

OSCAR OKWARA

PROFESSIONAL SUMMARY

Compassionate and reliable team member with impressive work ethics, committed to improving health and wellbeing by facilitating exceptional levels of care, proactive and friendly communicator with superb rapport building skills. Empathetic care worker with sensitive and compassionate approach to cultivating trusting, stimulating and varied lifestyle for residents, offer enhanced care with flexible learning approach for patients
Talented

Support Worker focused on improving client lives through high-quality support and patient instruction.

Health Care Employment Partners Ltd - United Kingdom

- Assisted clients with daily living needs to maintain self-esteem and general wellness.

Proficient in life, financial and social

- skills, helping clients integrate into community and live more robust lives. •

Creative and empathetic assistant with five years of experience building

- community and developing social

Competent planner, developer and

- Created, prepared, and delivered reports to various implementer of complex individual

- program plans. Certified medication administrator, verifying patient

- medicine and nutrition plan

Assisted clients in identifying community resources and connecting with appropriate services.

Documented client progress and activities in accordance with agency policies and procedures.

adherence according to strict detail. Dedicated Social Worker provides exceptional professional care and implements appropriate

- Assisted clients in developing and setting realistic goals to promote positive change. Developed and maintained strong relationships with community resources for

SKILLS

- Cleaning and Sanitizing
- Daily Living Support
- Technical Support and Assistance
- Accounts Payable and Receivable
- Software and Hardware Issues
- Documentation Abilities
- Dictation and Transcription
- Meal Preparation

WORK HISTORY

Interaction Health And

skills through incremental therapeutic techniques. Caring and empathetic support worker with five years of experience providing therapeutic

- support for adults with disabilities.

Helped clients manage and reach individual goals, supporting independent progression and social skills.

Transported clients to appointments, shopping venues and entertainment events according to determined schedule.

Kept clients engaged in social networks and communities for personal health and growth.

Promoted community integration by providing extensive physical, emotional and social support.

Visited home environments to help clients develop comprehensive life, technical and job skills.

departments.

- successful referrals.

interventions. Utilizes variety of

- resources to identify unique needs and assist vulnerable populations.

- Adept at establishing strong rapport

Participated in professional development and training opportunities to enhance clinical skills.

Provided crisis counseling and intervention services to clients in emergency situations.

with individuals from diverse backgrounds.

Social Care Limited 43 High

Street Huntingdon

Cambridgeshire PE293AQ

10/01/2024 currency

- Personal Errands

- Oral Hygiene

- General Housekeeping

- Housekeeping Duties

- Deliver Exceptional Care

- Service Documentation

- Problem Identification

- Client Records

- Management

establish treatment plans. • Conducted home visits to assess clients' home environment and provide support.

EDUCATION

• Administered assessments to identify clients' needs and

Caregiver, 01/2022 - 12/2022

Zikanoc Health Care Provider - Lagos Nigeria

- Assisted clients with daily living needs to maintain self-esteem and general wellness. Assisted with dressing guidance, grooming, meal preparation, and medication reminders.
- Engaged patients in meaningful conversation, socialization, and activity while providing personal care assistance.
- Built strong relationships with clients to deliver emotional support and companionship.
- Cleaned house, ran errands, managed laundry, and completed weekly grocery shopping.
- Assisted with feeding and monitored intake to help patients achieve nutritional objectives.
- Maintained clean personal areas and prepared healthy meals to support client nutritional needs.
- Provided safe mobility support to help patients move around personal and public spaces.
- Supported clients with mental support and physical activities to accomplish quality of life and sustain needs.

Medical Administrative Assistant Volunteer, 02/2019 -

10/2021 **Umuguma General Hospital** - Owerri Imo State
Nigeria

- Directed patients to exam rooms, fielded questions, and prepared for physician examinations.
- Answered telephone calls to offer office information, answer questions, and direct calls to staff.
- Coordinated patient scheduling, check-in, check-out and payments for billing. • Adhered to strict HIPAA guidelines to protect patient privacy.
- Provided prompt, polite and professional in-person and telephone customer service.
- Updated patient information and insurance details for accurate electronic medical records.
- Prepared patient charts by gathering and organizing medical records ahead of appointments.
- Used [Software] to schedule appointments for doctor visits and procedures. Gathered forms and copied insurance cards to collect patient information for billing and insurance filing.

Care Assistant, 09/2016 - 03/2018

Trinity Medical College - Owerri Imo State Nigeria

- Recognized and reported abnormalities or changes in patients' health status to case manager.
- Documented residents' mental status, sleep, and eating patterns in medical record books.
- Monitored and maintained cleanliness, sanitation, and organization of assigned station and service areas.
 - Planned, prepared, and served meals and snacks according to prescribed diets.
 - Ran errands for patients, did shopping, and picked up other necessities.
 - Scheduled and accompanied clients to medical appointments.
- Assisted clients with daily living needs to maintain self-esteem and general wellness. Built strong relationships with clients to deliver emotional support and companionship.
- Engaged patients in meaningful conversation, socialization, and activity while providing personal care assistance.
- Assisted with dressing guidance, grooming, meal preparation, and medication reminders.
- Supported clients with mental support and physical activities to accomplish quality of life and sustain needs.
- Provided safe mobility support to help patients move around personal and public spaces.
- Maintained clean personal areas and prepared healthy meals to support client nutritional needs.

Medical Records Assistant, 05/2013 - 11/2016

International Christian Hospital - Owerri Imo State

- Filed records for timely retrieval.
- Audited files for completion and accuracy.
 - Posted medical records promptly upon accurate assembly and analysis.
 - Communicated with doctors and insurance companies to resolve patient issues.
 - Coordinated assessments for client company's personnel.
- Created and delivered presentations to promote health education.
- Uploaded physician progress notes, history, and physicals into electronic medical records.
 - Reviewed charts and flagged incomplete or inaccurate information.
 - Scanned medical records in digital format for easy retrieval and accessibility.

CERTIFICATIONS

NVQ/QCF LEVEL2
 MENTAL HEALTH
 HEALTH AND SOCIAL