

#### Contact

- 5, Old Steps View, Garnett
   Street, Stockport
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- ☑ olutayoolayinka@gmail.com

#### Languages

English (Advanced Level)

#### Skills

- Effective communication skills
- Patience and Empathy
- Safeguarding
- Health and Safety
- Supported Living
- People Management

#### **Hobbies**

 Volunteering, interacting with people, discovering new things, meeting new people.

# **Olutayo Mate**

### Care Assistant

## **Biography**

I am a dedicated care assistant with excellent written and verbal communication skills. Highly adept in daily living assistance, documentation and reporting. Provides wide range support for homebound, disabled, ill, and elderly population.

#### Work

The Gables Residential Care Home (May 2024 - Present)
Healthcare Assistant

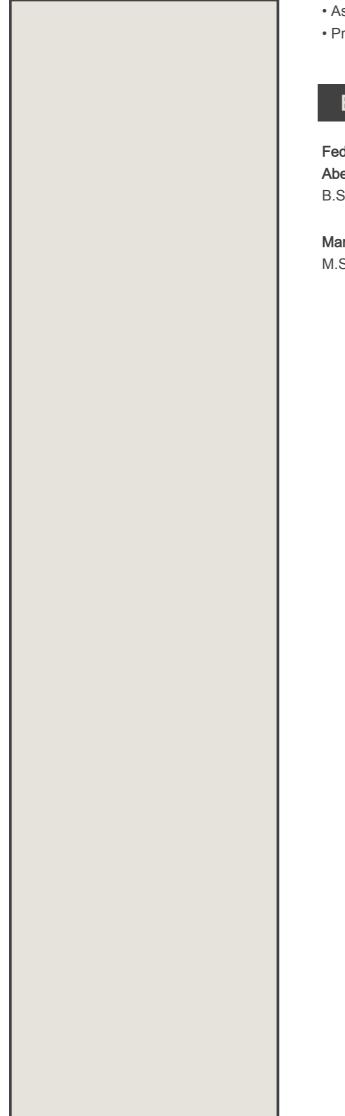
- Maintaining an updated care plan, monitoring clients' progress, and continually reporting.
- Assist in promoting personal wellbeing, fostering independence and building confidence in service users through social and community interaction.
- Contributing to the health and hygiene of the individual by assisting with personal care activities such as washing, toileting and dressing.
- Promoting independence and community inclusion through group activity programs.
- Adapting support to meet each client's individualized care needs to deliver high-quality care.
- Empowering clients to pursue hobbies and leisure activities such as volunteering and creative activities.
- Providing social, emotional, and physical support to assist clients in integrating into local communities.
- Engaging and interacting with clients through excellent communication and interpersonal skills.

#### **Ayomide Medicals**

(Jan 2023 - Apr 2024)

Care Giver

- Providing mobility assistance inside and outside of the hospital.
- · Assisting with personal hygiene and grooming.



- Assisting clients in taking their prescribed medications.
- Preparation of meals and meals schedules.

## Education

Federal University of Agriculture, Abeokuta

(Jan 2016 - Jan 2020)

**B.Sc Accounting** 

Manchester Metropolitan University (Sep 2023 - Present)

M.Sc Accounting and Finance (In View)