

# OHUNENE SULE

King's Lynn pe30 5ap

[ohunenesulearqzn\\_b9q@indeedemail.com](mailto:ohunenesulearqzn_b9q@indeedemail.com)

07778146660

As a compassionate and dedicated care assistant with over four years of experience in care homes, I bring a deeply ingrained commitment to providing exceptional support and assistance to individuals of all ages. Throughout my career, I have cultivated a profound understanding of the diverse needs and challenges faced by patients, whether they are adults or children.

My approach to caregiving is rooted in empathy, kindness, and genuine concern for the well-being of those under my care. I firmly believe in the power of compassionate communication to foster trust, comfort, and meaningful connections with patients. Whether I am assisting an elderly adult with their daily activities or providing care to a child in a residential setting, I strive to create a warm and nurturing environment where individuals feel valued, respected, and supported. In addition to my compassionate nature, I possess a comprehensive skill set that enables me to deliver high-quality care tailored to the unique needs of each patient. From personal care tasks to medication management and emotional support, I am adept at providing a wide range of services with professionalism, sensitivity, and attention to detail.

I am deeply passionate about making a positive difference in the lives of others and am dedicated to upholding the highest standards of care at all times. I am committed to ongoing professional development and continuously seek opportunities to expand my knowledge and skills in the field of healthcare.

In summary, my extensive experience in domiciliary care and care homes, coupled with my compassionate and kind approach to communication with patients, positions me as a valuable asset to any healthcare team. I am excited about the opportunity to contribute my expertise and passion to provide exceptional care to those in need.

## Work Experience

---

### **Support Worker**

Hilton Care-King's Lynn

February 2024 to April 2024

- Maintained secure environment for staff and residents, following established

safety standards.

- Reported all incidents and accidents to the supervisor.
- Provided proper care and observation of patient's skin to prevent breakdown.
- Assisted clients with the self-administration of medications.
- Followed specific care plans for clients and reported on completed tasks.
- Assisted residents in and out of bed and wheelchairs, using safe lifting and transferring techniques.
- Coordinated medical appointments, errands, and social events.
- Fostered resident comfort by answering requests and reporting observations to nursing supervisor.
- Assisted residents in activities of daily living to maintain health and dignity.
- Helped clients with daily tasks, such as laundry, housekeeping, and shopping.
- Reported health changes and provided proper documentation to appropriate staff.
- Prepared meals according to client dietary requirements.
- Responded to resident dining needs and assisted with feeding.

### **Trading Assistant**

King's Lynn

November 2023 to January 2024

- Supported customer service by resolving complaints and ensuring product availability.
- Adhered to legal, quality, and company standards in product handling.
- Monitored stock levels to optimize inventory turnover and reduce wastage.

### **Care Assistant**

Goodnews Hospital-Edo State, Nigeria

May 2020 to September 2023

- Worked in cooperation with family and outside providers to meet physical and emotional needs of patient.
- Assisted residents in and out of bed and wheelchairs, using safe lifting and transferring techniques.
- Read and contributed to shift reports and care notes.
- Offered safety guidance protection to increase mobility for clients with impaired judgment.
- Transported client to doctor's office and essential errands.
- Helped clients with daily tasks, such as laundry, housekeeping, and shopping.
- Facilitated social activities for clients to maintain a sense of purpose and community.

- Assisted residents in activities of daily living to maintain health and dignity.
- Prepared meals according to client dietary requirements.
- Coordinated medical appointments, errands, and social events.
- Served clients regular balanced meals for breakfast, lunch and dinner.
- Completed and submitted clinical documentation in accordance with agency guidelines.
- Performed healthcare-related tasks, such as monitoring vital signs and medication, under direction of registered nurses and physiotherapists.

## Education

---

### **National Diploma in (OND) in [Field]**

Auchi Polytechnic - Benin City

January 2015 to April 2017

## Skills

---

- Feeding Assistance
- Indirect Patient Care
- Microsoft Word
- Emotional Resilience
- Dedicated team player
- Care Plan Adherence
- Housekeeping
- Dementia Care
- Basic Housekeeping
- Computer Literacy
- Client Confidentiality
- Strong problem solver
- Documentation
- Patient Companionship
- End of life care
- Meal Preparation
- Mobility Assistance
- Incident Reporting
- Typing
- Compassionate Care

## Certifications and Licenses

---

### **Care Certificate**