

Precious Irojiwa

Healthcare Assistant

Contact

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Skills

Case Management

Patient Management

Diligent care assistant focused on providing optimal support to clients through personalized assistance and care required to manage diverse medical conditions. Proficient in organizing medications, doctor appointments and personal activities. A reliable individual with an approachable demeanour, championing patient independence, hard working patient caring organized and friendly with excellent interpersonal skills. Compassionate caregiver, assists elderly or disabled clients and patients from hospices or recovery centers. Observes and reports on patient status, cleans and organizes living quarters and provides companionship. Demonstrated knowledge of vital sign reading and proper aseptic and infection control policies.

Experience

09/2021 Care Assistant

to Current *Delta Hospital & Maternity Fegge Onitsha
Anambra State. Nigeria*

Direct Patient Care:

- Facilitated communication between patients, families, and healthcare teams to maintain an open dialogue about ongoing care needs.
- Conducted regular safety checks on equipment used in patient care to ensure proper functionality and mitigate risks.
- Recognized and reported abnormalities or changes in patient's health status to case manager.
- Administered medications under supervision of licensed healthcare providers, following established protocols for dosage accuracy and timing.
- Assisted patients in maintaining personal hygiene through regular basis baths or showers according to individual preferences.
- Assisted with meal preparation and feeding, ensuring guidelines for optimal health.
- Participated in ongoing professional development opportunities, staying current with best practices in care giving, techniques.

- Provided emotional support to patients and their families throughout the care giving process, building trust and rapport.
- Monitored client vital signs, administered medications, and tracked behaviors to keep healthcare supervisor well-informed.
- Transported individuals to events and activities, medical appointments and shopping trips.
- Guided patients to restroom to support bladder and bowel relief requirements.
- Laundered items, changed sheets and made bed to keep patient's bedroom clean.
- Recorded patient's pulse, blood pressure and respirations (TPRS) to assess and document important health information.
- Implemented physical therapy to support patient improvement in muscle tone, range of motion and injury recovery.

Skills

- Medical terminology
- Patient examinations
- Medical supply ordering
- Treatment planning
- Medicine administration
- Toileting assistance
- Clinical health monitoring
- Health checks
- Health care operations
- Patient dressing
- Patient behavior managements
- Injury assessments