

Moleen Tsitsi Nyamugure

Bradford , United Kingdom
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Professional Summary

Empathetic Care Assistant skilled in delivering top-quality home care support. Effectively ambulating patients, meeting personal grooming needs and administering medications. Detail-orientated, maintaining clean and organised personal areas to support daily living safety.

Skills

Progress reporting	Trustworthy and reliable
Medication administration	Personal care
Risk assessment	Safeguarding knowledge
Dependable and Responsible	Organization and Time Management
Analytical and Critical Thinking	Excellent Communication
Multitasking Abilities	Slides and hoist operation

Experience

Tempcare Personnel
Care Assistant

Bradford , United Kingdom
Nov 2023 - Current

- Uphold safety and hygiene standards to reduce incidents and accidents by 80%
- Improving 60% satisfaction ratings by providing faultless personal care
- Administering medication and kept comprehensive records
- Offering compassionate physical and emotional support to service users, enhancing overall health and wellbeing
- Assisting service users with dressing, grooming and feeding needs, helping to overcome and adapt to mobility restrictions
- Safely transitioning service users between sleeping surfaces and mobility assistance such as wheelchairs, providing consistent support
- Supervising frequent activities such as medication and personal hygiene to provide safe living environment for service users
- Preparing nutritious, delicious meals that received 80+% positive service users feedback
- Minimising 80% hospital admissions by observing service users' reactions to medication and treatments, promptly reporting abnormalities to healthcare team
- Maintaining wheelchairs, walking frames, and hearing aids
- Practicing safety and hygiene procedures by maintaining clean work environment
- Applying safe transportation techniques to transfer residents between rooms ensuring 0% incidents
- Assisting in all aspects of personal care, retaining comfort and dignity
- Helping individual manage daily activities of living due to age, illness or injury, or chronic condition
- Preventing 80% accidents and falls by ensuring cleanliness and tidiness of service user's home
- Improving service users' satisfaction ratings by providing faultless personal care

- Built patient trust through consistently compassionate care with necessary physical and emotional support
- Maintained 100% safe and clean working environment for client and family, adhering to infection-control, hazardous waste and other policies and protocols across all tasks
- Established turning and repositioning routine for bedridden client that led to 80% reduction in reported bed sores
- Helped clients to consistently meet nutritional needs, providing eating encouragement and support to prevent malnutrition.
- Followed safe lifting and driving practices to achieve highest level of client safety.
- Administered medication with rigorous planning and record keeping. Provided personal hygiene assistance, consistently promoting comfort, dignity and respect.
- Observed and documented vital signs, promptly reporting abnormalities for monitoring.

*Econet wireless
Administrator*

*Harare , Zimbabwe
Jan 2010 - Apr 2013*

Education

<i>GA Training MPVA</i>	<i>Dec 2023</i>
<i>GA Training Moving and handling of people</i>	<i>Dec 2023</i>
<i>GA Training Care Certificate</i>	<i>Dec 2023</i>
<i>Caredemy Level 1-15</i>	<i>Aug 2023</i>
<i>Florence Online Academy level 1-15</i>	<i>Apr 2022</i>
<i>University Of Zimbabwe Bachelor of Science: Administration</i>	<i>Dec 2009</i>

Language

English , Advanced

Additional Information

- Enhanced DBS
- Right to work
- References upon request