

Precious Okafor *HEALTHCARE ASSISTANT*

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📍 LN2 1LA, Lincoln

Profile

A dedicated individual with 3 years of experience in both healthcare and customer-orientated industries, good sense of humor, passionate about caring for elderly individuals and vulnerable people. Skilled in patient support, medication administration, and maintaining a clean and safe environment while supporting residents toward achieving independence. Possesses excellent communication skills and digital skills necessary for clinical computation and report filing. Currently, seeking a rewarding role where I can make a difference.

Skills

Personal care	● ● ● ● ●	Communication Skills	● ● ● ● ●
Record keeping	● ● ● ● ●	Basic life support	● ● ● ● ●
Manual handling	● ● ● ● ●	infection control	● ● ● ● ●
food hygiene	● ● ● ● ●	Medication Administration	● ● ● ● ●

Professional Experience

2024/05 – present
Lincoln,
United Kingdom

HEALTHCARE NIGHT SUPPORT WORKER *PRIORY GROUP*

- Accurate record keeping
- House keeping duties
- Meeting the physical, emotional, behavioural and cultural needs of the service users.
- Promoting independence and seeking for the service users take on clothes and shoes to wear.
- 1 on 1 support to service users, listen and indulge in conversations and walking.
- Assisting service users with tasks,

2023/10 – 2024/04
Sheffield,
United Kingdom

CARE ASSISTANT *BLUEBIRD CARE*

- Helping residents with personal support and care
- Preparing and supporting residents meals, bathing, body wash, shopping and laundry
- Developing and maintaining residents care plans
- Assisting residents in social activities and aiding their emotional well - being
- Communicating effectively with residents.

2020/01 – 2023/01
Lagos, Nigeria

HEALTHCARE ASSISTANT *LAGOS STATE UNIVERSITY TEACHING HOSPITAL (LASUTH).*

- Documented care plans, hospital actions, and patient activities in time with best practices.
- Kept public and private areas clean and hygienic by performing routine sanitization tasks.
- Measured and recorded patient temperatures, pulse, respirations, and weight throughout hospital stay.
- Maintained and updated digital patient records and medical information.
- Monitored patient health, behavioural, and physical changes, promptly reporting concerns to ward supervisor.

2021/11 – 2022/10

COMMUNITY VOLUNTEER OFFICER

NYSC National Youth Service

Provided support for children with learning disabilities, which involved

- Assisting with coloring and drawing on books
- Assisting with bathing and changing of clothes
- Ensuring that the kids remained motivated and involved in diverse activities.
- maintaining cleanliness in communal areas

Certificates

Moving and Handling

Priory Academy

Safeguarding Adults And Children

Priory Academy

People Handling With Specialist Equipments (Tier 3)

Priory Academy

Sepsis

Priory Academy

Introduction to Health and Safety

Priory Academy

Fire Safety and Infection Control

Priory Academy

The Oliver McGowan training on Learning Disability and Autism (elfh)

Priory Academy

LifeVac: how to use LifeVac in choking emergency

Priory Academy

Data Protection and Confidentiality

Priory Academy

Food Safety For Food Handlers

Priory Academy

Education

2023/09 – present
Lincoln,
United Kingdom

Masters In Forensic Science

University Of Lincoln

2016/01 – 2020/02
Rivers state, Nigeria

Bachelor Of Science (BSc) in Biochemistry

University Of Port-Harcourt

2009/09 – 2015/07
Lagos, Nigeria

Senior Secondary School Certificate

Cedec International Group Of Schools

Awards

Award of excellence, as the best class representative of Applied Biochemistry for the contribution towards the growth and development of the department.

Applied Biochemistry department (UNIPORT)

Interests

- Social Activities
- Volunteering
- Reading
- Person centred care
- Food hygiene
- Cooking

Languages

- English

References

Available on request