

# OLUWATOBILOBA SAMUEL AJIBADE

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Oakington Road  
Cottenham  
Cambridge  
CB24 8TW  
(Willing to relocate)

## PROFESSIONAL SUMMARY

Empathetic Care Worker with sensitive and compassionate approach in assisting elderly, convalescents, or persons with disabilities with daily living activities at home or in care facility. Expert in providing physical and emotional support to patients dealing with a wide range of medical conditions. Caring, organized, and friendly, with excellent interpersonal skills and a demonstrated understanding of vital sign reading, aseptic and infection control procedures. Dedicated to improving the well-being of others and providing compassionate care to the community.

## WORK HISTORY

### Healthcare Assistant

April 2023 - Present

Permanent | WesleyCare Limited | Staffordshire, UK

- Complete activities of daily living for patients unable to self-care, and assisted those with limited mobility in completing tasks.
- Monitor and record vital signs, symptoms, and changes in patient condition.
- Administer medications and treatments as prescribed by healthcare professionals.
- Educate patients and their families on healthcare procedures and self-care techniques.
- Establish and maintain effective communication with staff, and physicians to promote high quality patient care.

### Nurse Assistant / Care Support Worker

December 2021 - March 2023

Permanent | Bolutife Nursing Home | Lagos, Nigeria

- Provided care to patients throughout lifespan with consideration of aging processes, human development stages and culture.
- Assisted with feeding and monitored intake to help patients achieve nutritional objectives.
- Monitored client vital signs such as temperature, blood pressure, and blood sugar levels, administered medications, and tracked behaviors to keep healthcare supervisor well-informed.
- Utilized therapeutic communication, empathy and active listening skills to encourage and develop positive relationships with patients, while providing personal care assistance.

## **Health Manager**

January 2020 - February 2021

Permanent | Gideon Salvation Hospital | Ogba-Ikeja, Lagos, Nigeria

- Performed routine facility inspections to identify areas for improvement and eliminate hazards posed to staff and residents.
- Arranged for equipment maintenance and repairs and coordinated variety of services such as waste removal and pest control.
- Represented organization at conventions, public hearings and forums, speaking for facility needs and sharing key activities.
- Implemented successful healthcare program through professionalism, quality of care, medical teaching and patient satisfaction.

## **Public Health Officer**

March 2017 - March 2018

Temporary | Ministry of Health, Minna. Department of Public Health. | Niger State, Nigeria

- Set up community health education and promotion programs to reduce chronic conditions.
- Educated and trained healthcare providers on health and safety practices for patients.
- Participated in health promotion campaigns to raise awareness of health issues.
- Analyzed health data and created reports to present to community leaders and stakeholders.
- Gave public talks on importance of health and safety and specific disease prevention and treatment strategies.
- Participated in health care research initiatives, developing and evaluating health prevention programs.

## **Lecturer, Environmental Health Department**

January 2017 - December 2017

Temporary | NewGate College of Health Technology, Minna. | Niger State, Nigeria

- Developed semester outlines and instructional plans for each class session to comply with stated course objectives.
- Used variety of learning modalities and support materials to facilitate learning process and accentuate presentations.
- Impartially evaluated papers, projects and homework assignments of students.

## **EDUCATION**

### **Bachelor of Science**

Institut Supérieur De Sante University, Niger Republic. – 2016

Public Health | 2.1

## TRAINING & CERTIFICATIONS

<b>Level 3 Diploma Health and Social Care</b> Academy for Health and Fitness	December 2023
<b>Outstanding Learning &amp; Workplace Performance Award</b> Maxival Centre for Skills Development	December 2023
<b>Care Certificate (standard 1-15)</b> Caredemy	May 2023
<b>Care Certificate Induction</b> Social TV	May 2023
<b>Mandatory Training for Social Care Settings (Moving and Handling)</b> Maxival Centre for Skills Development	May 2023
<b>Nurse Assistant Certificate</b> Bolutife Nursing Home	November 2012

## SKILLS

Community Health, Public Health, Time Management, Problem Solver, Multitasking, Interpersonal Skills, Effective Communication Skills, MS Office Proficiency, Medication Administration, Vital Signs Monitoring, Activities of Daily Living (ADL) Support, Nurse Assistant, Health and Safety Compliance, First Aid, Good Listener

## PROJECTS

- Facilitator and Supervisor for Maternal and Child Health week, Paikoro LGA, Niger State.
- Organized Free Medical Check in conjunction with BCLEM Health Consulting Agency, Health-Lens Agency.
- Epidemiologist on GE and Monkey Pox Outbreak. Provided Health Sensitization on the outbreak.

## HOBBIES & INTERESTS

Dancing, Gym, playing an instrument, Reading, Table tennis, Socialising, Football, Learning languages, Music, Pets

## REFERENCES

References available on request