



Olutayo Mate

Care Assistant

Contact

📍 5, Old Steps View, Garnett Street, Stockport

📞 07721810225

✉️ olutayoolayinka@gmail.com

Languages

- English (Advanced Level)

Skills

- Effective communication skills
- Patience and Empathy
- Safeguarding
- Health and Safety
- Supported Living
- People Management

Hobbies

- Volunteering, interacting with people, discovering new things, meeting new people.

Biography

I am a dedicated care assistant with excellent written and verbal communication skills. Highly adept in daily living assistance, documentation and reporting. Provides wide range support for homebound, disabled, ill, and elderly population.

Work

The Gables Residential Care Home (May 2024 - Present)
Healthcare Assistant

- Maintaining an updated care plan, monitoring clients' progress, and continually reporting.
- Assist in promoting personal wellbeing, fostering independence and building confidence in service users through social and community interaction.
- Contributing to the health and hygiene of the individual by assisting with personal care activities such as washing, toileting and dressing.
- Promoting independence and community inclusion through group activity programs.
- Adapting support to meet each client's individualized care needs to deliver high-quality care.
- Empowering clients to pursue hobbies and leisure activities such as volunteering and creative activities.
- Providing social, emotional, and physical support to assist clients in integrating into local communities.
- Engaging and interacting with clients through excellent communication and interpersonal skills.

Ayomide Medicals (Jan 2023 - Apr 2024)
Care Giver

- Providing mobility assistance inside and outside of the hospital.
- Assisting with personal hygiene and grooming.

- Assisting clients in taking their prescribed medications.
- Preparation of meals and meals schedules.

Education

Federal University of Agriculture, (Jan 2016 - Jan
Abeokuta 2020)
B.Sc Accounting

Manchester Metropolitan University (Sep 2023 - Present)
M.Sc Accounting and Finance (In View)