support

Surface wound care

First Aid and safety

Care plan management

Administering medication

State regulations knowledge

Patient care

Scheduling

Food preparation

Physical therapy

Chronic disease management

Personal hygiene

Transporting residents

Daily living assistance

Recording vital signs

Complex care

Safe patient handling

Safeguarding

## SOFT SKILLS

Communication skills

Work ethic

Flexible and adaptable

Time management

Stress management

Receptive attitude

## ◆ SOFT SKILLS

Problem solving

## ◆ CERTIFICATES

NVQ3 Diploma in Health and social Care: Completed: 2024

elfh NHS care certificates (2024)

PHLEBOTOMY certificate lead academy (2024)

CITATION care certificates (2024)

PBS workshop certificates- The Kent autistic trust (2023)

Kent safe guarding children certificates (2023)

High School Certificate (GCSEs) (2013)

## ◆ ADDITIONAL INFORMATION

Seeking Visa Sponsorship within the UK

Right to work in the UK (valid BRP)

Covid 19: Fully Vaccinated

Proven English Proficiency

UK Full Driving Licence with own vehicle.

## ◆ REFERENCES

[laura@maslowrss.co.uk](mailto:laura@maslowrss.co.uk)

[Info@bethalmanncare.co.uk](mailto:Info@bethalmanncare.co.uk)

## ◆ WORK EXPERIENCE

### Support worker (Bank staff) Maslow residential support services

08/2023 - Present

Achievements/Tasks

- ◆ Helping young people gain self control by challenging unacceptable behaviour and rewarding acceptable pro- social conduct.
- ◆ Ensuring each young person support plan is followed and amended to reflect changing needs.
- ◆ Ensuring each young person's support plan is followed and amended to reflect changing needs.
- ◆ Actively listening to young people's complaints and feedback, actioning improvements to continuously elevate the quality of care.
- ◆ Advise , assist, and support young people. Attend to young people's practical physical and emotional needs.

## ◆ SUMMARY OF OTHER ROLES AND GAPS

Healthcare assistant David mansion clinic (06/2022)

Community Carer: (learning difficulties (2018 - 09/2022)

Studying A level (2019)

Personal care assistant: Home Care ( service users with varying conditions) (2014 - 2017)

Culinary Arts (2014)

Staying at Home actively searching for professional college (2013)

Supplementing o levels (2011 - 2012)

Secondary school (2007-2010)

## ◆ KEY ABILITIES

Extended ability to provide quality outpatient care to clients in diverse settings. Sound knowledge of regulations and standards of public health, safety, and sanitation

Ability to manage the extra workload and ability to multitask. Ability to perform basic home management and cooking skills.

Ability to operate care-related equipment for safe patient handling for instance using sliding sheets, hoists, and other handling equipment. For Example Exam Light, Humidifier, Hospital Bed, Thermometer, Peg Feeding, Standing Hoist, Sara Steady, Ceiling Hoist, Zima Frame, Nebulizer, Stretcher Thermometer, Ventilator and Full Hoist.

Ability to follow care plans. Ability to recognize anomalies in general conditions and report to management.

Ability to pay close attention to detail. Sensitivity to the needs of others; trustworthiness, integrity, and flexibility.