

# OGUNGBAYI BAMIDELE

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## **CAREER OBJECTIVE**

A driven individual with enthusiasm who has worked in home, personal, and elder care. Having an outstanding interpersonal skills and the capacity to speak clearly and succinctly with both patients and coworkers. My dedication lies in building empathetic relationships and offering tailored treatment that improves the mental, physical, and overall health of individuals requiring assistance. I make sure individuals in need receive top-notch treatment. I try to create efficient care plans that are suited to the particular requirements and preferences of every client. My goal is to make a good difference in people's lives by providing care, and I also want to help the care and support industry develop and advance.

## **WORK EXPERIENCE**

**BOLTONCARES, UNITED KINGDOM. 25/02/2024TILL DATE**

### **Health Care Assistant**

- Worked with practitioners and allied health professionals to provide practical support and follow-up to clients.
- Provided timely intake, assessment and appropriate intervention to clients experiencing crises.
- Maintained confidentiality of clients' information.
- Supported clients experiencing substance abuse issues, offering access to additional resources and targeted programmes.
- Developed relationships with medical, welfare and educational agencies serving client needs.
- Helped clients make informed decisions and follow individual treatment plans.

- Listened to clients' current struggles to signpost relevant support.
- Supported clients with rehabilitation and socialisation in community settings.
- Helped service users to gain ability to function independently in society.
- Highlighted additional support provisions to maximise clients' growth opportunities.
- Led workshops under professional supervision.
- Assisted service users to obtain and access community resources.
- Monitored client progress and adapted support programmes to meet changing needs.
- Identified key client needs to develop targeted support programmes.

#### **GLOBAL 4 HEALTH, UNITED KINGDOM 09/02/2023 - 22/02/2024**

##### **Health Care Assistant/Support Workers**

- Facilitated regular leisure activities to fully engage clients.
- Monitoring patient's conditions by taking temperatures, pulse, respirations and weigh.
- Serving meals and helping to feed patients.
- Washing and dressing patient.
- Notified staff of observed behavioral changes in patients.
- Talked and actively listened to service users to nurture trusted relationships.
- In charge of housekeeping duties such as cleaning and laundry to maintain a tidy and safe environment.

#### **CUTE CARE HOSPITAL**

##### **2A KEFFI STREET LAGOS, NIGERIA 03/07/2018- 17/05/2020**

##### **Support Care Worker**

- Successfully support people with complex health and communication support needs.
- Assisted service users with daily tasks, including all care assistance such as personal hygiene care, daily routines and social activity support.

- Practiced personalized motivation strategies to engage service users in physical activities.
- Provide emotional support by patiently listening, communicating and engaging in activities that uplift social and emotional well-being.

**ENLIGHTEN CARE ACADEMY, LAGOS, NIGERIA. 07/06/2017-12/05/2018**

**Health Care Giver**

- Planned and hosted weekly social events for residents.
- Maximised mobility by moving and handling transfers for residents.
- Improved quality of life for residents through tailored and top-quality care.
- Maintained up-to-date knowledge on developments in first aid and elderly care through refresher courses.
- Implemented social and group exercise activities to engage residents.
- Optimised nutrition to increase food intake, adapting to different dietary needs.
- Guaranteed resident safety, administering medications and treatments in accordance with medical instructions.
- Delivered skin care and grooming routines to boost wellbeing.

**ADEOLU MODEL SCHOOL, IBADAN, NIGERIA. 10/10/2016- 04/05/2017**

**Tutor and Care Giver**

- Met regularly with parents and guardians to discuss children's progress.
- Adapted teaching methods and materials to meet students' varying needs and interests.
- Collected, analysed and tracked data on student progress.
- Completed assignment grading in a timely manner to communicate student progress.
- Provided reading instruction to special needs students.
- Prepared quizzes, tests and examinations to gauge how well students were learning.

- Supported students and parents with strategies for success in a virtual environment and assisted with assignments and projects.
- Completed and filed all necessary paperwork for classroom activities, including meal count sheets and attendance logs.

## **EDUCATION**

Bachelor of Education: Social- Studies, 06/2020

Tai Solarin University of Education – Ijebu Ode, Nigeria.

West African Examination Council, 04(2014)

Merit Comprehensive High School- Oyo State, Ibadan Nigeria

National Examination Council 06/(2014)

Merit Comprehensive High School- Oyo State, Ibadan Nigeria

## **PROFFESIONAL TRAINING**

### **Training Flexebee**

\*ADHD AWARENESS

\*ASBESTOS AWARENESS

\*AUTISTIC SPECTRUM CONDITION (ASC) AWARENESS

\*AUTISTIC SPECTRUM DISORDER (ASD) AWARENESS

\*BASIC OBSERVATIONS

\*BED RAILS AND RISK MANAGEMENT AWARENESS

\*BEREAVEMENT AWARENESS

\*BULLYING AND HARASSMENT AWARENESS

\*CARE CERTIFICATE

\*CHILD NEGLECT

\*COMMUNICATION AND RECORD KEEPING

\*CONSUMER RIGHTS ACT AWARENESS

\*CORONAVIRUS AWARENESS AND INFECTION CONTROL

\*COSHH AWARENESS

\*CUSTOMER SERVICE AWARENESS

\*DEMENTIA CARE

\*DIABETES AWARENESS

\*DIET AND NUTRITION

\*DIGNITY, PRIVACY AND RESPECT

\*DISABILITY AWARENESS

\*DUTY OF CANDOUR

\*DUTY OF CARE

\*DYSLEXIA AWARENESS

## **HOBBIES**

Traveling, Meeting people, Reading and playing football

## **REFERENCES ON REQUEST**