

Oluchi Maurice

Manchester, United Kingdom

Telephone: 07436 462324 E-mail: oluyim83@gmail.com

Personal Summary

A conscientious, polite and hard-working HCA. Able to converse in a polite manner and carry out the routine healthcare tasks required by patients. Contributes extensively to team work and always displays a willing and helpful manner. Able to follow clear instructions and work as part of the ward team carrying out duties required during a shift. Possesses the required inter-personal and communication skills needed to work in partnership with nurses, medical staff, patients and relatives.

Work Experience

Stockport NHS Foundation Trust

Health Care Assistant: Jan 2023 – Present

- Assist patients with activities of daily living, including bathing, dressing, and grooming, while maintaining their dignity and privacy.
- Monitor patient vital signs and report any abnormalities or changes in condition to healthcare professionals.
- Assist nursing staff with patient assessments, wound care, and medication administration as directed.
- Maintain a clean and safe healthcare environment by performing routine cleaning tasks and adhering to infection control protocols.
- Provide emotional support and companionship to patients and their families during hospitalization or rehabilitation.
- Document patient care activities accurately and timely in electronic medical records.

Stockport NHS Foundation Trust

Health Care Assistant (Bank): Feb 2022 – Dec 2022

- Shadowed experienced healthcare professionals to gain hands-on experience in patient care techniques and procedures.
- Assisted with patient transfers, mobility exercises, and positioning to prevent pressure ulcers and maintain comfort.
- Observed and participated in multidisciplinary team meetings to discuss patient care plans and treatment goals.
- Contributed to the implementation of infection control measures and safety protocols to minimize healthcare-associated infections.
- Provided support to patients with cognitive impairments or behavioral challenges, promoting a calm and reassuring environment.

Ini-Edi Hospital and Hospice - Uyo

Support Worker: March 2018 – September 2021

- Provided daily living assistance, including personal care, meal preparation, and medication administration, to clients with physical and intellectual disabilities.

- Administer medications according to prescribed schedules, monitor clients for any adverse reactions, and maintain accurate medication records.
- Collaborated with healthcare professionals to develop and implement individualized care plans.
- Monitored and documented clients' progress, ensuring accurate and timely record-keeping.
- Fostered a supportive and inclusive environment, promoting clients' social engagement and community participation.
- Provide empathetic and compassionate support to clients, actively listening to their concerns, offering reassurance, and encouraging self-expression.
- Facilitate socialization and recreational activities, accompany clients on outings, and encourage participation in community events to promote inclusion and enhance social connections.

Jeconiah Specialist Hospital - Uyo

Support Worker: July 2012 – March 2018

- Provided quality personal care, such as observing, monitoring, and recording patients' conditions.
- Assisted clients with mobility challenges in navigating their homes and communities.
- Provide empathetic and compassionate support to clients, actively listening to their concerns, offering reassurance, and encouraging self-expression.
- Conducted regular assessments to identify evolving needs and modified care plans accordingly.
- Assist with household tasks such as meal preparation, light housekeeping, laundry, and grocery shopping, ensuring a safe and comfortable living environment for clients.
- Facilitated group activities and outings to enhance socialization and recreational opportunities.
- Respond calmly and effectively to emergencies or crisis situations, following established protocols and ensuring the safety and well-being of clients and others involved.
- Collaborated with interdisciplinary teams to ensure holistic and comprehensive client care.

Kaduna State Ministry of Economic Planning, Kaduna State

Data Migration Officer: July 2011 – June 2012

- Applied project management tools and techniques, driving project-related change management
- Coordinated and monitored external consultants to ensure project delivery methodologies and tasks are completed to ensure successful implementations.
- Arranged internal and external live and online meetings/conferences, including regular senior management meetings
- Worked as part of a team in 2012 budget preparation for capital and recurrent expenditures, reconciled and prepared transactional payment vouchers and receipts in Budget Accounting Treasury Management Information System (BATMIS).
- Executed Biometrics capture for State Government into Human Resource Management Information System.

Key Skills and Competencies

- Fully aware of equality and diversity issues.
- An understanding of the concept of confidentiality.
- Compassionate and empathetic approach to patient care, with a commitment to providing personalized and patient-centered support.
- Basic knowledge of personal care & excellent hygiene skills.
- Strong communication and interpersonal skills, with the ability to establish rapport with patients and their families.
- Adhering to all the Healthcare Trusts policies guidelines and procedures.

Academic Qualifications

NVQ Level 3 in Health and Social Care

Masters in Project Management: University of Salford, Manchester United Kingdom

Bachelor of Science in Economics: Kwararafa University, Wukari, Taraba State.

REFEREES

Mrs. Nnenna Christopher
Stockport NHS Foundation Trust
Stockport
Manchester
07308 522186
nnenna.chigbu@stockport.nhs.uk

Mrs. Chidinma Nzeadibe
Chief Nursing Officer
Ini-Edi Hospital and Hospice
Uyo – Akwa Ibom State
+234 806 5111 1601

Ms Marilyn Madumere
Senior Nursing Officer
Jeconiah Specialist Hospital
Uyo – Akwa Ibom State
marilynmadumere@gmail.com
+234 901 806 1894